

CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

Kokapet (Village), Gandipet, Hyderabad, Telangana - 500075.

CRITERION V - STUDENT SUPPORT AND PROGRESSION

5.3 - Student Participation and Activities

5.3.3 - Number of sports and cultural events / competitions organised by the institution

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**CHAITANYA BHARATHI
INSTITUTE OF TECHNOLOGY (A)**

Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. www.cbit.ac.in



COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

44
years

ACTIVITY REPORT ON ALCHEMY OF SOAPS

1. Name of the Activity / Event / Programme : Alchemy of Soaps
2. Activity / Event Venue and Date : 03-02-2023, CBIT Campus
3. Participants : Students of all branches
4. No. of Participants : 20
5. Chaitanya Parivrita Club Student Coordinator : Oggu Akshitha Priya
6. Chaitanya Parivrita Club Staff Coordinator : E. Maheshwar Reddy, Asst. Prof., CED

We Chaitanya Parivrita in coordinate with Bioengineering and Biotechnology Club of CBIT (BBCC) conducted a vibrant event "Alchemy of Soaps". With overwhelming response from the participants, our event was successfully at par with the goal that we setup. Around 20 participants did attend the event and got the chance to get their hands on soap making workshop which was truly a successful event for both the clubs BBCC and Chaitanya Parivrita.

Dr. Pavani Anumukonda, Professor from Sri Venkateshwara college of Pharmacy was honoured to be the guest event who took the initiative of the event/workshop.

The event ended with students getting their own soaps made and materials that were required in making the soaps. Participants were seen interested in knowing the procedure of alchemy of soaps and much more ideas regarding the event. The event was a huge success and was well-received by everyone in attendance.

The event provided a platform for students to learn and gain knowledge in making their own soaps. Their skills and creativity and was a fitting tribute to the richness and diversity of the student community. It was a day filled with fun, laughter, and entertainment, which will be remembered for a long time.



E. M. Reddy

Faculty Co-ordinator
Chaitanya Parivrita Club
E. Maheshwar Reddy
Assistant Professor
Dept. of Civil Engg.



ACTIVITY REPORT ON CROSSWORD PUZZLE

1. Name of the Activity / Event / Programme : **Crossword Puzzle**
2. Activity / Event Venue and Date : 10-03-2023, CBIT Campus
3. Participants : Students of all branches
4. No. of Participants : 40
5. Chaitanya Parivrita Club Student Coordinator : Oggu Akshitha Priya
6. Chaitanya Parivrita Club Staff Coordinator : E. Maheshwar Reddy, Asst. Prof., CED

As part of our college's celebration of G20 Presidency of India in connection with G-20 University Connect programme, we the members of the environmental club of CBIT, Chaitanya Parivrita conducted an event called Crossword Puzzle on March 10, 2023, as per the G20 guidelines. The main objective of this event is to increase the awareness of India's vision and role for the G20 summit 2023. This event is aimed for those who love word games, puzzles and are interested in learning more about India's role in the global community

We have prepared 2 sets of questionnaires and given them to the participants. The time duration of 40 minutes is given to complete the crossword. Winners are decided according to the time taken by them to finish, whoever finished in the least time are treated as winners. The first winner is V Jahnvi (CSE), the second winner is Venkat Sai (Civil), and the joint third winners are B Pravalika (CSE) and Chandrashekar (AIML). There is no registration fee for the event.

The event has been successfully held with participants of 40 members. The questionnaire consists of the questions related to the environment, which is prepared by the members of the club. The participants had shown interest and came forward to take part in this event. We congratulated the winners and appreciated the participants for their participation. At last the event was a big success and we thank all our team members for making this a successful event.



G20

CHAITANYA PARIVITA
PRESENTS

— CROSSWORD —

VASUDHAIVA KUTUMBAKAM

One Earth One Family One Future

— 10TH MARCH —

Scan to register:

Contact:
Akshitha Priya-81797 92996

The poster features a central graphic of a crossword puzzle grid with the word 'WORD' in the top row and 'SS' in the bottom row. A person is shown writing on a large pencil, and another person is shown holding a stack of papers. The background is dark blue with a circular light blue area containing the crossword puzzle. Logos for Chaitanya Parivrita and the institution are visible in the top corners.

E. M. Reddy

Faculty Co-ordinator
Chaitanya Parivrita Club
E. Maheshwar Reddy
Assistant Professor
Dept. of Civil Engg.



ACTIVITY REPORT ON WORLD WATER DAY 2023

1. Name of the Activity / Event / Programme : World Water Day 2023
2. Topic : Urgent Need for Improved Water Governance
2. Activity / Event Venue and Date : 23-03-2023, CBIT Campus
3. Participants : Faculty and Students of all branches
4. No. of Participants : 120
5. Chaitanya Parivrita Club Student Coordinator : Oggu Akshitha Priya
6. Chaitanya Parivrita Club Staff Coordinator : E. Maheshwar Reddy, Asst. Prof., CED

On the occasion of World Water Day 2023, Department of Civil Engineering, CBIT organized an expert lecture in association with Chaitanya Parivrita Club on “Urgent Need for Improved Water Governance” on 23rd March 2023. The talk was given by the expert Dr. P Ramaraju, emeritus professor and Retired Engineer-in-Chief. Dr. K. Jagannadha Rao, Professor & Head welcomed the participants, briefed about the importance of the World Water Day. The overall program was held under the guidance of Prof. P. Ravinder Reddy, Principal. The expert speaker Dr. P Ramaraju explained about accelerating change to solve the water and sanitation crisis. Dysfunction throughout the water cycle undermines progress on all major global issues, from health to hunger, gender equality to jobs, education to industry, disasters to peace and accelerates functions to avoid crisis. The expert portrayed the fact that water is very precious and 97 percent of water is in the oceans which are salty and cannot be used for drinking purpose, the remaining 2.5 percent that is freshwater, most is frozen in glaciers and polar ice caps. As a result, only less than 1 percent of the Earth’s water is available for drinking. Moreover, the Earth’s water supply is fixed. This is why it is important to conserve and sustainably use it for the health of human society, life support systems and maintaining ecosystem services of the planet earth. The expert also drew the attention on the river water and water crisis in India specifically for Telangana due to El Nino year. Sustainable water resources management seeks to harness the benefits of water by ensuring there is sufficient water of adequate quality for drinking water and sanitation services, food production, energy generation, inland water transport, and water-based recreational, as well as sustaining healthy water-dependent ecosystem. 10 nos. of teaching and

non-teaching staffs and 120 nos. of students from CBIT attended this expert lecture. Student Co-ordinator Oggu Akshitha Priya gave the Vote of thanks and at the end of the lecture Chaitanya Parivrita Club Faculty in-charge E. Maheshwar Reddy, Assistant Professor, CED thanked to the expert and all faculty, staff and students for their valuable presence on the occasion of World Water Day.



Faculty Co-ordinator
Chaitanya Parivrita Club
E. Maheshwar Reddy
Assistant Professor
Dept. of Civil Engg.



ACTIVITY REPORT ON MOVIE SCREENING “THE ELEPHANT WHISPERERS”

1. Name of the Activity / Event / Programme : Movie Screening “The Elephant Whisperers”
2. Activity / Event Venue and Date : 24-03-2023, CBIT Campus
3. Nature of Participants : Students of all branches
4. No. of Participants : 75
5. Chaitanya Parivrita Club Student Coordinator : Oggu Akshitha Priya
6. Chaitanya Parivrita Club Staff Coordinator : E. Maheshwar Reddy, Asst. Prof., CED

There are some moments that stay with us forever, and these heart warming moments we received from the 95th Academy Awards that left us all with tears of joy. A well-deserved win for "Elephant Whisperers"! As a tribute to this outstanding win, on 24th March 2023, Chaitanya Parivrita- the Environmental Club of CBIT, organized a movie screening event for the students. The event was held in the N-Block Seminar of the college, and it was well attended by students and faculty members. The purpose of the event was to let everyone know and appreciate the movie “Elephant Whisperers” Which bagged the International Best Documentary at OSCARS and provide an opportunity for students to relax and enjoy a good movie after a long week of studies.

The Elephant Whisperers is a documentary film that explores the precious bond between the animal and his caretakers. The event was free for all students, and the seating was on a first-come, first-serve basis. Around 50 students and 25 faculty members attended the event. The Participants were engaged throughout the movie, and there were moments of laughter and gasps of shock at the revelations presented in the documentary.

Overall, the movie screening event was a success, and it achieved its target. The event was well organized, and the selection of the movie was appropriate for the target audience. It is hoped that more such events will be organized in the future to engage students and promote good awareness and thoughts to the participants. Here we share glimpse from the event.



E. M Reddy

Faculty Co-ordinator
Chaitanya Parivrita Club
E. Maheshwar Reddy
Assistant Professor
Dept. of Civil Engg.



CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY (A)

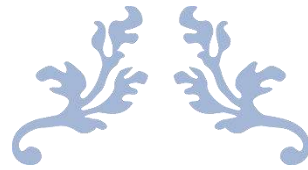
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44

years



CHAITANYA SATVA

-a UHV cell of CBIT.





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44
years

INVITATION

We cordially invite you to
Chaitanya Sattva Club

(A UHV CELL OF CBIT)

INAUGURATION

INAUGURAL CEREMONY

11.00AM, | Assembly Hall,
30th November 2022. | Placement Block.

CHIEF GUEST

Smt.Dr.Sharmila Asthana
(AICTE UHV Resource Person)

GUEST OF HONOUR

Sri.Arjun Asthana
(UHV Resource Person)

Prof.P.Ravinder Reddy
(Principal,CBIT)

Sri.P.Sreenivas Sarma
(Director-Student Affairs& Progression,CBIT)

C.Srisailam
(Faculty co-ordinator)
EEE,CBIT

Dr.N.R.Dakshinamurty
(Faculty co-ordinator)
Civil,CBIT

Dr.G.Suresh Babu
(Faculty co-ordinator)
EEE,CBIT

No. 502 /CBIT/AEC/IC/2022

Dt.26-11-2022

CIRCULAR

This is to inform that the Inauguration Event of “Chaitanya Sattva, A Universal Human Values (UHV) Club of CBIT” will be held on **30th November 2022**. The Event will take place in the Assembly Hall (above canteen, first floor) at **11:00 AM**.

Dr. Sharmila Asthana and **Mr. Arjun Asthana** (UHV Resource Persons, AICTE) are attending the Inauguration as Chief Guest and Guest of Honour respectively. They will address the gathering and enlighten with their valuable words.

All the Heads of the Departments are advised to arrange for circulation among their concerned students and staff under their control.

For any further information in this regard, faculty co-ordinators of the Club, Mr. C. Srisailam (9032838993), Assistant Professor, Electrical and Electronics Engineering Department and Dr. N. R. Dakshinamurthy (9652814862), Associate Professor, Civil Engineering Department may be contacted.


PRINCIPAL

To
Advisors, Directors, Joint Directors, for information.

All Heads of the Departments for information and with a request to arrange for circulation among all the students, faculty and staff under their control.

COE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on Institute's website.

REPORT ON
CHAITANYA
SATTVA
CLUB
INAUGURATION
EVENT

ACKNOWLEDGEMENT

We take the great pleasure in thanking our honourable chief guest, Dr. Sharmila Asthana garu & guest of honour Sri Arjun Asthana garu from bottom of our hearts and we want to express our heartfelt gratitude to principal Dr. P. Ravinder Reddy sir and Director of student affairs and Progression Professor P. Sreenivasa Sarma sir for supporting us in every aspect of club work. Our special thanks to faculty co-ordinators firstly we would like to thank head od department EEE department Dr. G. Suresh Babu sir who is also our faculty co-ordinator also we would like to thank C. Srisailam sir and Dr. N. R. Dakshinamurthy who corrected and guided us in making this club

ABSTRACT

CHAITANYA SATTVA CLUB inaugural event had been grandly held on 30th NOVEMBER 2022. The event was conducted in the Assembly hall over 300 students attend the event.

Chaitanya Sattva will exclusively enhance Universal Human Values. Many of the UHV courses have been Encouraged by AICTE, to incorporated in curriculum.

All the guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

CHAITANYA SATTVA is a proposed wing of CHAITANYA REETHI. Chaitanya Sattva will concentrate to obtain Right Understanding of Harmony in every Individual. Chaitanya Sattva will work towards physical, mental, social, emotional, and spiritual development of every individual at large. Chaitanya Sattva will exclusively enhance Universal Human Values. Universal Human Values is included in Student Induction in Student Induction Program by AICTE.

VISION

- To prioritize understanding Harmony in every individual in the Campus and to explore full human potential for the benefit of the society.

MISSION

- Conducting UHV Courses and Seminars in and around campus, Focusing on Natural Acceptance and conducting awareness sessions in the surrounding areas and elite groups.

CLUB OBJECTIVES

- Understand harmony at individual level, family level, society level and nature.
- Demonstrate effectively the desired qualities of societal, health and cultural issues which fills the gap between engineering and Society.
- Shoulder the responsibilities relevant to professional engineering practices.
- Work efficiently with peers of professional engineering practices.
- Work efficiently with peers of multidisciplinary diverse teams to arrive unison.

WHAT WE WISH TO ACHIEVE

This club is open for every individual of our college and is designed to

- Equip with practical tools and techniques that will make them more creative, efficient, confident, clear minded, stress free, joyful and energetic.
- Empower with soft skills such as interpersonal relations , decision making , time management, team skills, communication and leadership qualities which raises the employability factor.
- Enhance mental and physical prowess – concentration, focus, overall health and fitness, make them more dynamic, innovative and entrepreneurial in nature.
- Help students to distinguish between values and skills , and to understand the need , basic guidelines, content and process of value education.
- Help students to initiate a process of dialog within themselves to know what they ‘really want to be’ in their life and profession.

We have started our inauguration event by welcoming our guests on to the dais by presenting a sapling. lightening of lamp by chief guest, guest of honour, principal, director- Student affairs, head of department EEE, head of department Civil and president of Chaitanya sattva at 11:20pm is done. we started our event with Lord Ganesh blessings by singing a melody from Aishwarya. Launching of our club Logo is been done by our honourable chief guest Dr. Sharmila Asthana garu.

Our Principal sir gave his speech and enlighten us with his words. Principal sir has honoured our chief guest and guest of honour with sholve and a book .

We welcome our chief guest Dr. Sharmila Asthana garu to give her valuable speech. She enlighten us with her interactive words.

Our Guest of Honour Sri Arjun Asthana garu enlighten us with his speech. He delivered his journey with Universal human values Courses.

Our Director-student affairs and progression Professor P. Srinivasa Sarma sir gave his valuable speech. He told the activities that can be done by our club.

Our faculty co-ordinator and Head of Department Dr. G. Suresh Babu sir gave his speech . He enlighten us by talking about human values and its need.

Dr. K. Jagannadha Rao sir, Head of Department Civil, gave his speech and wished our team.

Our president A. Akshay gave his speech and introduced the first executive board of Chaitanya Sattva.

Our Treasurer N. Manoj ,gave oath of thanks by thanking everyone.

At last, We ended up the event with National Anthem as patriotic for the Nation.







Hydrabad.
06/12/2022

To,
The Principal,
CBIT
Gandipet. (Through proper channel)

Respected Sir,

Subject :- Request for attendance for inaugural event
"Chaitanya Sattva" club.

We the members of CHAITANYA SATTVA club have
organised an inaugural event.

Hence we request you to grant classmate attendance
for the following students on 30-11-2022 who are
the executive board members and team
members of the club.

Thanking you

Yours sincerely

A. Akshay

(President)

Chaitanya Sattva.

Total 45 members

~~S. S. S.~~
1.12.22

Direct ABC S COB
R. S.

2/12/22

Forwarded to HOD
C. Srisailem
Faculty Coordinator.

Hydrabad,
DB: 04/12/2022

To,
The Principal,
CBIT
Gandipet. (Through proper channel)

Respected Sir,

Subject:- Request for attendance for inaugural event
"Chaitanya Sattva" club.

We the members of CHAITANYA SATTVA club has
organised an inaugural event.

Hence we request you to grant classmate attendance
for the following students on 30-11-2022 who are
the executive board members and team
members of the club.

Thanking you

Yours sincerely

A. Akshay

(President)

Chaitanya Sattva

Forwarded to HOD

C. Srisailem

Faculty Coordinator

Total 45 members

2/11/22

Pirce ABC S COB

12/12/22

PR TEAM

Attendance sheet

(1)

Branch:

Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	A. Chetan	160121733034	
2	P. Bharath	160120734020	
3	Seema	160121734306	
4	T. Chendana	160121802015	
5	K. RAVI	160120732048	
6	M. Sreeja	160120732017	
7	Hari Krishna	160120732034	
8	Vaishnavi Devi	160120737141	
9	Bhaurvi	160120733067	
10	Rishika	160120733076	
11			
12	EXECUTIVE BOARD		
13			
14	A Akshay EEE (DI)	160120734029	
15	Azeez Khan EEE (DI)	160120734025	
16	M. Sreenifa Mah (F2)	160120736071	
17	Ferozious EEE (DI)	160120734029	
18	Anoop EEE (DI)	160120736021	
19	R. Tulasi IT(3)	160120737138	
20	Shash	160120733076	
21	Spoosthi BIOTECH	160120805032	
22	Aishwaryas BIOTECH	160120805002	
23	Manoj EEE (DI)	160120736038	
24	Mansi IT(3)	160120737127	
25	pooja EEE (DI)	160120734013	
26	Shreya		
27	Shreya	160120802016	
28			

10 members

11 members

Forwarded

21 members

1.12.22

EVENTS TEAM

Attendance sheet

Branch

Branch:

Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
ECE-1	Jaya Sai Tammayi Kanchapu	160120734007	Jumayi
ECE-2	Jaya Sri	160120734065	Jaya Sri
CSE-1	Vajje Deepanvitha	160121733026	Deepanvitha
CSE-5	B. Soeshta Reddy	160120749016	Soeshta
EEE-1	N. Karva	160120734008	Karva
EEE-1	D. Divya Reddy	160120734004	Divya
EEE-1	Noureen Sultana	160120734012	Noureen
EEE-1	Nagarni B	160120734304	B. Nagarni
CIVIL-4	M. Areesha Reddy	160121732010	Areesha
CIVIL-7	K. Nitish	160121732032	Nitish
EEE-1	D Sai Tharun	160120734044	D. Sai Tharun
EEE-2	G. Sai Kiran	160120734042	Sai Kiran
IT-1	B. RUDRESH	160121737056	Rudresh
Chem	Udesh Salver	160120802016	Udesh Salver
EEE-1	M Manojkaushik Sosa	160120734037	Manojkaushik
EEE-1	Aisha	160120754001	Aisha
EEE-1	K. Kowlika	160120734034	K. Kowlika
18			17 members
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Forwarded to
HOD Sir

[Signature]
30/11/22

17 members

[Signature]
1.12.22

DESIAN TEAM

Attendance sheet

Branch: _____

Section: _____

	S.NO	NAME	ROLL NUMBER	SIGNATURE
EEE-1	1	Ganganamani Bhavana	160121734007	<u>Bhavana</u>
EEE-1	2	Monitha Sai Chinnala	160120734010	<u>Monitha Sai Chinnala</u>
EEE-1	3	P. Pravallika	160120734015	<u>Pravallika</u>
EEE-1	4	N. Santhosh	160120734047	<u>Santhosh</u>
EEE-2	5	Qudsiya	160121734313	<u>Qudsiya</u>
EEE-1	6	P. Sujith	160120734057	<u>P. S. J.</u>
	7	Jesmitha	160121734082	<u>Jesmitha</u>
	8	Nithra		<u>7 members</u>
	9	Calamya		
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Forwarded to
HOD Sir

J
30/11/22

7 members

S. J. L.
1.12.22

Attendance sheet

Branch: CIVIL (AI) 3rd year Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	K. Manohar	160120732038	K. Manohar
2	K.N. Nikhil Naidu	160120732042	Nikhil
3	Shashank	160120732306	Shashank
4	Santhosh	160120732053	Santhosh
5	Prani Sai	160120732044	Prani
6	Adarsh	160120732076	Adarsh
7	Chandrasikar	030	
8	AKash	160120732021	Adarsh
9	Murari	160120732041	Murari
10	Saikiran	160120732051	Saikiran
11	S. Adharsh	160120732026	Adharsh
12	Shiva Venreddy	160120732095	
13	Tatin Suhos	160120732108	
14	AKash (AI)	160120732027	
15	Murari (AI)	160120732041	
16	Saikiran (AI)	160120732051	
17	chandsavikar (AI)	16012073230	
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CIVIL
A

Chemical - B

Attendance sheet

Branch:

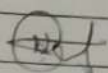
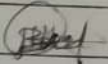
Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	Sahasra Reddy	160121802003	Sahasra
2	Sruvya Kolluru	160121802009	Sruvya
3	Kaushik	160121802023	Kaushik
4	All Furgan	1601218020148	All Furgan
5	Burhan	160121802042	Burhan
6	Syed Sayed	160121802043	Syed
7	M. Praveen Kumar	160121802035	M. Praveen Kumar
8	D. Aravind	160120802308	D. Aravind
9	B. Sri Dardhini	160120802017	B. Sri Dardhini
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Attendance sheet

Branch: CST-5

Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	Hima charan	160120749030 160120749030	
2			
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6	Bhasini Pokki	160120733067	
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Attendance sheet

Branch: AI & DS

Section: II (e)

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	Palusa Abhinava Ram		
2	Abhinava Ram	160121771117	Abhinava Ram
3	Abhinava Ram	160121771115	Abhinava Ram
4	Abhinava Ram	160121771113	Abhinava Ram
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2nd year

Attendance sheet

Branch: EEE

Section: D1

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	B. Sushwanth kumar	160121734022	B. Sushwanth
2	J. Koushik Reddy	1601217340301	J. Koushik
3	G. Sai kumar	160121734009	G. Sai
4	P. Karthikaya	1601217340314	P. Karthikaya
5	D. Ritwik	160121734026	D. Ritwik
6	G. Kolisreddy	160121734030	G. Kolisreddy
7	B. Saravatham Naik	160121734023	B. Saravatham Naik
8	B. Anil Kumar	160121734021	B. Anil Kumar
9	Y. Ganesh	160121734005	Y. Ganesh
10	B. Gayathri	160121734004	B. Gayathri
11	G. Sri Sanitha	160121734005	G. Sri Sanitha
12	P. Architha	160121734014	P. Architha
13	E. Ashiram Siddik	160121734027	E. Ashiram Siddik
14	K. Phaniender reddy	160121734038	K. Phaniender reddy
15	M. Mani pal yadav	160121734047	M. Mani pal yadav
16	Shourya	160121734057	Shourya
17	Vipul	160121734048	Vipul
18	Harith	160121734052	Harith
19	Sai Varshan	160121734043	Sai Varshan
20	T. John	160121734060	T. John
21	Aadi	160121734055	Aadi
22	M. Rahul	160121734040	M. Rahul
23	G. Chaturvarthy	160121734028	G. Chaturvarthy
24	Rajesh	160121734033	Rajesh
25	Ahmed	160121734020	Ahmed
26	Vinod	160121734029	Vinod
27	Pradeep	160121734037	Pradeep
28	Vigneshwar	160121734032	Vigneshwar
29	M. Jaypaul Aaron	160121734041	M. Jaypaul Aaron
30	Md. Abdul Saboor	160121734045	Md. Abdul Saboor
31	Yashaswini	160121734016	Yashaswini
32	Seema	160121734036	Seema
33	K. Lalith Kumar	160121734035	K. Lalith Kumar

D2

Attendance sheet

Branch: EEE(2) 3rd year

Section: D2

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	P. Sai Pranj	160120734308	Sai Pranj
2	Y Akanksha	160120734311	Akanksha
3	C. Sushmitha	160120734307	Sushmitha
4	A Polkvi	160120734069	Polkvi
5	B Vivek	160120734120	Vivek
6	P Rishikesh	160120734107	Rishikesh
7	D. Sai Kumari	160120734110	Sai Kumari
8	S Sai Teja	160120734111	Sai Teja
9	Pavan Kumar	160120734112	Pavan
10	Saketh	160120734142	Saketh
11	Siddhartha	160120734115	Siddhartha
12	Prasanna	160120734091	Prasanna
13	Karthy	160120734089	Karthy
14	Akash	160120734110	Akash
15	Vamsi	160120734309	Vamsi
16	Arjun	160120734074	Arjun
17	P PREM KUMAR	160120734105	Prem Kumar
18	REKHA Rishitha	160120734073	Rekha
19	KANAKA Kanya	160120734066	Kanaka
20	Bhuvana	160120734064	Bhuvana
21	Sinitha	160120734078	Sinitha
22	Pravallika	160120734071	Pravallika
23			
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3rd year

Attendance sheet

Branch: EEE

Section: D₂

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	Devesh Nawal	160120734084	N. Devesh
2	Vasshitta	160120734081	V Vasshitta
3	Sreeshma	160120734077	Sreeshma
4	Shiva prasad	160120734113	S. Shivas
5	Shreya	160120734076	Shreya
6	Nalashintra	160120734101	Nalashintra
7	Haleyanth	160120734090	Haleyanth
8	Rachana	160120734072	Rachana
9	parvati	160120734070	Parvati
10	Swathi	160120734079	Swathi
11	Navya varshnavi	160120734067	Navya
12	Ayisha	160120734062	Ayisha
13	Shavana	160120734063	Shavana
14	Abhinav Peddini	160120734084	Abhinav
15	Sai Kiran	160120734109	Sai Kiran
16	Adithyan Botte	160120734086	Adithyan
17	Muzaaffar Naveed	160120734312	Muzaaffar
18	Kiran kumar	160120734095	Kiran
19	Abdul Javvad	160120734083	Abdul
20	Rubeen Ahmed Khan	160120734108	Rubeen
21	Vishnu Teja (Nalla)	160120734119	Vishnu
22	B. Raju	160120734106	B. Raju
23	saketh	160120734112	Saketh
24	Shreyan	160120734114	Shreyan
25	pranay	160120734104	Pranay
26	ch. Mahesh	160120734099	Ch. Mahesh
27	M. Mahendar	160120734098	M. Mahendar
28	M. Kiran Kumar	160120734095	M. Kiran
29.	P. Kishna Vamsi	160120734096	P. Kishna
30.	Madhulesh	160120734097	Madhulesh
31.	vignesh	160120734118	Vignesh

Attendance sheet

Branch: EEE

Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
EEE-1 1	Ganganamani Bhavana	160121734007	<i>[Signature]</i>
EEE-2 2	Radriya	160121734313	<i>[Signature]</i>
3	J Jeemitha	160121734082	<i>[Signature]</i>
EEE 4	V Ganesh	160120734030	<i>[Signature]</i>
EEE2 5	Karthikaya	160120734093	<i>[Signature]</i>
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2nd year

Attendance sheet

Branch: EEE

Section: D2

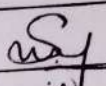
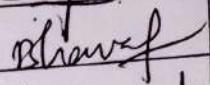
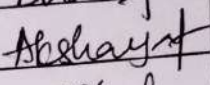
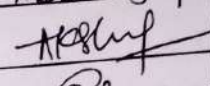
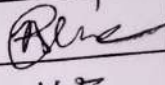
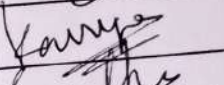
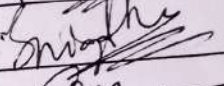
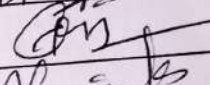
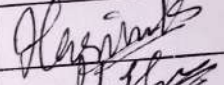
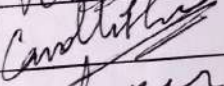
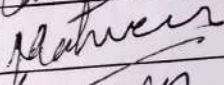
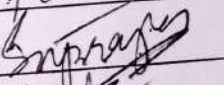

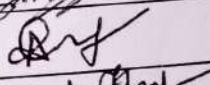
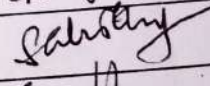
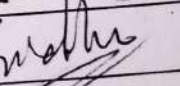
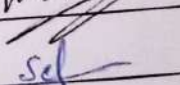
S.NO	NAME	ROLL NUMBER	SIGNATURE
1	D. Anjanna	160121734104	Anjanna
2	G. Gowtham	160121734128	Gowtham
3	E. Manoj	160121734309	Manoj
4	S. Rajareddy	160121734125	Rajareddy
5	T. Ranganath	160121734129	Ranganath
6	V. Masutthi Venkata teja	160121734132	Masutthi
7	K. Naveen	160121734111	Naveen
8	V. Vinay	160121734130	Vinay
9	P. Rajesh	160121734308	Rajesh
10	S. Rahul	160121734126	Rahul
11	M. Raju	160121734125	Raju
12	V. Saimanikanta	160121734133	Saimanikanta
13	V. Sai Methulesh	160121734131	Sai Methulesh
14	V. Karthik	160121734307	Karthik
15	L. Nitish	160121734119	Nitish
16	Praveen Raj	160121734121	Praveen Raj
17	G. Lokesh	160121734311	Lokesh
18	A. Navadeep	160121734093	Navadeep
19	K. Karthikeyan Reddy	160121734107	Karthikeyan Reddy
20	D. Sai Anurath	160121734103	Sai Anurath
21	M. Vinay	160121734112	M. Vinay
22	Neeraj	160121734117	Neeraj
23	Pradeep	160121734105	Pradeep
24	G. UTTEJ	1601-21-734-315	Uttej
25	K. Aninay	1601-21-734-312	Aninay
26	Prasanna	160-121-734-114	Prasanna
27	Jeevan	160-121-734-097	Jeevan
28	Prithi	160-121-734-099	Prithi

29	Prithi	098	Prithi
30	Prithi	102	Prithi
31	Prithi	091	Prithi
32	K. Srinivasa Vishwanath	310	Srinivasa Vishwanath
33	Prithi	313	Prithi

Attendance sheet

Branch: EEE

Section: D₂

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	Supriya	160121734009	
2	Bhavana	160121734007	
3	Akshaya J	160121734008	
4	Akshaya N	160121734010	
5	Akshaya N	160121734011	
6	Kavya	160121734012	
7	Snigdha	160121734013	
8	Tanvi	160121734019	
9	Harinika	160121734002	
10	Candrithe	160121734001	
11	Taniyath Mahveen	160121734018	
12	Supriya	016	
13	Nashamini	019	
14	Architha	005	
15	Salithi	303	
16	Sindhu	306	
17	Suma		
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3rd year

Attendance sheet

Branch: EEE

Section: D1

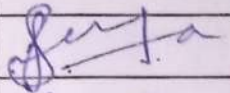
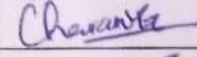
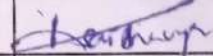
S.NO	NAME	ROLL NUMBER	SIGNATURE
1	Rajeshwan Reddy	160120734301	Rajeshwan
2	Vaishnavi Sanugommula	160120734020	Vaishnavi
3	Sagarika M	160120734019	Sagarika
4	Srihars	160120734056	Srihars
5	Mohd Rayyan	160120734039	Rayyan
6	G Bhame Prasad	160120734306	Bhame
7	B. Harjun	160120734305	Harjun
8	D. Saisam	160120734045	D. Saisam
9	M. Shivarama	160120734052	Shivaram
10	Shivaiah	160120734053	Shivaiah
11	Manikanta Reddy	160120734036	Manikanta
12	G. Chwar	160120734303	G. Chwar
13	M. Anshu	160120734048	Anshu
14	SAITEJA.D	160120734046	SAITEJA.D
15	Pragnay (birthday bei)	160120734040	Pragnay
16	Hannesh	160120734037	Hannesh
17	Charan	160120734058	Charan
18	Shantanu	160120734049	Shantanu
19	Shashmitha	160120734057	Shashmitha
20	Faisal	160120734028	Faisal
21	Vishnu Vardhan . A	160120734059	Vishnu Vardhan . A
22	Vishnu Vardhan . ch.	160120734060	Vishnu Vardhan . ch.
23	Sridhas Reddy	160120734055	Sridhas
24	Rohitha Raga . V	160120734016	R.R.
25	Andrews	160120734023	Andrews
26	Ravinder	160120734041	Ravinder
27	Harish	160120734042	Harish
28	Ginondcep	160120734031	Ginondcep
29	Adwaith	160120734021	Adwaith
30	V. Shivani	160120734018	V. Shivani
31	Ch Tejani	160120734019	Ch Tejani
32	Akanksha	160120734002	Akanksha
33	Prasanna	160120734014	Prasanna
34	Sejith	160120734057	Sejith

35.	P. Sujith	160120734057	P. S. J.
36.	Kundana P	160120734009	K. P.
37	Nithitha	160120734011	N. S.
38	Geethika chowdary B	160120734005	B. G. chowdary
39	Gouthami	160120734006	Gouthami
40	shashank	160120734050	Shashank
41.	Ravinder	160120734041	Ravinder
42	M. Manoj koushik Sosa	160120734037	M. Manoj
43	C. Charan kumar	160120734027	C. Charan
44	V. Gopichond	160120734032	V. Gopichond
45	Jayalal Tanmayi	160120734007	Jayalal Tanmayi
46.	D. Satharun	160120734044	
47.	N. Santhosh	160120734047	N. Santhosh
48.	Saikiran	160120734042	
49	Bharath	160120734026	
50	B. Akshaya	160120734003	B. Akshaya
51	Manikantha	160120734036	Manikantha

Attendance sheet

Branch: ~~ECE~~(1) 3rd year


Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	A. Sai Sriya	160120735021	
2	Y. Charanya	160120735006	
3	K. Sai Bhavya	160120735019	
4	Vishwa	160120735118	
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Attendance sheet

Branch: ECE(2)

Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	R. Yeshwanth	160121735123	
2	Sridhar	160121735092	B. Sridhar
3	Vikrath	160121735119	Vikrath
4	Charith	160121735124	Charith
5	Akshith	160121735126	Akshith
6	Bhavani	160121735128	Bhavani
7	Haritha Reddy	160121735089	Haritha
8	Varun Reddy	160121735090	Varun
9	Chaitanya	160121735114	Chaitanya
10	Ch. Shiva Shankar	160121735097	Ch. Shiva Shankar
11	L. Chandrashekav	160121735108	L. Chandrashekav
12	Ch. Adithya	160121735093	Ch. Adithya
13	D. Saikrishna	160121735099	D. Saikrishna
14	D. Manish	160121735100	D. Manish
15	chetana	160121735073	chetana
16	N. Chakradhar reddy	160121735116	N. Chakradhar reddy
17	P. Sandeep	160121735095	P. Sandeep
18	Ch. Anmasri	160121735074	Ch. Anmasri
19	HRITHIKESH	160121735103	HRITHIKESH
20	DINESH	160121735125	DINESH
21	RAJU	160121735107	RAJU
22	K. Varshitha	160121735080	K. Varshitha
23	G. shruthi Laya	160121735078	G. shruthi Laya
24	J. Bhavya Sri	160121735079	J. Bhavya Sri
25			
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Hostel Bus

Attendance sheet

Branch:

E.C.E - 3 - 2

Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	Santhosh Kumar	160121735193	
2	B. Abhishek	160121735170	
3	A. Rahul	160121735169	
4	B. Rahul Raman	160121735171	
5	D. Hari Charan	160121735188	
6	V. Hima Vamsi	160121735202	
7	M. Chaitanya	160121735114	
8	M. Vishnu Teja	160121735182	
9	N. Akhil Sai	160122734040	(Scribble) Adbe
10	Adithya Kasturi	160122734040	
11	K. Sai Shaanth	160122734036	(Scribble)
12	Ch. Rathan Teja	160121733099	
13	Adi Hari dhar shan	160121733113	Hari
14	Adithya Ram	160121733118	Adi
15	Suehish Reddy	160121733131	Suehi
16	Ramgini Rajgopal V	160121733119	Ramgini
17	M. Vamsi Krishna (EEE-2)	160121734116	Vamsi
18	K. Sai Kiran	160121732107	(Scribble)
19	D. Aditya (EEE-2)	160121734102	Aditya
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Attendance sheet

Branch: CIVIL(AI) 2nd year

Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	E.V.S.S. Sahithi	160121732005	Bh
2	Shaik Abdul Saifallah	160121732058	Shaik
3	Shaik Afreen	160121732018	Afreen
4	lalitha. A	160121732001	Lalitha
5	Bhargavi shetty	160121732019	Bhargavi
6	P. Thanmai	160121732014	Thanmai
7	M.A. KHALID FARHAN	160121732042	Farhan
8	A. Nibish	160121732021	Nibish
9	S. Ajay Reddy	160121732056	Ajay
10	M. Sai Pranay	160121732041	Pranay
11	M. Sravan Kumar	16	
12	<u>Civil - A2 (2nd yr)</u>		
13	G.V. Nanditha	160121732074	Nanditha
14	Reethu	4 086	Reethu
15	A. Pavani	160121732071	Pavani
16	K. Niharika	160121732078	Niharika
17	Ch. Vishwa	" 072	Vishwa
18	G. Anshu	077	Anshu
19	K. Rahul	160121732108	Rahul
20	G. Madhu	160121732310	Madhu
21	Ch. Sreeja	" 073	Sreeja
22	K. Prithysha	" 079	Prithysha
23	P. Manvitha	" 081	Manvitha
24	P. Swatha	" 308	Swatha
25	S. Sneha	" 082	Sneha
26	Sk. San-Tulsem	" 313	Tulsem
27	San. Arshad	" 315	Arshad
28	B. Priganka	" 312	Priganka
29	K. Sai Thyja	" 105	Sai Thyja
30	Dashrath	95	Dashrath
31	Shubhasham	82	Shubhasham
32	Rajady	129	Rajady
33	nrkhit	311	Nrkhit
34	mallikarjun	317	Mallikarjun

A1 Civil A 2nd year

Muktesh	160121732035	160121732035
Ranishik	" " 033	160121732035
Lithish	" " 1096	160121732035
Sravan kumar	" " 03a	160121732035
Gurachan	" " 037	160121732035
Mallikarjun	" " 039	160121732035
Uday	" " 040	160121732035
Vivik	" " 030	160121732035
K. Nitish	160121732032	160121732035

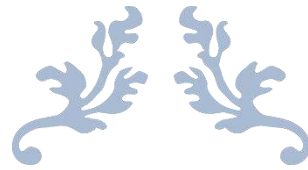


**CHAITANYA BHARATHI
INSTITUTE OF TECHNOLOGY (A)**

Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. www.cbit.ac.in

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COMMITTED TO RESEARCH, INNOVATION AND EDUCATION **44** years



CHAITANYA SATTVA

-a UHV club of CBIT.



REPORT ON
CHAITANYA
SATTVA
CLUB
GUEST
LECTURE



COMMITTED TO RESEARCH INNOVATION AND EDUCATION
44
years

Hyderabad,
Date:-10/12/2022.

From,
Chaitanya Sattva Club,
Chaitanya Bharathi Institute of Technology,
Hyderabad.

To,
The Principal, (Through proper channel)
Chaitanya Bharathi Institute of Technology,
Hyderabad.

Respected Sir,

Sub: Request to conduct Guest Lecture on Mind Management.

As we are aware that "CHAITANYA SATTVA: A UHV CELL OF CBIT" has recently launched on 30/11/2022 i.e. Wednesday. As a debut Event of club, CHAITANYA SATTVA is collaborating with ART OF LIVING to conduct a workshop on Mind management called YES!+ which was conducted previously on campus for 3rd year students. As a pre-event for the workshop, we are conducting a intro talk in every department. This can be added asset to every department by considering it as a guest lecture on mind management. For addressing students, we are welcoming Mr.A.Krishna, Mr.Anurag Srinivas and Ms.P.Nikitha, who are one of the best Facilitators of ART OF LIVING,Hyderabad.

So, we request you to grant permission to conduct Guest Lecture in every Department for 2nd year students in free hours i.e. in mentoring or FIT India or library hours, from 12/12/2022 to 16/12/2022.

Yours Sincerely

A Akshay
A Akshay,
President,
Chaitanya Sattva club.

Thanking You

Post Poneto 28.12.2022 to 30.12.2022

FACULTY CO-ORDINATORS

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C. Srinikant (Assistant Professor, FEE)

[Signature]
Dr. N.R Dakshinamurthy (Associate Professor, CIVIL)

[Signature]
Dr. G Suresh Babu (professor, HOD, IT)

Permit to do
[Signature]
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ACKNOWLEDGEMENT

We take great pleasure in thanking our honourable guests, Krishna Garu & Anusha Garu from the bottom of our hearts and Our special thanks to the faculty co-ordinators firstly we would like to thank the head of the department EEE department Dr G.Suresh Babu sir who is also the faculty coordinator we would like to thank C. Srisailam sir and Dr N. R. Dakshinamurthy who corrected and guided us in conducting Guest lectures.

ABSTRACT

CHAITANYA SATTVA CLUB had been conducted a guest lecture on December 2022. The lecture was conducted for over 40 AIML 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

Given the crucial role that soft skills play in professional success, the guest lectures from YES+ (Youth Empowering Skills) focus on providing students with the opportunity to develop and enhance these skills. This report aims to present the insights and findings from these lectures, which are centred on the theme of youth empowerment and the acquisition of key skills that are necessary for success in the contemporary world.

ABOUT

DATE & TIME:- 29-12-2022(1:30PM to 3:00PM)

Sri Manas Ram Sir, the guest lecturer from USA, is an accomplished entrepreneur and distinguished member of the Art of Living community. He is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

On December 2022, the CHAITANYA SATTVA CLUB successfully conducted a guest lecture, which was attended by over 40 AIML 2nd-year students. The lecture was focused on the importance of mind management skills and how they are crucial for success in both personal and professional life.

The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

The lecture also touched upon the role of education in developing mind management skills. The guests highlighted the importance of a holistic education that incorporates not just academic knowledge but also life skills and character development. The students appreciated the opportunity to learn from such experienced and knowledgeable speakers.



CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the AIML 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

Roll No	Name	Signature
160121748003	Chetana . C	Chetana
160121748004	Nikitha . E	Nikitha
160121748006	Soumya	Soumya
160121748008	KS Sathwika	Sathwika
160121748010	K. Meghana	Meghana
160121748011	Ritika	Ritika
160121748012	Polli ananya	ananya
160121748013	NAVYA SREE	Navya
160121748016	Kavya Prabala	P. Kavya
160121748017	Renusri	Renusri
160121748018	R. Kavya	Ranireddy
160121748019	harini	Harini
160121748021	Vinoothra	Vinoothra
160121748022	Sishwargeswari	Sishwargeswari
160121748023	Tulasi	Tulasi
160121748025	Abhinav	Abhinav
160121748027	Tarun	Tarun
160121748028	A Ganga reddy	Abhinav
160121748306	Rathod Akshaya	Akshaya
160121748301	Nithin	Nithin
160121748065	trinath reddy .	Trinath
160121748030	B. Rajesh	Rajesh
160121748031	Akshith	Akshith

160121748040

Vamshee Kumar

~~Vamshee~~

160121748033

Varun . C

~~Varun~~

160121748034

Yakshith

Yakshith

160121748303

Sriveni

S. Sriveni

160121748305

P. Mansi

~~Mansi~~

160121748046

Musku Pblinar

M. Abhinav

160121748049

Jagnapraveeth

~~Pri~~

160121748057

S. Narasimha

~~Narash~~

160121748055

Aravind R

~~Ravind~~

160121748036

A Abhishek

~~Abhis~~

160121748041

K Jagnath

~~Jagth~~

160121748059

Manideep

~~Mansha~~

160121748061

Lakshmitshif

rohit.L

160121748062

Anish rao

~~Anish~~

160121748063

Soma Sekhar

Sekhar

160121748058

Chanrajy

~~Chanrajy~~

160121748001

B. Varshana

~~Varshana~~

160121748002

Annathi

~~Annathi~~



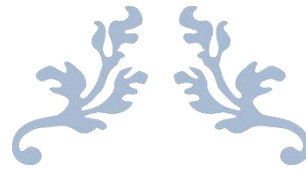
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Kokapet (Village), Gandipet, Hyderabad, Telangana-500075. www.cbit.ac.in



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ABSTRACT

CHAITANYA SATTVA CLUB conducted a guest lecture in December 2022. The lecture was conducted for over 40 CIVIL A1 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

Given the crucial role that soft skills play in professional success, the guest lectures from YES+ (Youth Empowering Skills) focus on providing students with the opportunity to develop and enhance these skills. This report aims to present the insights and findings from these lectures, which are centred on the theme of youth empowerment and the acquisition of key skills that are necessary for success in the contemporary world.

ABOUT

DATE & TIME:- 29-12-2022(2:30PM to 4:00PM)

Sri Manas Ram Sir, the guest lecturer from USA, is an accomplished entrepreneur and distinguished member of the Art of Living community. He is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

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The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

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CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the CIVIL A1 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

SECOND YEAR CIVIL A1 IIIrd SEM.

Serial No.	Student Name	Roll No.	Signature
1	K. Nitish	1601-21-732-032	
2	K. Mallikarjun	1601-21-732-034	
3	S. Ajay Reddy	160-121-732-056	
4	L. Guna Charan Reddy	160121-732-037	
5	G. Vivek	160-121-732-030	
6	N. Hari Raghavendra Prasad	1601-21-732-049	
7	S. Shikharth	1601-21-732-023	
8	G. Anurag	1601-21-732-031	
9	M. Maheshi	1601-21-732-302	
10	I. Venkatesa	1601-21-732-303	
11	S. Naveen Kumar	1601-21-732-057	
12	S. HARI PRASHNA	1601-21-732-314	
13	E. Ganesb	1601-21-732-305	
14	K. Varshith	1601-21-732-301	
15	B. Anusha	1601-21-732-003	
16	N. Akhila	1601-21-732-013	
17	K. Sai Chandana	1601-21-732-008	
18	M. Sreeja	1601217320012	
19	J. Esba	1601-21-732-007	
20	Pravalika B	160121732002	
21	J. Putana	1601-21-732-006	

22.	R. Asvitha	1601-21-732-016	<u>Asvitha</u>
23.	D. Grace	1601-21-732-004	<u>Grace</u>
24.	M. Pralaya	1601-21-732-306	m-pralaya
25.	B. Akshitha	1601-21-732-304	B-Akshitha
26.	S. Bhargavi	1601-21-732-019	<u>Bhargavi</u>
27.	R. Deekshitha	1601-21-732-017	R-Deekshitha
28.	Mamatha	1601-21-732-007	<u>Mamatha</u>
29.	P. Chenshima	160121732015	<u>Chenshima</u>
30.	Muktesh Kondaju	1601-21-732-035	<u>Muktesh</u>
31.	P. Thanmai	160121732-014	<u>Thanmai</u>
32.	N. Litheesh	160121732046	<u>N. Litheesh</u>
33.	Karthik Keshavi	160121732033	<u>Karthik</u>
34.	A. Nitkish	160121732021	<u>A. Nitkish</u>
35.	G. Sunil	160121732029	<u>Sunil</u>
36.	Saituddin	160121732043	<u>Sait</u>
37.	A. Sushanthpaul	160121732022	<u>Sushanthpaul</u>
38.	M. Sravan Kumar	160121732039	<u>Sravan</u>
39.	M. Udeey Kumar	160121732040	<u>Udeey</u>
40.	Mohammed Nouman	160121732044	<u>Nouman</u>
41.	Mudavath mesphanath	160121732045	<u>Mesphanath</u>
42.	Sri Kumar	160121732050	<u>Sri Kumar</u>
43.	P. Gopichand	160121732051	<u>Gopichand</u>
44.	P. Pavan	160121732054	<u>Pavan</u>
45.	Ch. Pankumar	160121732025	<u>Pankumar</u>

46.	B. Sharaath	160121732024	coop.
47	Abdul Rahmaan	160121732099	<u>SMR</u>
48	Vishruth	160121732026	<u>Vishruth</u>
49	Mahesh	160121732062	<u>Mahesh</u>
50	P. Vivek	160121732050	<u>Vivek</u>
51	Harsha	160121732036	<u>H</u>
52	Raja Subhavar	160121732017.	<u>Subhavar</u>
53	Krishna Teja	160121732064	<u>KD</u>
54	Abhiram	160121732063	<u>Abhi</u>
55	Shanti kumar	160121732028	<u>Shanti</u>
56	Tejeshwar	160121732060.	<u>Tejeshwar</u>
57	M. Sai pranay	160121732041	<u>Sai</u>
58	Sarboosh.	160121732052	SMR
59)	Sahithi	160121732005	<u>SMR</u>
60	Sruya Reddy	160121732010	<u>Sruya</u>
61	Lalitha	160121732001	<u>Lalitha</u>
62	Meghana	160121732011	<u>Megh</u>
63	Afreen	160121732018	<u>Afreen</u>
64	N. Sai Kumar	160121732048	<u>Sai</u>
65	S. Ashrith raj	160121732061	<u>Ashrith</u>
66	Ramcharan	160121732027	<u>Ram</u>
67	Khalidh	160121732042	<u>Khalid</u>
68	Saifulah	160121732058	<u>Saif</u>



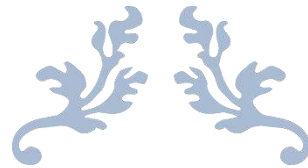
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INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

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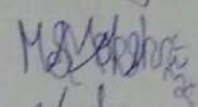
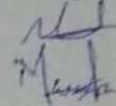
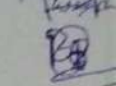
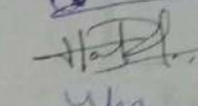
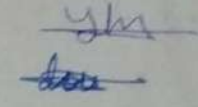
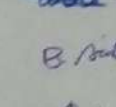
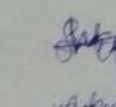
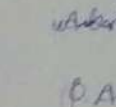
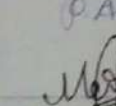
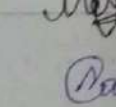
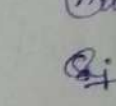
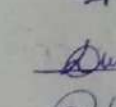
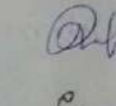

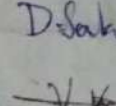
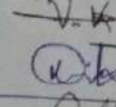
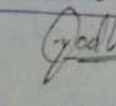
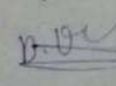
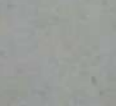




CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the CIVIL A2 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

CIVIL - A2 (SEM - III) (2nd Year)

<u>Name</u>	<u>Roll. No</u>	<u>Sign</u>
① Sunaina	- 160121732075	<u>Sunaina</u>
② Sonal	- 160121732076	<u>Sonal</u>
③ Subhushan	- 087	<u>Subhushan</u>
④ Varun	- 111	<u>Varun</u>
⑤ Datta	- 102	<u>Datta</u>
⑥ P. Mamidha	- 081	P. Mamidha
7) S. Sneha	- 082	<u>S. Sneha</u>
8) Sreeja. ch	- 073	<u>Sreeja. ch</u>
9) K. Prathyusha	- 079	<u>Prathyusha</u>
10) S. Gayathri	- 083	S. Gayathri
11) S. Gowthami	- 084	S. Gowthami
12) Ch. Vishwa	- 072	Ch. Vishwa
13) G. V. Nanditha Rao	- 074	<u>G. V. Nanditha Rao</u>
14) N. Rohith Reddy	- 117	<u>N. Rohith Reddy</u>
15) Sana Firdaus	(315)	<u>Sana Firdaus</u>
16) SK. Sana Taslim	- 313	sana taslim
17) B. Priyanka		Priyanka
18) P. Swetha	- 160121732308	P. Swetha
19) E. Usha	- 077	Usha. E.
20) Niharika Kamisetty	- 078	<u>Niharika</u>
21) A. Pavani	- 071	A Pavani
22) M. Vaishnav Ganesh	- 112	<u>Vaishnav</u>
23) P.S. Anush Reddy	- 118	<u>Anush</u>
24) P. Uday Kiran		<u>P. Uday Kiran</u>

25. M. Rohith Karishma 160121732115
 26. M. Keshava Reddy 160121732115
 27. Nitesh George 160121732098
 28. K. Manikanta 160121732109
 29. B. Prashanth 160121732091
 30. B. V. Harish Reddy 160121732088
 31. Navasimha 160121732132
 32. Jakesh 160121732126
 33. B. Sai Teja 160121732090
 34. P. Rohith 160121732123
 35. B. Adarsh Naik 160121732092
 36. P. Adarsh Rathod 160121732122
 37. L. Manideep Reddy 160121732110
 38. K. Sai Kiran 160121732107
 39. G. Sai Kiran Reddy 160121732099
 40. Saketh. Dubala 160121732097
 41. K. Rahul 160121732108
 42. G. Jeevan 160121732101
 43. D. Saketh 160121732094
 44. Vikram 160121732096
 45. B. Nikhil * * 311
 46. G. Madhu 160121732030
 47. ~~D. Vikram Reddy~~ 160121732096
 48. ~~G. Jeevan~~



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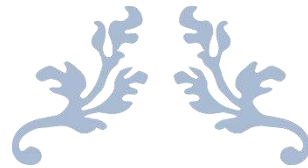
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GUEST
LECTURE



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Date:-10/12/2022.

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So, we request you to grant permission to conduct Guest Lecture in every Department for 2nd year students in free hours i.e. in mentoring or FIT India or library hours, from 12/12/2022 to 16/12/2022.

Yours Sincerely

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A Akshay,
President,
Chaitanya Sattva club.

Thanking You

*Post Poneto 28.12.2022 to
30.12.2022*

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[Signature]
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[Signature]
Dr. N.R Dakshinamurthy (Associate Professor, CIVIL)

[Signature]
Dr. G Suresh Babu (professor, HOD, IT)

*Permit to do
10/12/2022*

[Signature]

ACKNOWLEDGEMENT

We take great pleasure in thanking our honourable guests, Krishna Garu & Anusha Garu from the bottom of our hearts and Our special thanks to the faculty co-ordinators firstly we would like to thank the head of the department EEE department Dr G.Suresh Babu sir who is also the faculty coordinator we would like to thank C. Srisailam sir and Dr N. R. Dakshinamurthy who corrected and guided us in conducting Guest lectures.

ABSTRACT

CHAITANYA SATTVA CLUB had been conducted a guest lecture on December 2022. The lecture was conducted for over 40 CSE 1 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

Given the crucial role that soft skills play in professional success, the guest lectures from YES+ (Youth Empowering Skills) focus on providing students with the opportunity to develop and enhance these skills. This report aims to present the insights and findings from these lectures, which are centred on the theme of youth empowerment and the acquisition of key skills that are necessary for success in the contemporary world.

ABOUT

DATE & TIME:- 30-12-2022(1:30PM to 3:00PM)

Sri Krishna Sir, the guest lecturer, is an accomplished entrepreneur and distinguished member of the Art of Living community. He is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

On December 2022, the CHAITANYA SATTVA CLUB successfully conducted a guest lecture, which was attended by over 40 CSE-1 2nd-year students. The lecture was focused on the importance of mind management skills and how they are crucial for success in both personal and professional life.

The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

The lecture also touched upon the role of education in developing mind management skills. The guests highlighted the importance of a holistic education that incorporates not just academic knowledge but also life skills and character development. The students appreciated the opportunity to learn from such experienced and knowledgeable speakers.

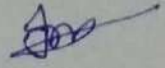
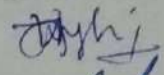
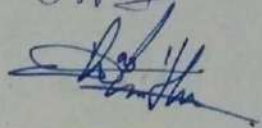
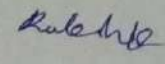
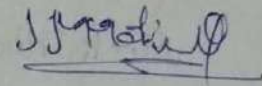
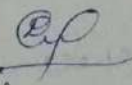
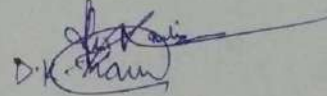
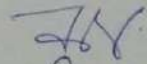
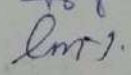
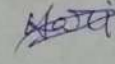

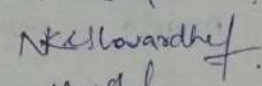
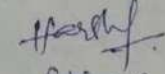
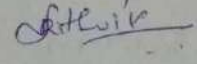


CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the CSE-1 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

CSE-1 Yes + Guest Lecture

SNo.	Name	Roll No.	Sign
1)	G. Manaswini Devi	160121733008	Manaswini
2)	S. Nanyaprakeerthi	160121733022	Keerthi
3)	N. Nishitha	160121733012	Nishitha
4)	Sneha Sangamal	160121733023	Sneha
5)	A. Ushen	160121733034	Ushen
6)	C. Pavitra	160121733015	Pavitra
7)	S. Rushmita Choudhary	160121733024	S. Rushmita
8)	M. Sahithya Shelly	160121733011	Sahithya Shelly
9)	S. Taishika	160121733018	Shika
10)	Angela George	160121733004	Angela
11)	K. Siva Kavya	160121733021	Kavya
12)	K. Sarveena	160121733010	K. Sarveena
13)	A. Naga Aikya	160121733002	Aikya
14)	G. Harini	160121733006	Harini
15)	Y. Dhanshaktini	160121733030	Y. Dhanshaktini
16)	P. Trinani	160121733016	P. Trinani
17)	V. Priyanka	160121733027	Priyanka
18)	N. Mounika	160121733013	Mounika
19)	A. Kousalya	160121733005	Kousalya
20)	A. Sai Meghana	160121733001	Meghana
21)	A. Abhishek Choudhary	160121733211	Abhishek
22)	Sree Pratiksha	160121733025	SreePratiksha
23)	B. Sarjana	160121733305	Sarjana

- 24) M. Jayendra 160121733054 
- 25) P. Vamsi Krishna 160121733058 
- 26) Vidyanand 160121733306 
- 27) Rakesh. K 1601217333057 
- (28) Ch. Lokesh 160121733039 Lokesh
- (29) MD. Mohiuddin 160121733055 
- 30) S. Ravinder 160121733062 S. Ravinder
- 31) Siddhasth D 160121733040 
- 32) Akil Krishna 1601-21-733-083
- 33) D. Krishna Kaushal 1601-21-733-041 
- 34) D.V.V. Swaroop 1601-21-733-044 
- 35) K. Muni Sankar Reddy 1601-21-733-048 
- 36) J. Harisharan 1601-21-733-049 
- 37) V. Harisha Vardhan 1601-21-733-064 
- 38) N. Keshav Vardhan 1601-21-733-057 
- 39) J. Sriharsha Sharma 1601-21-733-046 
- 40) S. Rithvik Reddy 1601-21-733-061 



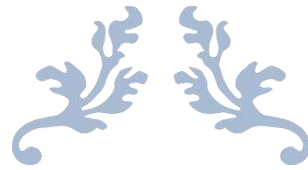
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REPORT ON
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GUEST
LECTURE



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Chaitanya Bharathi Institute of Technology,
Hyderabad.

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So, we request you to grant permission to conduct Guest Lecture in every Department for 2nd year students in free hours i.e. in mentoring or FIT India or library hours, from 12/12/2022 to 16/12/2022.

Yours Sincerely

A Akshay
A Akshay,
President,
Chaitanya Sattva club.

Thanking You

Post Poneto 28.12.2022 to 30.12.2022

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ABOUT

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CONCLUSION

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Attendance list for Guest lecture CSE-2

Name	Roll no	Branch	Sign
1) Jyoti	16012173375	CSE2	<u>Jyoti</u>
2) Tanvi	16012173377	CSE2	<u>Tanvi</u>
3) Harshita		"	<u>Harshita</u>
4) Archana	16012173378	"	<u>Archana</u>
5) Nitya	16012173381	"	<u>Nitya</u>
6) Swathi	16012173383	"	<u>Swathi</u>
7) Sreemukhi	16012173385	"	<u>Sreemukhi</u>
8) Divyaishnavi	16012173386	"	<u>Divyaishnavi</u>
9) Rajeshwari	16012173388	"	<u>Rajeshwari</u>
10) Mahesh	16012173341	"	<u>Mahesh</u>
11) Nishu	16012173336	"	<u>Nishu</u>
12) Akash	16012173338	"	<u>Akash</u>
13) Anand	16012173341	"	<u>Anand</u>
14) Anoop	16012173363	"	<u>Anoop</u>
15) Nikhil	16012173372	"	<u>Nikhil</u>
16) Adarshini	16012173381	"	<u>Adarshini</u>
17) Aksha	16012173333	"	<u>Aksha</u>
18) Vaisnavi	"	"	<u>Vaisnavi</u>
19) Ranga	" 120	"	<u>Ranga</u>
20) Shishir	" 125	"	<u>Shishir</u>
21) Saketh	" 124	"	<u>Saketh</u>
22) Balaji	" 130	"	<u>Balaji</u>
23) Kiran	" 132	"	<u>Kiran</u>
24) Talpa Liber	" 134	"	<u>Talpa Liber</u>
25) Kaveech Bhat	16012173365	"	<u>Kaveech Bhat</u>



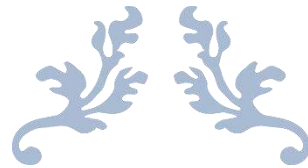
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We take great pleasure in thanking our honourable guests, Krishna Garu & Anusha Garu from the bottom of our hearts and Our special thanks to the faculty co-ordinators firstly we would like to thank the head of the department EEE department Dr G.Suresh Babu sir who is also the faculty coordinator we would like to thank C. Srisailam sir and Dr N. R. Dakshinamurthy who corrected and guided us in conducting Guest lectures.

ABSTRACT

CHAITANYA SATTVA CLUB had been conducted a guest lecture on December 2022. The lecture was conducted for over 40 CSE-3 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including

those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

Given the crucial role that soft skills play in professional success, the guest lectures from YES+ (Youth Empowering Skills) focus on providing students with the opportunity to develop and enhance these skills. This report aims to present the insights and findings from these lectures, which are centred on the theme of youth empowerment and the acquisition of key skills that are necessary for success in the contemporary world.

ABOUT

DATE & TIME:- 13-12-2022(2:30PM to 4:00PM)

Sri Manas Ram Sir, the guest lecturer, is an accomplished entrepreneur and distinguished member of the Art of Living community. He is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

On December 2022, the CHAITANYA SATTVA CLUB successfully conducted a guest lecture, which was attended by over 40 CSE-3 2nd-year students. The lecture was focused on the importance of mind management skills and how they are crucial for success in both personal and professional life.

The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

The lecture also touched upon the role of education in developing mind management skills. The guests highlighted the importance of a holistic education that incorporates not just academic knowledge but also life skills and character development. The students appreciated the opportunity to learn from such experienced and knowledgeable speakers.



CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for CSE-3 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

Attendance list for Guest lecture CSE 3

Name	Roll no.	branch	Sign
1) Nani	160120733214	CSE 3	Nani
2) Vivek	160120733204	"	Vivek
3) Koushik	16012073352	"	Koushik
4) Sundar natraj	160121733200	"	Sundar
5) Yashwanth	160121733182	"	Yashwanth
6) Rojitha	160121733181	"	Rojitha
7) Utkish	160121733175	"	Utkish
10) Badgar	160121733174	"	Badgar
11) Manikanta	160121733185	"	Manikanta
13) Vishnu	160121733176	"	Vishnu
14) Anshu	160121733151	"	Anshu
15) Asma	160121733150	"	Asma
16) Masani	160121733149	"	Masani
17) Manjula	" 148	"	Manjula
18) Sriya reddy	" 147	"	Sriya
19) Lokesh	" 146	"	Lokesh
20) Vivek	160120733155	"	Vivek
21) Rithika	160120733161	"	Rithika
22) Megharath	160120733150	"	Megharath
23) Govari	" 134	"	Govari
24) Nikitha	" 160	"	Nikitha
25) Teja Gopu	" 15	"	Teja



**CHAITANYA BHARATHI
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44
years



CHAITANYA SATTVA

-a UHV club of CBIT.



REPORT ON
CHAITANYA SATTVA
CLUB
GUEST
LECTURE



COMMITTED TO
RESEARCH
INNOVATION AND
EDUCATION

44
years

Hyderabad,
Date:-10/12/2022

From,
Chaitanya Sattva Club,
Chaitanya Bharathi Institute of Technology,
Hyderabad.

To,
The Principal, (Through proper channel)
Chaitanya Bharathi Institute of Technology,
Hyderabad.

Respected Sir,

Sub: Request to conduct Guest Lecture on Mind Management.

As we are aware that "CHAITANYA SATTVA: A UHV CELL OF CBIT" has recently launched on 30/11/2022 i.e. Wednesday. As a debut Event of club, CHAITANYA SATTVA is collaborating with ART OF LIVING to conduct a workshop on Mind management called YES!+ which was conducted previously on campus for 3rd year students. As a pre-event for the workshop, we are conducting a intro talk in every department. This can be added asset to every department by considering it as a guest lecture on mind management. For addressing students, we are welcoming Mr.A.Krishna, Mr.Anurag Srinivas and Ms.P.Nikitha, who are one of the best Facilitators of ART OF LIVING,Hyderabad.

So, we request you to grant permission to conduct Guest Lecture in every Department for 2nd year students in free hours i.e. in mentoring or FIT India or library hours, from 12/12/2022 to 16/12/2022.

Yours Sincerely

A Akshay
A Akshay,
President,
Chaitanya Sattva club.

Thanking You

Post Poneto 28.12.2022 to
30.12.2022

FACULTY CO-ORDINATORS

C. Srisaikrishna (Assistant Professor, EEE)

N.R. Dakshinamurthy (Associate Professor, CIVIL)

G. Suresh Babu (professor, HOD, IT)

Permit to
10/12/2022

ACKNOWLEDGEMENT

We take great pleasure in thanking our honourable guests, Krishna Garu & Anusha Garu from the bottom of our hearts and Our special thanks to the faculty co-ordinators firstly we would like to thank the head of the department EEE department Dr G.Suresh Babu sir who is also the faculty coordinator we would like to thank C. Srisailam sir and Dr N. R. Dakshinamurthy who corrected and guided us in conducting Guest lectures.

ABSTRACT

CHAITANYA SATTVA CLUB had been conducted a guest lecture on December 2022. The lecture was conducted for over 40 ECE-1 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

Given the crucial role that soft skills play in professional success, the guest lectures from YES+ (Youth Empowering Skills) focus on providing students with the opportunity to develop and enhance these skills. This report aims to present the insights and findings from these lectures, which are centred on the theme of youth empowerment and the acquisition of key skills that are necessary for success in the contemporary world.

ABOUT

DATE & TIME:- 13-12-2022(1:00PM to 2:30PM)

Ms. Anusha Garu, the guest lecturer, is an accomplished entrepreneur and distinguished member of the Art of Living community. she is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

On December 2022, the CHAITANYA SATTVA CLUB successfully conducted a guest lecture, which was attended by over 30 ECE-1 2nd-year students. The lecture was focused on the importance of mind management skills and how they are crucial for success in both personal and professional life.

The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

The lecture also touched upon the role of education in developing mind management skills. The guests highlighted the importance of a holistic education that incorporates not just academic knowledge but also life skills and character development. The students appreciated the opportunity to learn from such experienced and knowledgeable speakers.



CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the ECE-1 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

Attendance List for Guest Lecture ECE-1

Name	Roll no	Branch & year	Signature
1. Baddi Rashmita	1601-21-735-001	ECE-1 1st	
2. Bonda Shriya	1601-21-735-002	" "	
3. Gaddala Sarayu	1601-21-735-006	" "	
4. Mannepalli Nikhitha	1601-21-735-010	" "	
5. Nagireddy Kavya	1601-21-012	" "	
6. Saparath Manjula	1601-21-018	" "	
7. Sarjana Nandini	1601-21-017	" "	
8. Ramaslyam Keerthi Reddy	1601-21-016	" "	
9. Souri Reddy Dharani	1601-21-019	" "	
10. Veerla Nehaa	1601-21-023	" "	
11. Bandi Jayanth	1601-21-027	" "	
12. Burra Abhishek	1601-21-030	" "	
13. Dasari Krishna Teja	1601-21-031	" "	
14. Gadape Venkat	1601-21-032	" "	
15. Giresha	160121034	" "	
16. Latha	160121025	" "	
17. Burra Abhishek	160121735030	" "	
18.		" "	
19. Jambula Vijaya	160121735036	" "	
20. Nandini	1601217354	" "	
21. Vidhya Dharani	160121735025	" "	
22. Adminaya	160121735028	" "	
23.		" "	
24. Venkat Reddy	160121735030	" "	
25. Sanjaya	" " 33	" "	
26. Mahesh	" " 35	" "	
27. Nikhitha	160121735010	" "	
28. Divyanshu	160121735038	" "	
29.		" "	
30. Brajesh Kumar	160121735035	" "	



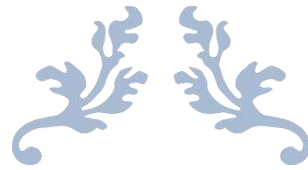
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COMMITTED TO
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INNOVATION AND
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44
years



CHAITANYA SATTVA

-a UHV club of CBIT.



REPORT ON
CHAITANYA
SATTVA
CLUB
GUEST
LECTURE



COMMITTED TO RESEARCH INNOVATION AND EDUCATION
44
years

Hyderabad,
Date:-10/12/2022.

From,
Chaitanya Sattva Club,
Chaitanya Bharathi Institute of Technology,
Hyderabad.

To,
The Principal, (Through proper channel)
Chaitanya Bharathi Institute of Technology,
Hyderabad.

Respected Sir,

Sub: Request to conduct Guest Lecture on Mind Management.

As we are aware that "CHAITANYA SATTVA: A UHV CELL OF CBIT" has recently launched on 30/11/2022 i.e. Wednesday. As a debut Event of club, CHAITANYA SATTVA is collaborating with ART OF LIVING to conduct a workshop on Mind management called YES!+ which was conducted previously on campus for 3rd year students. As a pre-event for the workshop, we are conducting a intro talk in every department. This can be added asset to every department by considering it as a guest lecture on mind management. For addressing students, we are welcoming Mr.A.Krishna, Mr.Anurag Srinivas and Ms.P.Nikitha, who are one of the best Facilitators of ART OF LIVING,Hyderabad.

So, we request you to grant permission to conduct Guest Lecture in every Department for 2nd year students in free hours i.e. in mentoring or FIT India or library hours, from 12/12/2022 to 16/12/2022.

Yours Sincerely

A Akshay
A Akshay,
President,
Chaitanya Sattva club.

Thanking You

Post Poneto 28.12.2022 to
30.12.2022

FACULTY CO-ORDINATORS

C. Srinikant (Assistant Professor, FEE)

N.R. Dakshinamurthy (Associate Professor, CIVIL)

G. Suresh Babu (professor, HOD, IT)

Permit to do
10/12/2022

[Signature]

ACKNOWLEDGEMENT

We take great pleasure in thanking our honourable guests, Krishna Garu & Anusha Garu from the bottom of our hearts and Our special thanks to the faculty co-ordinators firstly we would like to thank the head of the department EEE department Dr G.Suresh Babu sir who is also the faculty coordinator we would like to thank C. Srisailam sir and Dr N. R. Dakshinamurthy who corrected and guided us in conducting Guest lectures.

ABSTRACT

CHAITANYA SATTVA CLUB had been conducted a guest lecture on December 2022. The lecture was conducted for over 40 ECE-2 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

Given the crucial role that soft skills play in professional success, the guest lectures from YES+ (Youth Empowering Skills) focus on providing students with the opportunity to develop and enhance these skills. This report aims to present the insights and findings from these lectures, which are centred on the theme of youth empowerment and the acquisition of key skills that are necessary for success in the contemporary world.

ABOUT

DATE & TIME:- 13-12-2022(1:30PM to 3:30PM)

Sri Krishna Sir, the guest lecturer, is an accomplished entrepreneur and distinguished member of the Art of Living community. He is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

On December 2022, the CHAITANYA SATTVA CLUB successfully conducted a guest lecture, which was attended by over 40 ECE-2 2nd-year students. The lecture was focused on the importance of mind management skills and how they are crucial for success in both personal and professional life.

The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

The lecture also touched upon the role of education in developing mind management skills. The guests highlighted the importance of a holistic education that incorporates not just academic knowledge but also life skills and character development. The students appreciated the opportunity to learn from such experienced and knowledgeable speakers.



CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the ECE-2 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with

opportunities to expand their knowledge and skills.

V. Rambabu	160121735133	<u>Rambabu</u>
B. Sridhar	160121735092	<u>Sridhar</u>
C. Shiva Shankar	160121735097	<u>Shankar</u>
R. Charith	160121735124	<u>Charith</u>
M. C. NITHIN	160121735109	<u>Nithin</u>
Akshith	160121735126	<u>Akshith</u>
K. Shiva Shantana	160121735105	<u>Shantana</u>
Abhinav Surya	160121735130	<u>Abhinav</u>
Ravi Chaitanya	160121735121	<u>Ravi</u>
Abhiram	160121735127	<u>Abhiram</u>
Shashidhar	160121735098	<u>Shashidhar</u>
MD. Yaseer	160121735113	<u>Yaseer</u>
Karthik	160121735132	<u>Karthik</u>
Nivas	160121735127	<u>Nivas</u>
Sai Gowtham	160121735118	<u>Sai</u>
P. Vikram	160121735119	<u>Vikram</u>
L. Chandrabhaskar	160121735108	<u>Chandrabhaskar</u>
V. Harsha	160121735134	<u>Harsha</u>
T. Aryan Karthik	160121735131	<u>Karthik</u>
Hritikesh	160121735103	<u>Hritikesh</u>
Saishanth	160121735115	<u>Saishanth</u>
Sandeep	160121735095	<u>Sandeep</u>
Blaviprasad	160121735128	<u>Blaviprasad</u>
Archana M. Chaitanya Krishna	160121735114	<u>M. Chaitanya</u>

D. Saikrishna	160121735099	<u>Saikrishna</u>
Ch. Adithyan	160121735093	<u>Adithyan</u>
R. Saivam Charan	160121735115	<u>Saivam</u>
E. Sri Charan	160121735101	<u>Sri Charan</u>
A. L. N. Sri Datta	160121735091	<u>A. L. N. Sri Datta</u>
C. Sai Srujan	160121735094	<u>Sai Srujan</u>
S. Gururaj Charan	160121735129	<u>Gururaj</u>
Y. Shreesh Reddy	160121735135	<u>Shreesh</u>
K. Manish	160121735104	<u>Manish</u>
N. Siddhartha	160121735117	<u>Siddhartha</u>
N. Chakradhar Reddy	160121735116	<u>Chakradhar</u>
M. Sai Karthikya	160121735110	<u>Karthikya</u>
B. Chetana	160121735079	<u>Chetana</u>
Sara Sumayyah	160121735087	<u>Sumayyah</u>
R. Keerthi	160121735086	<u>Keerthi</u>
Ch. Anurag	160121735074	<u>Anurag</u>
K. Yashitha	160121735080	<u>Yashitha</u>
D. V. R. Anulya	160121735075	<u>Anulya</u>
D. Kundana Sree	160121735076	<u>Kundana</u>
M. Tejasri	160121735111	<u>Tejasri</u>
P. Gayatri	160121735085	<u>Gayatri</u>
P. Ravi	160121735108	<u>Ravi</u>
Ch. Archana	160121735113	<u>Archana</u>
D. Jahnvi	160121735110	<u>Jahnvi</u>
A. Vaishnavi	160121735107	<u>Vaishnavi</u>



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COMMITTED TO
RESEARCH,
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44
years



CHAITANYA SATTVA

-a UHV club of CBIT.



REPORT ON
CHAITANYA SATTVA
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GUEST
LECTURE



COMMITTED TO
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44
years

Hyderabad,
Date:-10/12/2022

From,
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To,
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Post Poneto 28.12.2022 to
30.12.2022

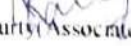
Yours Sincerely

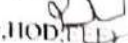
Thanking You


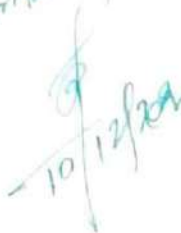
A Akshay
A Akshay,
President,
Chaitanya Sattva club.

FACULTY CO-ORDINATORS


C. Srisaikrishna (Assistant Professor, EEE)


Dr. N.R. Dakshinamurthy (Associate Professor, CIVIL)


Dr. G. Suresh Babu (professor, HOD, IT)



10/12/2022

ACKNOWLEDGEMENT

We take great pleasure in thanking our honourable guests, Krishna Garu & Anusha Garu from the bottom of our hearts and Our special thanks to the faculty co-ordinators firstly we would like to thank the head of the department EEE department Dr G.Suresh Babu sir who is also the faculty coordinator we would like to thank C. Srisailam sir and Dr N. R. Dakshinamurthy who corrected and guided us in conducting Guest lectures.

ABSTRACT

CHAITANYA SATTVA CLUB had been conducted a guest lecture on December 2022. The lecture was conducted in L-206 over 60 EEE D1 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

Given the crucial role that soft skills play in professional success, the guest lectures from YES+ (Youth Empowering Skills) focus on providing students with the opportunity to develop and enhance these skills. This report aims to present the insights and findings from these lectures, which are centred on the theme of youth empowerment and the acquisition of key skills that are necessary for success in the contemporary world.

ABOUT

DATE & TIME:- 12-12-2022(11:00AM to 12:30PM)

Sri Krishna Sir, the guest lecturer, is an accomplished entrepreneur and distinguished member of the Art of Living community. He is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

On December 2022, the CHAITANYA SATTVA CLUB successfully conducted a guest lecture in L-206, which was attended by over 60 EEE D1 2nd-year students. The lecture was focused on the importance of mind management skills and how they are crucial for success in both personal and professional life.

The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

The lecture also touched upon the role of education in developing mind management skills. The guests highlighted the importance of a holistic education that incorporates not just

academic knowledge but also life skills and character development. The students appreciated the opportunity to learn from such experienced and knowledgeable speakers.



CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the EEE D1 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

S.NO	Name	Roll NO.	Signature
1.	Sk. Seema	160121734306	<u>Seema</u>
2.	J. Akshaya	160121734008	<u>J. Akshaya</u>
3.	N. Akshaya	160121734010	<u>N. Akshaya</u>
4.	G. Sahithi Reddy	160121734005	<u>Sahithy</u>
5.	P. Architha Gupta	160121734014	<u>Architha</u>
6.	B. Gayathri	160121734004	<u>Gayathri</u>
7.	Rashmitha Gaikwad	160121734006	<u>Rashmi</u>
8.	A. Chandlitch Swazina	160121734001	<u>A. Chandlitch</u>
9.	S. Adithya goud	160121734058	<u>S. Adithya</u>
10.	T. Jeshwanth	160121734061	<u>T. Jeshwanth</u>
11.	P. Vishal yadav	160121734053	<u>Vishal</u>
12.	Katta pradeep	160121734037	<u>Pradeep</u>
13.	N. Rahul	160121734049	<u>Rahul</u>
14.	L. Rahul	160121734039	<u>Rahul</u>
15.	B. Anil Kumar	160121734021	<u>B. Anil</u>
16.	B. Rohith	160121734302	<u>Rohith</u>
17.	Sonte Yashaswini	160121734016	<u>Yash</u>
18.	Nenavath Karya	160121734012	<u>Karya</u>
19.	Gopu Koti Reddy	160121734030	<u>Koti</u>

20	D. Ritwik	160121734026	<u>D. Ritwik</u>
21	Harinika B	160121734002	<u>Harinika</u>
22	Supraja.c	160121734017	<u>Supraja</u>
23	N. Akshaya	160121734011	<u>N. Akshaya</u>
24	Sindhu Vyamsani	160121734303	<u>Sindhu</u>
25	Tahsinyath Mahweer	160121734018	<u>Tahsinyath</u>
26	P. HRITHIK	160121734052	<u>P. HRITHIK</u>
27	M. Vipul Varma	160121734048	<u>M. Vipul</u>
28	M. Saivardhan	160121734043	<u>M. Saivardhan</u>
29	P. Aadi Anumalesh	160121734055	<u>P. Aadi</u>
30	Shourya	160121734057	<u>Shourya</u>
31	John	160121734060	<u>John</u>
32	Sai charan	160121734054	<u>Sai charan</u>
33	M. Jayprakash	160121734041	<u>M. Jayprakash</u>
34	Ch. Nelson Ramraswamy	160121734024	<u>Ch. Nelson</u>
35	P. Karthikeya	160121734314	<u>P. Karthikeya</u>
36	Saboor	160121734045	<u>Saboor</u>
37	Suhwanth	160121734021	<u>Suhwanth</u>
38	Manipal	160121734047	<u>Manipal</u>
39	Victor Samuel	160121734025	<u>Victor Samuel</u>
40	Sathwik Simharaju	160121734059	<u>Sathwik</u>
41	Arjun	160121734034	<u>Arjun</u>



**CHAITANYA BHARATHI
INSTITUTE OF TECHNOLOGY (A)**

Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. www.cbit.ac.in



COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

44
years



CHAITANYA SATTVA

-a UHV club of CBIT.



REPORT ON
CHAITANYA SATTVA
CLUB
GUEST
LECTURE



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44
years

Hyderabad,
Date:-10/12/2022

From,
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Chaitanya Bharathi Institute of Technology,
Hyderabad.

To,
The Principal, (Through proper channel)
Chaitanya Bharathi Institute of Technology,
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Sub: Request to conduct Guest Lecture on Mind Management.

As we are aware that "CHAITANYA SATTVA: A UHV CELL OF CBIT" has recently launched on 30/11/2022 i.e. Wednesday. As a debut Event of club, CHAITANYA SATTVA is collaborating with ART OF LIVING to conduct a workshop on Mind management called YES!+ which was conducted previously on campus for 3rd year students. As a pre-event for the workshop, we are conducting a intro talk in every department. This can be added asset to every department by considering it as a guest lecture on mind management. For addressing students, we are welcoming Mr.A.Krishna, Mr.Anurag Srinivas and Ms.P.Nikitha, who are one of the best Facilitators of ART OF LIVING,Hyderabad.

So, we request you to grant permission to conduct Guest Lecture in every Department for 2nd year students in free hours i.e. in mentoring or FIT India or library hours, from 12/12/2022 to 16/12/2022.

Post Poneto 28.12.2022 to
30.12.2022

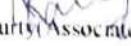
Yours Sincerely

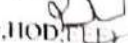
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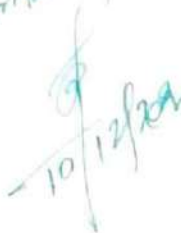
A Akshay
A Akshay,
President,
Chaitanya Sattva club.

FACULTY CO-ORDINATORS


C. Srisaikrishna (Assistant Professor, EEE)


Dr. N.R. Dakshinamurthy (Associate Professor, CIVIL)


Dr. G. Suresh Babu (professor, HOD, IT)



10/12/2022

ACKNOWLEDGEMENT

We take great pleasure in thanking our honourable guests, Krishna Garu & Anusha Garu from the bottom of our hearts and Our special thanks to the faculty co-ordinators firstly we would like to thank the head of the department EEE department Dr G.Suresh Babu sir who is also the faculty coordinator we would like to thank C. Srisailam sir and Dr N. R. Dakshinamurthy who corrected and guided us in conducting Guest lectures.

ABSTRACT

CHAITANYA SATTVA CLUB had been conducted a guest lecture on December 2022. The lecture was conducted in L-207 over 60 EEE D2 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

Given the crucial role that soft skills play in professional success, the guest lectures from YES+ (Youth Empowering Skills) focus on providing students with the opportunity to develop and enhance these skills. This report aims to present the insights and findings from these lectures, which are centred on the theme of youth empowerment and the acquisition of key skills that are necessary for success in the contemporary world.

ABOUT

DATE & TIME:- 16-12-2022(2:30PM to 4:10PM)

Krishna Sir, the guest lecturer, is an accomplished entrepreneur and distinguished member of the Art of Living community. He is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

On December 2022, the CHAITANYA SATTVA CLUB successfully conducted a guest lecture in L-207, which was attended by over 60 EEE D2 2nd-year students. The lecture was focused on the importance of mind management skills and how they are crucial for success in both personal and professional life.

The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

The lecture also touched upon the role of education in developing mind management skills. The guests highlighted the importance of a holistic education that incorporates not just academic knowledge but also life skills and character development. The students appreciated the opportunity to learn from such experienced and knowledgeable speakers.



CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the EEE D2 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

Name	Roll. no	Signature
R. Hemant	160121734123	<u>Ruth</u>
A. Shiva Ram prakash	160121734095	<u>Shivast</u>
B. Jayarama Chandra	160121734096	<u>Jayash</u>
T. Ranganath	160121734129	<u>T. Rana</u>
PRANAV SREERAJ CH	160121734120	<u>Prav</u>
V Karthik	160121734307	<u>V. Karthik</u>
G. Lokesh	160121734311	<u>G. Lokesh</u>
K. Aniray	160121734312	<u>K. Aniray</u>
U. Vinay	160121734130	<u>U. Vinay</u>
D. Pran	160121734100	<u>Rohan</u>
M. Adhithya	160121734113	<u>Adithi</u>
D. Sai Karan	160121734101	<u>Sai Karan</u>
B. Jaihta	160121734072	<u>Jaihta</u>
Mitish. L	160121734119	<u>Mitish</u>
N. Sri Ram	160121734127	<u>N. Sri Ram</u>
K. Nitin	160121734110	<u>K. Nitin</u>
A. Navadeep	160121734093	<u>A. Navadeep</u>
Almay	160121734114	<u>Almay</u>
Pradeep	160121734105	<u>Pradeep</u>
K. Doishith	160121734109	<u>K. Doishith</u>
Ganesh	160121734108	<u>Ganesh</u>
Adithya - dharam	160121734102	<u>Adithya</u>
Neeraj	160121734117	<u>Neeraj</u>
M. Vinay	160121734112	<u>M. Vinay</u>
Sri Ram. N	160121734127	<u>Sri Ram</u>
V. Saimanikanta	160121734133	<u>V. Saimanikanta</u>
V. Mauli Venkata Teja	160121734132	<u>V. Mauli</u>
DASHI. AKHIL	160121734099	<u>Akhil</u>

Raju.M	160121734115	Majy
J. Jeemitha	160121734082	Qf
K. Pravalika	160121734083	Qf
J. Varsha	160121734084	Varsha
K. Meghana	160121734084	Qf
P. Jhansri	160121734088	Qf
G. Sushma	160121734078	Qf
E. Bhargavi	160121734077	Qf
S. Jessica	160121734089	Qf
A. Pritham	160121734091	Qf
S. Yashwanth	160121734090	Yash
D. Nishitha	160121734076	Qf
B. Meghana	160121734073	Qf
D. Sai Ananth	160121734103	Qf
G. uttej	160121734315	→ G. uttej
S. Gowtham	160121734128	Qf
D. Anjanna	160121734104	Qf
B. Jeevan sanath	160121734097	Qf
Srikarsha Vyshnavi	160121734310	Srikarsha Vyshnavi
K. Naveen kumar	160121734111	K. Naveen
E. Manoj	160121734309	E. Manoj
Quelsiya	160121734313	Quelsiya
P. Rajesh	160121734308	P. Rajesh
G. vijay	160121734106	G. vijay
C. Anith	160121734098	C. Anith
A. Anudeep goud	160121734094	Qf
G. Sruithi	160121734079	Sruithi
M. Sindhu	160121734086	M. Sindhu
Aishwarya.B	160121734074	Aishwarya
Chandana.M	160121734085	M. Chandana



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NAAC



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9001:2015

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INNOVATION AND
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44
years



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-a UHV club of CBIT.



REPORT ON
CHAITANYA SATTVA
CLUB
GUEST
LECTURE



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EDUCATION

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years

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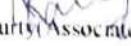
Yours Sincerely

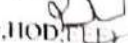
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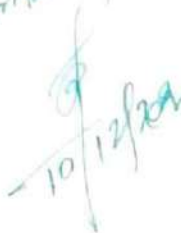
A Akshay
A Akshay,
President,
Chaitanya Sattva club.

FACULTY CO-ORDINATORS


C. Srisaikrishna (Assistant Professor, EEE)


Dr. N.R. Dakshinamurthy (Associate Professor, CIVIL)


Dr. G. Suresh Babu (professor, HOD, IT)



10/12/2022

ACKNOWLEDGEMENT

We take great pleasure in thanking our honourable guests, Krishna Garu & Anusha Garu from the bottom of our hearts and Our special thanks to the faculty co-ordinators firstly we would like to thank the head of the department EEE department Dr G.Suresh Babu sir who is also the faculty coordinator we would like to thank C. Srisailam sir and Dr N. R. Dakshinamurthy who corrected and guided us in conducting Guest lectures.

ABSTRACT

CHAITANYA SATTVA CLUB had been conducted a guest lecture on December 2022. The lecture was conducted for over 40 IT-1 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

Given the crucial role that soft skills play in professional success, the guest lectures from YES+ (Youth Empowering Skills) focus on providing students with the opportunity to develop and enhance these skills. This report aims to present the insights and findings from these lectures, which are centred on the theme of youth empowerment and the acquisition of key skills that are necessary for success in the contemporary world.

ABOUT

DATE & TIME:- 14-12-2022(2:30PM to 4:10PM)

Sri Krishna Sir, the guest lecturer, is an accomplished entrepreneur and distinguished member of the Art of Living community. He is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

On December 2022, the CHAITANYA SATTVA CLUB successfully conducted a guest lecture, which was attended by over 40 IT-1 2nd-year students. The lecture was focused on the importance of mind management skills and how they are crucial for success in both personal and professional life.

The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

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Gandipet, Telangana, India

98R9+RGM, CBIT Rd Number 2, Kokapet, Gandipet,

Telangana 500075, India

14/12/22 03:31 PM GMT +05:30

CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the IT-1 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

IT-1

<u>Name</u>	<u>Roll number</u>	<u>sig</u>
ANNE SUPRIYA	160121737001	Supriya
BANOTHU SINDHU	160121737004	Sindhu
C. BHAVITHA	160121737005	Bharitha
Dheeshitha bazar	160121737007	dheeshitha
bhavya shree	160121737008	Bhavya sree
Susmitha	160121737009	Susmitha
Shruthika	160121737010	Shruthika
Sanjana	160121737012	Sanjana
Meghana	160121737013	Meghana
Sai shreshtha	160121737015	Shreshtha
Rishitha	160121737017	Rishitha
Bhagya sree	160121737018	Bhagya sree
Sathvika	160121737019	Sathvika
Poojitha	160121737021	Poojitha
Sai ganesh	160121737053	Sai ganesh
Rithvik	160121737055	Rithvik
Medilesh	160121737059	Medilesh
Nithin	160121737060	Nithin
Vardhanraju	160121737062	Raju
Shiva	160121737063	Shiva
Chandak vivek	160121737064	Vivek
Yashwanth	160121737065	Yashwanth
Trisha	160121737012	Trisha



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COMMITTED TO
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44
years



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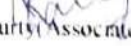
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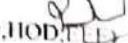
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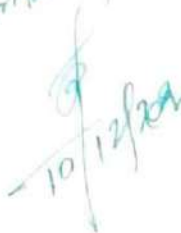
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A Akshay,
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10/12/2022

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We take great pleasure in thanking our honourable guests, Krishna Garu & Anusha Garu from the bottom of our hearts and Our special thanks to the faculty co-ordinators firstly we would like to thank the head of the department EEE department Dr G.Suresh Babu sir who is also the faculty coordinator we would like to thank C. Srisailam sir and Dr N. R. Dakshinamurthy who corrected and guided us in conducting Guest lectures.

ABSTRACT

CHAITANYA SATTVA CLUB had been conducted a guest lecture on December 2022. The lecture was conducted for over 40 IT-3 2nd-year students.

The lecture is all about the mind management skill, every student needed these days along with the education

The guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

The concept of developing soft skills, also known as people skills, has gained significant attention in recent years, particularly in the context of career success. Numerous studies, including those conducted by renowned institutions such as Harvard University, the Carnegie Foundation, and Stanford Research Centre, have come to a consensus that a large portion of job success is attributed to soft skills. These studies estimate that 85% of job success is a result of well-developed soft skills, while only 15% is due to technical skills and knowledge, or what is commonly referred to as hard skills.

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ABOUT

DATE & TIME:- 14-12-2022(2:30PM to 4:10PM)

Ms. Anusha garu , the guest lecturer, is an accomplished entrepreneur and distinguished member of the Art of Living community. she is renowned for his expertise in mind management and regularly conducts classes in colleges on this subject.

On December 2022, the CHAITANYA SATTVA CLUB successfully conducted a guest lecture, which was attended by over 40 IT-3 2nd-year students. The lecture was focused on the importance of mind management skills and how they are crucial for success in both personal and professional life.

The guests and dignitaries who addressed the gathering were experts in the field of mind management and provided the students with valuable insights and tips on how to develop and enhance their skills. The students were highly engaged during the lecture and took notes as the speakers shared their experiences and knowledge.

The lecture emphasized the significance of mind management skills in the present-day scenario, where individuals are facing increasing stress and pressure in their daily lives. The speakers emphasized the need for students to cultivate self-awareness, emotional intelligence, and mindfulness, among other skills to lead a fulfilling and successful life.

The lecture also touched upon the role of education in developing mind management skills. The guests highlighted the importance of a holistic education that incorporates not just academic knowledge but also life skills and character development. The students appreciated the opportunity to learn from such experienced and knowledgeable speakers.



CONCLUSION

The guest lecture organized by CHAITANYA SATTVA CLUB was a valuable learning experience for the IT-3 2nd-year students. The students gained a deeper understanding of the significance of mind management skills and how they can be developed and applied in their daily lives. The lecture was a testament to the club's commitment to providing students with opportunities to expand their knowledge and skills.

IT-3

<u>Name</u>	<u>Roll number</u>	<u>Sign</u>
Sai ramya	160121737141	Sai ramya
Mounika	160121737143	Mounika
Veena madhuri	160121737145	Veena madhuri
Navya sri	160121737147	Navya sri
Srija chowdary	160121737149	Srija
ISHITA	160121737151	Ishitha
Sai charayna reddy	160121737153	Sai charayna
Prarthana	160121737154	Prarthana
Srinidhi	160121737155	Srinidhi
Shravyasri	160121737157	Shravyasree
Ravela vaishnavi	160121737158	Vaishnavi
SIVANI	160121737160	Sivani
Vyshnavi Jakku	160121737161	Vyshnavi
Abdul bari	160121737163	Abdul
ARYAN durga	160121737165	Aryan
Sai MOUNIK	160121737167	mounik
Cheruku chandra	160121737170	Chandee
Chowki Rohith	160121737171	Chowith
JADAV Srinivas	160121737174	Srinivas
MANI TEJ	160121737175	Manitej
KARIE Vinay	160121737176	Vinay
Mandala sai nagan	160121737183	Sai nagan

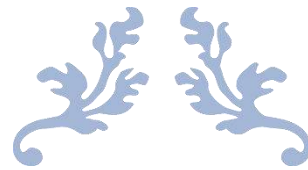


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years



REPORT OF VALUE ADDED COURSE ON YOUTH EMPOWERMENT AND SKILLS(YES!+)

Organized by Chaitanya Sattva club in association with Dept. of EEE



About CBIT

CBIT is one of the premier Engineering Institutes in India, pioneer in Telangana State, which is at idyllic surroundings of Gandipet Lake, Hyderabad. The college offers Twelve UG and Ten PG programs. It has been standing as a temple of knowledge for the past 44 years by producing about 30,000 Eminent and skillful Graduate Engineers, who are successful in their Careers, serving all over the Globe. Brilliant and Meritorious Candidates with good EAMCET Rank are seeking admissions at CBIT. CBIT Students are trained and perfected to secure Placements in reputed MNCs. The Institute has been accredited by NAAC – UGC with 'A' Grade and the various programs are accredited by NBA – AICTE. The UGC has granted Autonomous Status from the Academic Year 2013-14 onwards. Consultancy Practice, enabled the Institute to establish its Identity in the Technical Education and is Ranked No. 1 amongst the Private Engineering Colleges in both the Telugu Speaking States.

About Department

CBIT started Electrical & Electronics Engineering UG program in 1994 and was accredited 5 times i.e. in years 2004, 2008, 2013,2017 & 2021 by NBA. The intake was increased from 60 to 120 from the Academic Year 2013-14. The Department started offering a PG course in Power Systems & Power Electronics in 2006 with an intake of 18 and was accredited by NBA in the year 2016. The department has received grants worth of around ₹40 lakhs from AICTE under RPS,MODROBS,FDP,STTP etc. The Department is offering consultancy services of worth ₹24 lakhs in collaboration with Foreign Universities in the domain of Renewable Energy System. The Department is also certified by ISO 9001:2015. The Department is recognized as Research Centre in 2017 by Osmania University to carry out research for the award of Ph.D. degree.

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President, CBIT

PATRON

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Dr. T. MURALI KRISHNA,
Associate Professor, Dept. of EEE



Department of EEE

in association with

Chaitanya Sattva
(UHV Cell of CBIT)
offers

Value Added Course

on

**Youth Empowerment &
Skills**

23rd - 28th January, 2023



Chaitanya Bharathi Institute of Technology

(Autonomous under UGC)

Affiliated to Osmania University

Accredited by NAAC-UGC and NBA-AICTE ISO 9001:2015

Certified Institution Gandipet, Hyderabad, 500075

Telangana State, INDIA

CHAITANYA SATTVA CLUB

About club

CHAITANYA SATTVA: A UHV cell of CBIT is a proposed wing of CHAITANYA REETHI. Chaitanya Sattva will concentrate to obtain the Right Understanding of Harmony in every Individual. Chaitanya Sattva will work towards the physical, mental, social, emotional, and spiritual development of every individual. Chaitanya Sattva will exclusively enhance Universal Human Values, which is a mandate for Engineering students by AICTE.

Student Executive board

A. Akshay, President, 7287078216.

P. Azeez Khan, Vice- President , 7032301307.

K. Aishwarya, General Secretary, 7671086563.

N. Manoj, Treasurer, 6301672271.

M. Anoop Kumar, Joint Secretary, 7794902421.

R. Tulasi, Joint Secretary, 6300605754.

M. Sreenija, Student Advisor, 9676186570.

Gmail: chaitanyasattva_cc@cbit.org.in

Instagram : [@chaitanya.sattva](https://www.instagram.com/@chaitanya.sattva)



About the Course: Value Added Course on Youth Empowerment & Skills

About the course:

This course is completely about the mind management skills, which are necessary for setting goals, improving focus on goals, increasing productivity and reducing the stress; by managing one's thoughts and emotions. After undergoing this course an individual can make better decisions, set & achieve goals and maintain a positive outlook in life. Additionally, it can also help in improving confidence & expression by understanding how emotions are tied to the breath & nervous system. It also helps in understanding sources of energy to the mind, & how to increase the energy in own life by attending to levels of existence

Topics to be covered:

- Skillful Communication
- Breath and Emotions
- Time Management & Goal Setting
- Emotional Intelligence
- Leadership Qualities
- Energy & Levels Of Existence
- Nutrition and Our Body
- Lifestyle and Environment
- Ego, Confidence and Peer Pressure
- Mind Management
- Stress Management
- Self and Society
- EMI - Ethics, Morality and Integrity

Schedule:

Session-1:(on Campus-17 hours)

Monday-Friday:4:00pm-6:30 pm

Saturday:9:00am-5:00 pm

Session-2:(On-Campus and online-14 hours)

7 Consecutive Wednesdays:4:00pm-6:00 pm

Course Outcomes:-

- Improvement in learning and research competency
- Increase student employability
- Create opportunities for youth to develop their interpersonal skills
- Enhance abilities of youth to handle stressful conditions
- Improve relationship between teachers and students.

Targeted Group

The YES+ is expected to benefit all the UG &PG students of any department.

Technical Support :- ART OF LIVING , Hyderabad

RESOURCE PERSONS

Sri. VAMSHI KRISHNA

Art of Living facilitator , Hyderabad

Sri. VAMSHI KOSURI

Art of Living facilitator , Hyderabad

Registration

Registration can be done by using the link or scan QR given below.

Registration Link:

<https://forms.gle/soarCfjspxZ3A2Sjq7>





CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY (A)

Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. www.cbit.ac.in



Date	9:00-10:30	10:30-11:30	11:30-12:30	1:00-3:00	3:00-4:00	4:00-5:00	5:00-6:30
23-01-2023						Inauguration of the course	Session-1 Skilful Communication By Vamshi Krishna
24-01-2023						Session-2 Introduction To Breath: Breath and Emotions by Vamshi Krishna	Session-2 Introduction To Breath: Breath and Emotions by Vamshi Krishna
25-01-2023						Session-3 Mind Management by Vamshi Krishna	Session-4 Energy And 7 Levels of Existence by Vamshi Krishna
27-01-2023						Session-5 Ego, Confidence and Peer Pressure by Vamshi Krishna	Session-6 Time Management and Goal Settings by Vamshi Krishna
28-01-2023	Session-7 Stress management By Vamshi Krishna	Session-8 Self And Society by Vamshi Krishna	Session-9 Leadership Quality by Vamshi Krishna	Session-10 Emotional Intelligence by Vamshi Krishna	Session-11 Nutrition And Our Body by Vamshi Krishna	Session-12 Lifestyle And Environment by Vamshi Krishna	Session-13 EMI - Ethics, Morality and Integrity by Vamshi Krishna

SESSION	DATE AND TIME	TOPIC
SESSION-14	01-02-2023 at 5:00pm to 7:30pm(2 ½ hours)	Follow up and Practice by Mr. Anurag Srinivas
SESSION-15	08-02-2023 at 5:00pm to 6:30pm(1 ½ hour)	Follow up and Practice by Mr. Krishna
SESSION-16	15-02-2023 at 5:00pm to 6:30pm (1 ½ hour)	Follow up and Practice by Mr. Abhishek Yadav
SESSION-17	22-02-2023 at 5:00pm to 6:30pm (1 ½ hour)	Follow up and Practice by Ms. Divya
SESSION-18	01-03-2023 at 7:00pm to 9:00pm (2 hours)	Follow up and Practice by Mr. Manas Ram
SESSION-19	15-03-2023 at 5:00pm to 7:00pm (2 hours)	Follow up and Practice by Mr. Krishna
SESSION-20	29-03-2023 at 12:00pm to 1:30pm (1 ½ hour)	Evaluation
SESSION-21	24-04-2023 at 12:00pm to 12:30pm(½ hour)	Valedictory session

Total hours Value Added Course on YOUTH EMPOWERMENT AND SKILLS (YES!+) conducted: 32 hours

VALUE ADDED COURSE ON YES!+

This workshop is conducted by the CHAITANYA SATTVA club in association with Department of EEE.

The workshop is from 23-01-2023, it is a 8-weeks workshop which will be held on campus and online.

Space is limited, so be sure to register early to secure your spot. We look forward to seeing you there!!

For any queries contact

Anoopkumar: 7794902421

Tulasi: 6300605754

Instagram -> [@chaitanya.sattva](https://www.instagram.com/chaitanya.sattva)

* Required

1. Name *

2. Roll No.

3. Year *

Mark only one oval.

1

2

3

4. Branch *

Mark only one oval.

CSE

ECE

EEE

IT

CIVIL

MECH

AIDS

AIML

BIO-TECH

CHEM

Other: _____

5. Section *

Mark only one oval.

1

2

3

4

5

6. Phone number *

Active WhatsApp numbers

7. Skills you want to develop. *

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Google Forms

Time	Email Address	Name	Roll No.	Year	Branch	Section	Phone number	Skills you want to develop	Completed
1	SONTEYASHASWINI@GMAIL.COM	C. Yashaswini	160121734016	2	EEE	1	7670975770	Manifesting	
2	vineethreddyys@gmail.com	Vineeth Reddy B	160120737060	3	IT	1	8500804963	Soft skills	
3	eshajattling123456@gmail.com	Jatling Esha	160121732007	2	CIVIL	1	8019989965	Making proper decisions	
4	nitishchinu2486@gmail.com	K.Nitish	160121732032	2	CIVIL	1	8332921800	Soft skills	
5	anuraggunda@gmail.com	GUNDLA ANURAG	160121732031	2	CIVIL	1	7702639429	How to overcome lazyness	
6	charitha.b0702@gmail.com	B Charitha	160120737318	3	IT	3	6301666899	Communication skills,soft skills	
7	bhavanaganamani2229@gmail.com	Bhavana Ganganamani	160121734007	2	EEE	1	9440420687	To overcome overthinking and to develop self confidence	
8	srivenideshetti3@gmail.com	Sriveni	160121748303	2	CSE	4	9989042964	Coding	
9	simharajusathwik17@gmail.com	Sathwik	160121734059	2	EEE	1	9381361629	Mind management	
10	shishir19@gmail.com	Shishir Kathi	160121733125	2	CSE	2	9701289153	Features of mind for better focus, an optimistic understanding of things	
11	varunkamshetty40@gmail.com	Kamshetty Varun	160120735115	3	ECE	2	8919435017	Time management, concentration.	
12	nehareddysingu@gmail.com	S.Neha Reddy	160120771010	3	AIDS	4	9440163372	Controlling my emotions	
13	yaminiamrutham@gmail.com	A.Laxmi Yamini	160122749004	1	CSE	1	9246737495	Peace of mind	
14	sai.tiru17@gmail.com	T. Sai Samanvith	160120736100	3	MECH	2	6303761841	Communication skills	
15	akshithabellam2003@gmail.com	B.Akshitha	160121732304	2	CIVIL	1	8688836951	Communication skill	
16	shivathmikapavushetty@gmail.com	Shivathmika	160120737134	3	IT	3	9392388744	Confidence ,mind stability,dare to do anything	
17	amruthamrenuka05@gmail.com	Renuka Amrutham	160120732012	3	CIVIL	1	8790365879	Talkative skills	
18	adithyasheshagani96@gmail.com	Adithya Goud	160121734058	1	EEE	1	9703006677	I want to learn which are useful to me.	
19	achetan2004@gmail.com	chetan	160121733034	2	CSE	1	8125442308	none	
20	saikiranregu54@gmail.com	R.sai kiran	160120736097	3	MECH	2	9121738876	Communication skills	
21	arpulaakashy022@gmail.com	Evss.sahithi	160121732005	2	CIVIL	1	9390674655	Communication skills	
22	arpulaakashy022@gmail.com	Thousif udhin	160121748060	2	CSE	1	9884639786	none	
23	arpulaakashy022@gmail.com	lalith	160121734035	2	EEE	1	7981034096	Mind management	
24	arpulaakashy022@gmail.com	Gudem Shruthika	160121737010	2	IT	1	9666370136	None	

ACKNOWLEDGEMENT

We would like to acknowledge and give my warmest thanks to chief patron Mr. N. Subash, president of CBIT and patron the principal of CBIT Dr. P. Ravinder Reddy for supporting us to Conduct such Course for students.

We are thankful to the advisors specially who always give their part for the growth of student's capabilities Sri. P. Sreenivas Sarma, advisor-student affairs & progression; Dr. K. Krishnaveni, Director-Academics; Dr. P. V. Prasad, controller of examinations; Dr. K. Jagannadha Rao, head dept. of civil engineering.

We are grateful to Thank Dr. G. Suresh Babu, Convenor and Head, dept of EEE for the great support and efforts in making this happen.

This programme would not have completed without our Faculty Coordinators enormous help and worthy experience of Sri C.Srisailam, Assistant professor ,dept of EEE; Dr. N. R. Dakshinamurthy, Associate professor, dept of civil, Dr. T. Murali Krishna, Associate professor, dept of EEE.

Finally, We thank Mr. Krishna Garu , Mr. Anurag Srinivas Garu, Mr. Abhishek Yadav Garu, Mr. Manas Ram Garu and Ms. Divya Garu for guiding and facilitating our participants in this course.

ABSTRACT

CHAITHANYA SATTVA promotes the skills of mind management that gives an individual the power of handling or performing things in time successfully and as it is. YES+ Course is an internationally developed and famed part of an organization, that is been participated and taught by hundreds of students and teachers every year. The human has every right to see the peace and beauty of the world for every second in this busy world.

The main aim is to maintain the thinking capacity individual, handling the situations of life with a great smile. The above things are achieved by the small practice sessions from this course. These will be achieved by any individual who have a serious will to change themselves and be dedicated to what the teacher in the session wants them to practice.

**Report of Value Added Course on YOUTH EMPOWERMENT AND SKILLS(YES!+) Programme
Jan-Mar-2023**

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23-01-2023

Inauguration of Course

We have started our inauguration event by welcoming our guests on to the dais by presenting a sapling.

We started our event with Lord Ganesh blessings by singing a melody from Aishwarya.



Firstly, Director Student Affairs P. Sreenivasa Sarma Sir gave his inspirational speech starting with the words that Chaitanya Sattva is the youngest club of CBIT and added “Now-a-days values are being kept aside. They have to be nourished inside the heart of the people. Participants will feel happy after the course.”. We welcome our chief guest Rahul Garu to give his valuable speech. He enlightens us with his interactive words. Rahul Garu described few of the terms in the art of living “Confidence, setting goals, better decision”. He figured that art of living is similar to that of a pyramid. Those who succeed will reach the top.



Our Guest of Honour Sri Raghuram Garu enlightened us with his speech. He delivered his journey with Universal human values Courses. “ These courses may not provide you with the skills but provide and induce you the energy needed to perform the skills. Our senior faculty coordinator Dr. G. Suresh Babu sir,

**Report of Value Added Course on YOUTH EMPOWERMENT AND SKILLS(YES!+) Programme
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Head of the Department, Electrical and Electronic Engineering, delivered his speech with the inspirational words. He redefined the abbreviation of UHV as Ultra High Voltage and added that “Bhagheeratha Prayathnam” should be given by every student. He also advised the students that we must be an antonym to the word cynic.



Radha Krishna Garu sir, a faculty member of CBIT gave his speech. Radha Krishna Garu sir added that he wants to enrol for the course. Finally, the resource person, Vamshi Krishna Garu sir gave his speech adding that this course will help us to push our boundaries. Our student advisor, Sreenija gave oath of thanks to everyone. At last we concluded the event with National Anthem as patriotic for the Nation.

లక్ష సాధన కోసం మనం పని చేయాలి : రాహుల్ సింగ్



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అక్షర శకం, హైదరాబాద్, జనవరి 28: వైతన్య సత్వ అనేది నీటిబటి నుండి మానవ విలువల గురుంచి మరియు నేర్పించే ఒక ద్రవ్య. ఈ ద్రవ్య ప్రతి వ్యక్తి యొక్క శారీరక, మానసిక, సామాజిక, భావోద్వేగ మరియు అధ్యాత్మిక అభివృద్ధికి కృషి చేస్తుంది. ఈ ద్రవ్య ప్రత్యేకంగా సాంస్కృతిక మానవ విలువలను పెంపొందిస్తుంది, ఇది ఏజెన్సీలు ద్వారా ఇంటింటికి విద్యార్థులకు నిర్దేశించినది. యువత సాధికారత మరియు నైపుణ్యాలపై ఒక వారం రోజుల కోర్సును ఈ నెల 23న ప్రారంభించి ఈ రోజు తో ముగిసినది. కోర్సు పూర్తిగా ఫ్రైండ్ మేనేజ్మెంట్ స్పెక్ట్రమ్, లక్ష్యాలను నిర్దేశించుకోవడానికి మరియు లక్ష్యాలపై దృష్టిని మెరుగుపరచడానికి వాటిమీద దృష్టి పెట్టేందుకు నైపుణ్యం తో కూడిన

3



ప్రతి ఒక్కరూ లక్ష్య సాధన కోసం పని చేయాలి

- ఎన్ అండ్ పి గ్లోబల్ హైదరాబాద్ ఎగ్జిక్యూటివ్ డైరెక్టర్ రాహుల్ సింగ్

హైదరాబాద్, 28 జనవరి, ప్రాంత బోధక: ప్రతి ఒక్కరూ లక్ష్యాన్ని ఏర్పరుచుకొని లక్ష్య సాధన కోసం పని చేయాలని ఎన్ అండ్ పి గ్లోబల్ హైదరాబాద్ ఎగ్జిక్యూటివ్ డైరెక్టర్ రాహుల్ సింగ్ సూచించారు. యువత సాధికారత, నైపుణ్యాలపై నీటిబటి కళాశాలలో నిర్వహించిన వారం రోజుల కోర్సును ఈ నెల 23న ప్రారంభించగా శనివారం ముగింపు సమావేశానికి ఎన్ అండ్ పి గ్లోబల్ హైదరాబాద్ ఎగ్జిక్యూటివ్ డైరెక్టర్ రాహుల్ సింగ్ ముఖ్య అతిథిగా హాజరయ్యారు. ఈ సందర్భంగా ఆయన మాట్లాడుతూ వైతన్య సత్వ అనేది నీటిబటి నుండి మానవ విలువల గురుంచి నేర్పించే ఒక ద్రవ్య. ఈ ద్రవ్య ప్రతి వ్యక్తి యొక్క శారీరక, మానసిక, సామాజిక, భావోద్వేగ, అధ్యాత్మిక అభివృద్ధికి కృషి చేస్తుంది. ఇది ఏజెన్సీలు ద్వారా ఇంటింటికి విద్యార్థులకు నిర్దేశించినది. యువత సాధికారత మరియు నైపుణ్యాలపై ఒక వారం రోజుల కోర్సును ఈ నెల 23న ప్రారంభించి ఈ రోజు తో ముగిసినది. కోర్సు పూర్తిగా ఫ్రైండ్ మేనేజ్మెంట్ స్పెక్ట్రమ్, లక్ష్యాలను నిర్దేశించుకోవడానికి మరియు లక్ష్యాలపై దృష్టిని మెరుగుపరచడానికి వాటిమీద దృష్టి పెట్టేందుకు నైపుణ్యం తో కూడిన కార్యక్రమం నిర్వహించారు. రాహుల్ సింగ్ తన కళాశాసన విభాగం నుండి నిర్వహించిన కోర్సును వివరించారు. రాహుల్ సింగ్ తన కళాశాసన విభాగం నుండి నిర్వహించిన కోర్సును వివరించారు. రాహుల్ సింగ్ తన కళాశాసన విభాగం నుండి నిర్వహించిన కోర్సును వివరించారు.



ఎత్తైన, మనస్సు నిర్వహణ, ఎత్తైన నిర్వహణ, స్వీయ సమాఖ్య, నీటి, ప్రతికర, సమగ్రత అనే అంశాలు మీద వివరంగా చెప్పారు. ఈ కార్యక్రమానికి ఆర్ట్ అండ్ లివింగ్ హైదరాబాద్ సాంకేతికంగా మద్దతునిచ్చి, వంటి కృషి, వంటి కోసం రిపోర్ట్ వర్షన్ గా వ్యవహరించారు. రాహుల్ సింగ్ తన కళాశాసన విభాగం నుండి నిర్వహించిన కోర్సును వివరించారు. రాహుల్ సింగ్ తన కళాశాసన విభాగం నుండి నిర్వహించిన కోర్సును వివరించారు. రాహుల్ సింగ్ తన కళాశాసన విభాగం నుండి నిర్వహించిన కోర్సును వివరించారు.

COURSE OBJECTIVES



Improvement in learning and research competency.



Increase student employability.



Create opportunities for youth to develop their interpersonal skills.



Enhance abilities of youth to handle stressful conditions.



Improve relationship between teachers and students.

ABOUT THE COURSE

Founded in 1981 by Sri Sri Ravi Shankar, The Art of Living is an educational and humanitarian movement engaged in stress-management and service initiatives. The organization operates globally in 155 countries and has touched the lives of over 370 million people.

The programs are guided by Gurudev's philosophy of peace: "Unless we have a stressfree mind and a violence-free society, we cannot achieve world peace." To help individuals get rid of stress and experience inner peace, The Art of Living offers stresselimination programs which include breathing techniques, meditation, and yoga. These programs have helped millions around the world to overcome stress, depression, and violent tendencies.

Art of living strongly believes that educational institutions have the primary responsibility to inspire students towards a higher vision and create a strong sense of bonding between the institution and the students to nurture a stress-free holistic environment. We have organized various workshops for students as well as faculties in institutions across the globe and helped them achieve their goals. Many prestigious institutes across the globe like Harvard, Stanford, Cornell, Berkeley, Purdue, MIT, USC, Indian Institute of Technology, Indian Institute of Management, National Institute of Fashion Technology, XLRI have included youth programs of Art of Living in their curriculum and are being immensely benefited by the same.

INTRODUCTION TO YES+ COURSE

“Education has five aspects – information, concepts, attitude, imagination and freedom” – Gurudev Sri Sri Ravi Shankar.

Education is to prepare a person for life. To an experienced educationist, it is a well known fact that the age group of 18-30 years is extremely crucial. This is the age where issues of career, relationships, peer/parental pressures, and anxiety about the future, come to the fore simultaneously. For a youth bogged down by these issues, academic performance and development to their full potential suffers.

Educational institutions, thus, have the primary responsibility to not only inspire students towards a higher vision but also create a strong sense of bonding between the institution and the students to nurture a stress-free holistic environment.

As per the New Education Policy (NEP), a quality higher education must enable personal accomplishment and enlightenment, constructive public engagement, and productive contribution to society. The key to more vibrant, socially-engaged, and cooperative communities and a happier, cohesive, cultured, productive, innovative, progressive, and prosperous nation needs to be unlocked for the students for their holistic development.

The course offered at CHAITHANYA BHARATHI INSTITUTE OF TECHNOLOGY is similar for the all-round development of students in their personnel and professional worlds, that actually intend to the mind management.

This course was offered for a week at the college for the interested students with an incoming amount of 2700/- .

The course has its concerned module to complete with in the allotted period .

COURSE MODULES

The Value Added Course on Youth Empowerment & Skills is an excellent blend of interactive intense group processes, talks, presentations and fun based learning methodology, that helps students to enhance their lives. The basic program content includes:

- Breathing techniques (the world-renowned & well-researched Sudarshan Kriya)
- Group discussions and role-play to inculcate life-skills
- Talks and presentations to bring out attitudinal and behavioural changes
- Group activities & games to develop public speaking and interpersonal communication skills
- Responsibility, initiative & leadership modules
- Time management & teamwork modules
- Yoga asanas and pranayama to increase concentration & build confidence

COURSE CONTENT

The course consists of these fun and knowledge filled unique interactive sessions.

Sl.no	Sessions
01	Skilful Communication
02	Introduction to Breath: Breath and Emotions
03	Mind Management
04	Energy and 7 levels of Existence
05	Ego, Confidence and Peer Pressure
06	Time management and Goal Settings
07	Stress
08	Self and Society
09	Leadership
10	Emotional Intelligence
11	Nutrition and our Body
12	Lifestyle and Environment
13	EMI-Ethics, Morality, and Integrity

The above contents are being covered in a week course that's being held in college premises in the seminar hall, above canteen from 3-01-2023 to 8-01-2023.

The description for each day course contents are written below:

Report of Value Added Course on YOUTH EMPOWERMENT AND SKILLS(YES!+) Programme
Jan-Mar-2023

23-01-2023

Session-1

Speaker:-Mr. Abhishek Yadav Garu , Art of Living Facilitator, Hyderabad

Topic:-SKILLFUL COMMUNICATION

Time:-5:00pm-6:30pm



• This session is to make the students understand the importance of effective communication and to give them practical tips on how to improve it. Students will become aware of their way of communication and will improvise by practice. This will improve their confidence and expression. Discussed about Introduction and Welcome, Basics of Communication, Types of Listening, Types of Questioning, Listening game (Riddle), Power Breathing (Ujjai breath) and Guided Meditation.

24-01-2023

Session-2

Speaker:-Mr. Krishna Garu , Art of Living Facilitator, Hyderabad

Topic:- Introduction to Breath: Breath and Emotions

Time:-4:00pm-6:30pm



o Discussion of the relationship between the rhythms of our breath and our emotional state. The relationship between our emotions and our Sympathetic and Parasympathetic Nervous System. Instruction and practice of the Healing Breath technique (Sudarshan Kriya). Students will understand how their own emotions are tied to the breath and nervous system. They will experience how the Sudarshan Kriya affects emotions, memory and overall well-being. Introduced to the Sudarshan Kriya, Emotions and the Breath, Rhythms of the Breath and their Relation to Emotions, Emotions, Sympathetic and Parasympathetic Nervous System, Breath -- Mind -- Body Connections and Sudarshan Kriya

25-01-2023

Session-3

Speaker:-Mr. Anurag Srinivas Garu, Art of Living Facilitator, Hyderabad

Topic:-Mind Management

Time:-4:00pm-5:00pm



o Discussed the fundamentals of how the mind works, the tendencies and habits of the mind, the relationship between our state of mind and happiness and mind. Discussion and practice of how to quieten the mind to increase focus and mental clarity. The practice of light Yoga, Power Breathing, Three Stage Breathing, and Sudarshan Kriya. By this session, Students will understand their own mental tendencies and habits and how to change them. They will experience how the Sudarshan Kriya can increase energy and break negative thought patterns, freeing up the mind and bringing greater clarity and focus. Discussed about Happiness and the Mind, The Inevitability of the Present Moment, Judgment and Acceptance, Tendencies of the human mind and What you resist shall persist.

25-01-2023

Session-4

Speaker:-Mr. Krishna Garu , Art of Living Facilitator, Hyderabad

Topic:-Energy and 7 Levels of Existence

Time:-5:00pm-6:30pm



o In sighted into the seven levels of our existence and how they impact our emotions and state of mind. Discussion of the sources of energy, how we can increase our own energy, and the relationship between our energy level and our state of mind. By this session, Students will understand how their own bodies, minds, intellect and emotions interrelate. Students will understand sources of energy, and how to increase energy in their own lives by attending to levels of existence. They will experience how breathing techniques can increase energy. Discussed about The Seven Levels of Body, Mind, Intellect and Emotions; Sources of Energy, Prana and the Breath, Food: Types of Food and Its Effect, Effect of Food on the Body, Effect of Food on the Mind, Energy and the Mind, Focus and Concentration, Sleep and Its Effect on the Body/Mind Complex and Bringing the Mind to the Present.

27-01-2023

Session-5

Speaker:-Mr. Krishna Garu , Art of Living Facilitator, Hyderabad

Topic:-Ego, Confidence and Peer Pressure

Time:-4:00pm-5:00pm



•Discussion of anxiety and confidence, how to feel at home with different kinds of people and different environments. Introduction to technique to free oneself of one's ego and inhibitions. Students will understand how to handle their own ego. They will gain insight into how others' opinions affect their personalities and decisions. Discussed about how to overcome Anxiety and Confidence , Ego, When Ease Goes, Opinions, Inhibitions, and their Impact on Life The Ego-Handling Technique.

27-01-2023

Session-6

Speaker:-Mr. Krishna Garu , Art of Living Facilitator, Hyderabad

Topic:- Time Management and Goal Settings

Time:-5:00pm-6:30pm



o Equipped To make students proficient with time management and to make them self realize how they can make extra time everyday by applying simple time management techniques. To empower them with simple tool which can enhance their concentration manifold. After this session, Students will become more productive and efficient at work. Their focus will be enhanced and they will learn to manage time much better. Discussed about Practical knowledge to eliminate counterproductive activity, How to enhance learning ability ;Techniques and interactive processes to improve memory, concentration & focus and Concentration Pranayama.

28-01-2023

Session-7

Speaker:-Mr. Anurag Srinivas Garu, Art of Living Facilitator, Hyderabad

Topic:-Stress Management

Time:-9:00am-10:30am



o Discussed sources of stress and the psychology of stress, followed by an overview of techniques to address stress and an introduction to breathing techniques. Students set personal and class-room goals. After this session, Students will gain greater understanding of stress in their own lives and will experience how breathing techniques can reduce stress. Also discussed about Sources of Stress, Stress and the Body, Stress and the Mind, Stress and the Emotions, What is Stress?, Physiology and Stress, Psychology and Stress, Overview of Techniques for Stress Reduction, Techniques and their Effect on Physiology and Psychology and The Role of the Breath.

28-01-2023

Session-8

Speaker:-Mr. Krishna Garu , Art of Living Facilitator, Hyderabad

Topic:- *Self and Society*

Time:-10:30am-11:30am



Learn techniques to improve interpersonal relations and to keep our mind free from negativity. Discussion of our roles in society, our responsibility to ourselves and our ability to contribute to our community. Introduce service learning, discuss projects and contributions possible by us with our lives as they are now. Learn and practice home version of Sudarshan Kriya, in addition to previously learned breathing techniques. After this session, Students will understand how to manage their interpersonal relationships with acceptance and improved communication. They will be able to navigate the roles they play in life. Students will notice needs in their school, work, or in their communities they can take on more responsibility for. Discussed about Interpersonal Relations, The Modes of Acceptance, People, Situations, The Complementary Nature of Opposite Values, Roles in Life, Responsibility and Service – Impacting our Communities and the World.

28-01-2023

Session-9

Speaker:-Mr. Anurag Srinivas Garu, Art of Living Facilitator, Hyderabad

Topic:-Leadership Quality

Time:-11:30am-12:30pm



o Discussion of the qualities of a leader – giving 100%, responding to the needs of a situation, and maintaining enthusiasm. Discussion of power of teamwork. Brainstorming for team service projects and break into teams. Practice of home Sudarshan Kriya and other breathing and yoga techniques. After this session, Students will gain a grasp of personal power and charisma of leaders, and understand ways to increase their own leadership qualities. By developing a service project, they will be able to experiment with and integrate these principles and practices into their own lives in a supported environment. Discussed about The Qualities of a Leader, Giving 100%, Taking responsibility, The Role of Enthusiasm, Power of a Team, Brainstorming for Team Service Projects, Break into Service Project Teams with Task Lists and Agenda.

28-01-2023

Session-10

Speaker:-Mr. Krishna Garu , Art of Living Facilitator, Hyderabad

Topic:-Emotional Intelligence

Time:-1:00pm-3:00pm



o Discussed tendencies of the mind, including worry, regret and aversion. Learn how to use practices to overcome negative mental habits (i.e. complaining, gossiping) and strengthen positive mental qualities (i.e. focus and commitment.). Discussion of time-management and prioritization. After this course, Students will be able to observe their mental tendencies in their daily life. They can apply practices and principles to develop discipline over their own minds. Service projects provide a direct opportunity to experience these principles; students can test this knowledge by seeing how it helps them overcome challenges and navigate team disagreements. Also discussed about Discipline and the Mind, The Fluctuation of the Mind from Past to Future, Love/ Hate/ Fear/ Regret, Practice and Daily Life, Quieting the Busy Mind, Focus and Commitment How to handle failure, Examples of role models who have failed and then went on to succeed and Root cause of anger and practical techniques to manage anger.

28-01-2023

Session-11

Speaker:-Mr. Anurag Srinivas Garu , Art of Living Facilitator, Hyderabad

Topic:- Nutrition and Our Body

Time:-3:00pm-4:00pm



o Discussed how, what we put into our bodies affects our minds, emotions, and life patterns. Environmental sources of food, relationships between food and energy, and right types/amount of food for our lifestyles will be discussed. Discussion of how our nutritional choices affect the planet and what we can do about it. After this session, students will gain greater awareness of how food affects their mental and emotional states. They will understand how food choices (organic vs. processed food) affects their daily energy and emotional states. By examining their food choices in the context of their impact on the physical environment, they will be inspired to make healthier food choices not only for personal health, but for environmental sustainability. Also discussed Relations with Food, Impact of different foods on the body, mind, and emotions, Food and Environmental Responsibility.

28-01-2023

Session-12

Speaker:-**Mr. Krishna Garu , Art of Living Facilitator, Hyderabad**

Topic:- **Lifestyle And Environment**

Time:-**4:00pm-5:00pm**

Discussion on how the way we treat our bodies affects our minds, emotions, relationships, and the world around us. Alcohol and drugs, and healthy/unhealthy habits will be explored. This session connects our life choices to their global consequences. Students select a bad habit to break, and choose a habit-breaking buddy. After this session, Students will gain greater awareness of how they are affected by their physical and emotional habits (i.e. alcohol and drugs). By examining their own life choices in the context of their impact on their immediate responsibilities (i.e. impact of partying late on performance in service project meetings) and on the greater world, they will develop greater social responsibility. Also discussed on Nature of Habits, How to Develop Good Habits/Break Bad Habits, Impact on the Body, Mind and Emotions of procreative activities, Drugs and Alcohol and their Effects on the Body, Mind, and Emotions, Life Choices and the Environment, Direct Application: Life Choices and Team Dynamics and Direct Application: Break Your Own Bad Habit (with buddy).

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28-01-2023

Session-13

Speaker:-Mr. Krishna Garu , Art of Living Facilitator, Hyderabad

Topic:-EMI-Ethics, Morality and Integrity

Time:-5:00pm-6:30pm



Discussion on ethics, morals and integrity to make them realize their role in building a strong nation as future leaders. After this session, Students will understand the nuances and differences between ethics, morals and integrity and be able to integrate these values into their code of conduct, leading to the creation of morally upright and strong youth leaders. Also discussed on Why Ethics are a fundamental necessity in society, Examples of how non adherence led to major economic crises worldwide, Role Models and how integrated their lives are, Role of youth in being future leaders of the nation.

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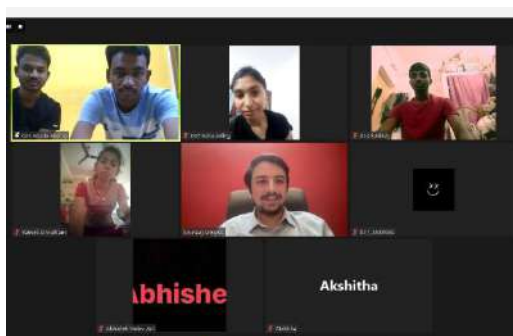
01-02-2023

Session-14

Speaker:-Mr. Anurag Srinivas Garu , Art of Living Facilitator, Hyderabad

Topic:- Follow up and practice

Time:-5:00pm-6:30pm



Learnt some warmup exercises and done Sudharshan kriya. Also had a interactive session with our facilitator Anurag Garu. Participants had a pleasant feeling after the session.

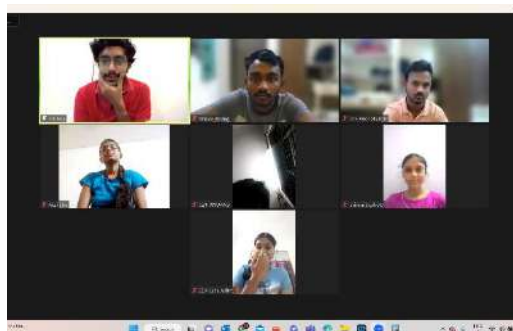
08-02-2023

Session-15

Speaker:-Mr. Krishna Garu, Art of Living Facilitator, Hyderabad

Topic:- Follow up and practice

Time:-5:00pm-6:30pm



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Started with Learning some warmup exercises and done Sudharshan kriya. Also had an interactive session with our facilitator Krishna Garu. Participants had a pleasant feeling after the session. Some of the participants told their experience of the session.

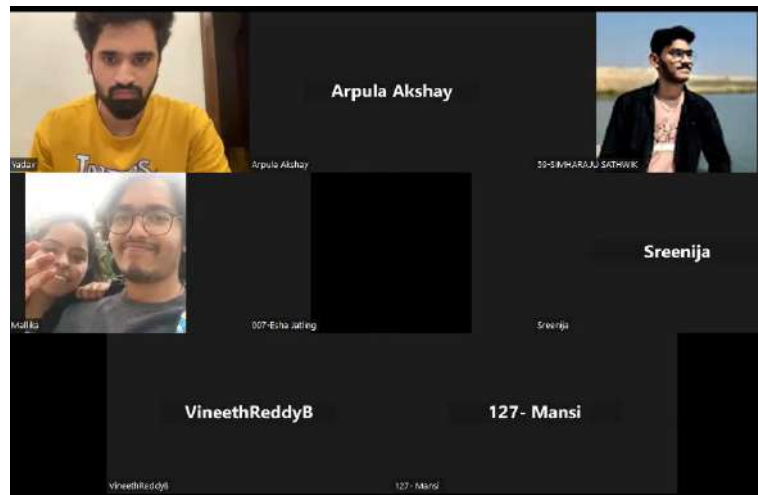
15-02-2023

Session-16

Speaker:-Mr. Abhishek Yadav Garu, Art of Living Facilitator, Hyderabad

Topic:- Follow up and practice

Time:-5:00pm-6:30pm



Practiced some tricks and exercise regarding facial skin. Learnt some warmup exercises and done Sudharshan kriya. Also had an interactive session with our facilitator Abhishek Garu. He enlightened our participants by giving a lecture on Wisdom.

22-02-2023

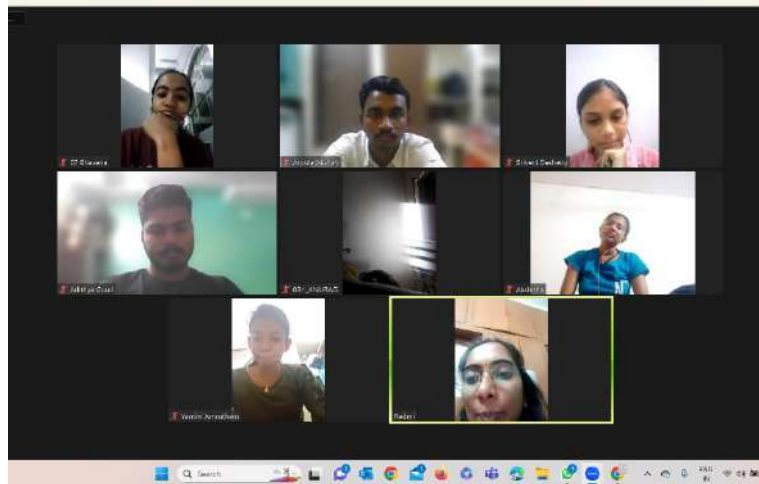
Session-17

Speaker:-Ms. Divya , Art of Living Facilitator, Hyderabad

Topic:- Follow up and practice

Report of Value Added Course on YOUTH EMPOWERMENT AND SKILLS(YES!+) Programme
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Time:-5:00pm-6:30pm



Had a small meditation practice, learnt some warmup exercises and done Sudharshan kriya. Also had an interactive session with our facilitator Divya. Divya mam told some beautiful quotes and gave clarity on Wisdom. Participants had a pleasant feeling after the session.

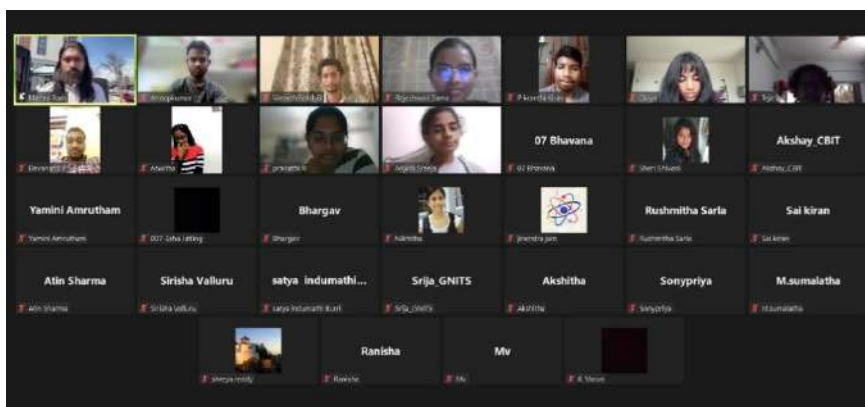
01-03-2023

Session-18

Speaker:-Mr. Manas Ram Garu, Art of Living International Facilitator, USA

Topic:- Follow up and practice

Time:-7:00pm-9:00pm



Had an interactive session with our International facilitator Manas Ram Garu. Many students across Hyderabad joined in the session. Manas Garu beautifully elaborated on wide range of topics like desires,

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aspirations, yoga sutras, money management and investing wisely. He also shared his views on peer comparison and how sense of belongingness help deal with peer pressure. He also talked about importance of sadhana which makes us centered.

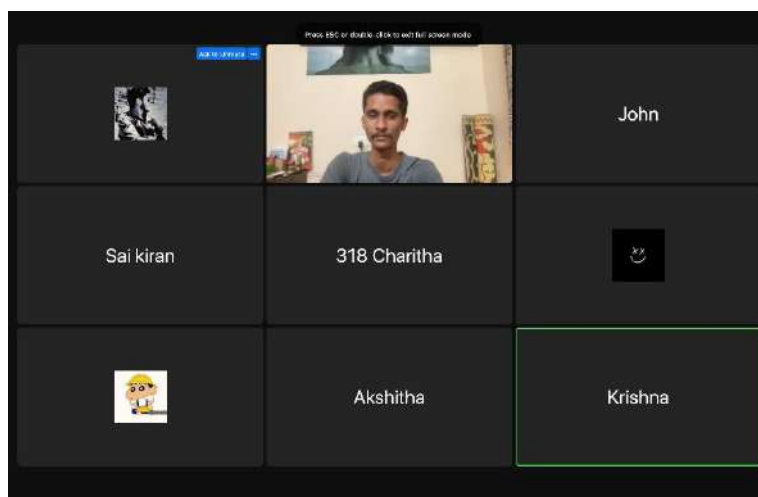
15-03-2023

Session-19

Speaker:-Ms. Krishna Garu , Art of Living Facilitator, Hyderabad

Topic:- Follow up and practice

Time:-5:00pm-6:30pm



Had a small meditation practice, Learnt some warmup exercises and done Sudharshan kriya. Also had an interactive session with our facilitator Divya. Divya mam told some beautiful quotes and gave clarity on Wisdom. Participants had a pleasant feeling after the session.

29-03-2023

Session-20

Topic:- Evaluation

Time:-12:00pm-1:30pm

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Conducted an exam which consist of 15 questions that include MCQs, Fill in the blanks and one descriptive. Out of 24 participants , 20 have attended the exam. So, the students who have achieved more than 40% in their evaluation and having 70% of the attendance have received their certificate.

24-04-2023

Session-21

Topic:- Valedictory Session

Time:-12:00pm-12:30pm



On Human Values Day, Chaitanya Sattva Club conducted an event. In that event, Certificates have been given by The Chief Guest ' Raghu Ram Garu ', Joint Student Advisor and Head of Department, Civil ' Dr. Jagannatha Rao sir' and Convenor 'Dr. G. Suresh Babu' , to Participants and Organizes of the event.

CONCLUSION

Happy campuses are known by the expanse of harmony and sense of belongingness amongst the students, teachers and the administration. In this fast-paced competitive environment, there is a strong need for the institutes to develop a holistic approach. Educational institutions have the primary responsibility to not only inspire their students to excel academically but also should inculcate a sense of belongingness towards the society.

Our innovative life-skills training programs combine mind-body-breath practices with interactive discussions and experiential processes so that students can gain valuable skills to better navigate the personal, social, and academic landscape and pressures of college.

The flexible and innovative curriculum shall emphasise on offering credit-based courses and projects in the areas of community engagement and service, environmental education and value-based education. Value-based education should include developing humanistic, ethical, oral and universal human values of truth (satya), peace (shanti), non-violence (ahimsa), righteous conduct (dharma) and love (prem), citizenship values and also life-skills, in personality development, teaching, learning and governance. Lessons in seva/service and participation in community service programmes will also be considered an integral part of holistic arts education.



**CHAITANYA BHARATHI
INSTITUTE OF TECHNOLOGY (A)**

Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. www.cbit.ac.in



COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

44
years

Department of EEE in Association with Chaitanya Sattva: A UHV cell of CBIT

VALUE ADDED COURSE ON YES!+

January-March 2023

CERTIFICATE OF PARTICIPATION

This is to certify that Mr. / Ms.of.....
.....has participated in “Value Added Course
on Youth Empowerment and Skills(YES!+)” in January-March 2023 at Chaitanya Bharathi Institute of Technology
(A), Hyderabad - 500 075, Telangana, India.

Dr. G. Suresh Babu
Convener

Dr. P. Ravinder Reddy
Principal, CBIT



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VALUE ADDED COURSE ON YES!+

January-March 2023

CERTIFICATE OF APPRECIATION

This is to certify that Mr. / Ms.of.....
.....has worked as Organizer of “Value Added
Course on Youth Empowerment and Skills(YES!+)” in January-March 2023 at Chaitanya Bharathi Institute of
Technology (A), Hyderabad - 500 075, Telangana, India.

Dr. G. Suresh Babu
Convener

Dr. P. Ravinder Reddy
Principal, CBIT

	NAMES	roll no	branch	Phone numbers	23-01-2023	24-01-2023	25-01-2023	27-01-2023	28-01-2023
1	Gudem Shruthika		IT	9666370136	A	A	A	A	A
2	BHAVANA	160121734007	EEE	9440420687	Bhavana	Bhavana	Bhavana	Bhavana	Bhavana
3	Thousif udhin	160121748060	CSE	9884639786	Thousif	Thousif	Thousif	Thousif	Thousif
4	Kathi shishir	160121733125	CSE	9701289153					
5	Evss.sahithi	160121732005	CIVIL	9390674655	A	A	A	A	A
6	J.asha	160121732007	CIVIL	8019989965	J.Asha	J.Asha	J.Asha	J.Asha	J.Asha
7	B.Akshitha	160121732304	CIVIL	8688836951	Akshitha	Akshitha	Akshitha	Akshitha	Akshitha
8	G.Anurag	160121732031	CIVIL	7702639429	Anurag	Anurag	Anurag	Anurag	Anurag
9	SONTE YASHASWINI	160121734016	EEE	7670975770	Sonte	Sonte	Sonte	Sonte	Sonte
10	sriveni	160121748303	CSE	9989042964	Sriveni	Sriveni	Sriveni	Sriveni	Sriveni
11	Nitish	160121732032	CIVIL	8332921800	Nitish	Nitish	Nitish	Nitish	Nitish
12	chetan	160121733034	CSE	8125442308	Chetan	Chetan	Chetan	Chetan	Chetan
13	sathwik simharaju	160121734059	EEE	9381361629	Sathwik	Sathwik	Sathwik	Sathwik	Sathwik
14	Aditya	160121734058	EEE	9703006677	Aditya	Aditya	Aditya	Aditya	Aditya
15	lalith	160121734035	EEE	7981034096	Lalith	Lalith	Lalith	Lalith	Lalith
16	renuka	160120732012	CIVIL	8790365879	Renuka	Renuka	Renuka	Renuka	Renuka
17	charitha	160120737318	IT	6301666899	Charitha	Charitha	Charitha	Charitha	Charitha
18	varun	160120735115	ECE	8919435017	Varun	Varun	Varun	Varun	Varun
19	samanvith	160120736100	MECH	6303761841	Samanvith	Samanvith	Samanvith	Samanvith	Samanvith
20	shivathmika	160120737134	IT	9392388744	Shivathmika	Shivathmika	Shivathmika	Shivathmika	Shivathmika
21	neha	160120771010	AIDS	9440163372	Neha	Neha	Neha	Neha	Neha
22	Vineeth	160120737160	IT	8500804963	Vineeth	Vineeth	Vineeth	Vineeth	Vineeth
23	Regu Sai Kiran	160120736097	MECH	9121738876	R.Saikiran	R.Saikiran	R.Saikiran	R.Saikiran	R.Saikiran
24	A.Arsmi Yamini	16012224474	CIC	9246732497	A.Arsmi Yamini	A.Arsmi Yamini	A.Arsmi Yamini	A.Arsmi Yamini	A.Arsmi Yamini

(C. Sasidharan)

S P H

NAMES	roll no	branch	Phone numbers	01-02-2023	08-02-2023	15-02-2023	22-02-2023	01-03-2023	15-03-2023	29-03-2023	05-04-2023
Gudem Shruthika		IT	9666370136	A	A	A	A	A	A	A	A
BHAVANA	160121734007	EEE	9440420687	A	A	A	A	A	A	A	A
Thousif udhin	160121748060	CSE	9884639786	A	A	A	A	A	A	A	A
Kathi shishir	160121733125	CSE	9701289153	A	A	A	A	A	A	A	A
Evss.sahithi	160121732005	CIVIL	9390674655	A	A	A	A	A	A	A	A
J.asha	160121732007	CIVIL	8019989965	A	A	A	A	A	A	A	A
B.Akshitha	160121732304	CIVIL	8688836951	A	A	A	A	A	A	A	A
G.Anurag	160121732031	CIVIL	7702639429	A	A	A	A	A	A	A	A
SONTE YASHASWINI	160121734016	EEE	7670975770	A	A	A	A	A	A	A	A
sriveni	160121748303	CSE	9989042964	A	A	A	A	A	A	A	A
Nitish	160121732032	CIVIL	8332921800	A	A	A	A	A	A	A	A
chetan	160121733034	CSE	8125442308	A	A	A	A	A	A	A	A
sathwik simharaju	160121734059	EEE	9381361629	A	A	A	A	A	A	A	A
Aditya	160121734058	EEE	9703006677	A	A	A	A	A	A	A	A
lalith	160121734035	EEE	7981034096	A	A	A	A	A	A	A	A
renuka	160120732012	CIVIL	87903665879	A	A	A	A	A	A	A	A
charitha	160120737318	IT	6301666899	A	A	A	A	A	A	A	A
varun	160120735115	ECE	8919435017	A	A	A	A	A	A	A	A
samanwith	160120736100	MECH	6303761841	A	A	A	A	A	A	A	A
shivathnika	160120737134	IT	9392388744	A	A	A	A	A	A	A	A
neha	160120771010	AIDS	9440163372	A	A	A	A	A	A	A	A
Vineeth	160120737060	IT	8500804963	A	A	A	A	A	A	A	A
Regu Sai Kiran	160120736097	MECH	9121738876	A	A	A	A	A	A	A	A
A. Laxmi Yamini	160122749004	CSE	9246737495	A	A	A	A	A	A	A	A

(Handwritten signature)
C. S. Srisudhany

NAMES	roll no	branch	Phone numbers	marks obtained out of 15	hours attended out of 32 hours
A. Laxmi Yamini	160122749004	CSE	9246737495	9	27
Aditya	160121734058	EEE	9703006677	8	26
B.Akshitha	160121732304	CIVIL	8688836951	12	30
BHAVANA	160121734007	EEE	9440420687	13	24
charitha	160120737318	IT	6301666899	9	24
chetan	160121733034	CSE	8125442308	13	23
Evss.sahithi	160121732005	CIVIL	9390674655	ab	0
G.Anurag	160121732031	CIVIL	7702639429	8	26
Gudem Shruthika		IT	9666370136	ab	0
J.esha	160121732007	CIVIL	8019989965	12	28
Kathi shishir	160121733125	CSE	9701289153	14	25
lalith	160121734035	EEE	7981034096	ab	5
neha	160120771010	AIDS	9440163372	14	23
Nitish	160121732032	CIVIL	8332921800	13	25
Regu Sai Kiran	160120736097	MECH	9121738876	7	23
renuka	160120732012	CIVIL	8790365879	10	23
samanwith	160120736100	MECH	6303761841	13	23
sathwik simharaju	160121734059	EEE	9381361629	11	24
shivathmika	160120737134	IT	9392388744	13	23
SONTE YASHASWINI	160121734016	EEE	7670975770	9	24
sriveni	160121748303	CSE	9989042964	9	28
Thousif udhin	160121748060	CSE	9884639786	ab	5
varun	160120735115	ECE	8919435017	8	23
Vineeth	160120737060	IT	8500804963	12	26



Yes!

160120726100

T. Sri Lakshmi

Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world _____
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on Happiness index
3. The meaning of Sagathchadwam is _____
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means _____
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment _____
a) Body b) Water c) Food d) Breath
6. Don't see _____ behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day _____
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means _____
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as _____
a) Ujjai b) Viiay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation _____
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are _____
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the _____
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives _____
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from _____
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

A) opposite values are complimentary and they coexist.
Live in a present moment. do not think about the past or future unnecessarily it increases tension. Just do the things which you aspire to do. without expecting anything from anyone (or) do not expect any result. live happily.



Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world Mind.
a) Satellite b) Artificial intelligence c) ChatGpt Mind
2. The Quality of life depends on state of mind.
3. The meaning of Sagathchadwam is let's run together.
 Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means Accept everything
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action Accept everything
5. How to get mind to the present moment breath.
 Body b) Water c) Food Breath
6. Don't see intentions behind others mistakes
a) Mistakes b) Outcome c) Values Intentions
7. Total amount of breath we consume every day 5000 Litres
a) 100 Litres b) 1000 Litres 5000 Litres 10000 Litres
8. Ujjai breath means breath of energy
 Breath of energy b) Breath of Ujjain c) Breath of Victory Breath of defeat
9. The Power breath is also called as Bhastrika
a) Ujjai b) Vijay c) Astrika Bhastrika
10. Who started The Art of Living foundation sri sri Ravi Shankar.
a) Jaggi Vasudev b) Baba Ramdev Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are complimentary and coexist together.
a) Opposites Complimentary to each other c) Negatives Complimentary and Coexist together





12. Live in the present moment.
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives power.
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from people.
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

⇒ Being consistent, self exploration,

don't see intentions behind others mistakes,





Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world _____
a) Satellite b) Artificial intelligence c) ChatGpt d) ~~Mind~~
2. The Quality of life depends on state of mind
3. The meaning of Sagathchadwam is _____
a) Let's run together b) Let's eat together c) Let's play together d) ~~Let's move together~~
4. Active acceptance means _____
a) Accept and don't take any action b) Don't accept anything c) ~~Accept and take an active action~~ d) Accept everything
5. How to get mind to the present moment _____
a) Body b) Water c) Food d) ~~Breath~~
6. Don't see _____ behind others mistakes
a) Mistakes b) Outcome c) Values d) ~~Intentions~~
7. Total amount of breath we consume every day _____
a) 100 Litres b) 1000 Litres c) ~~5000 Litres~~ d) ~~10000 Litres~~
8. Ujjai breath means _____
a) ~~Breath of energy~~ b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as _____
a) Ujjai b) Vijay c) ~~Astrika~~ d) ~~Bhastrika~~
10. Who started The Art of Living foundation _____
a) ~~Jaggi Vasudev~~ b) Baba Ramdev c) ~~Sri Sri Ravi Shankar~~ d) Yogi Adithyanath
11. Opposite values are _____
a) ~~Opposites~~ b) Complimentary to each other c) ~~Negatives~~ d) ~~Complimentary and Coexist together~~





12. Live in the _____
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives _____
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from _____
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

* Don't become football of other's intentions

→ This point is most remembrance & touched to

- my heart.

→ coz, everyone everywhere at some situations

will say mean things to us at some perspective.

→ So; In this course I have learned a

valuable point i.e

"Don't Become football of other's intentions"

So; I am not fluctuating to other's opinion.

I am trying hard on this point.



Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world MIND
a) Satellite b) Artificial intelligence c) ChatGpt d) ~~Mind~~
2. The Quality of life depends on breath.
3. The meaning of Sagathchadwam is let's move together.
a) Let's run together b) Let's eat together c) Let's play together d) ~~Let's move together~~
4. Active acceptance means _____
a) Accept and don't take any action b) Don't accept anything c) ~~Accept and take an active action~~ d) Accept everything
5. How to get mind to the present moment _____
a) Body b) Water c) Food d) ~~Breath~~
6. Don't see _____ behind others mistakes
a) Mistakes b) Outcome c) Values d) ~~Intentions~~
7. Total amount of breath we consume every day _____
a) 100 Litres b) 1000 Litres c) ~~5000 Litres~~ d) 10000 Litres
8. Ujjai breath means _____
a) ~~Breath of energy~~ b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as _____
a) Ujjai b) Vijay c) Astrika d) ~~Bhastrika~~
10. Who started The Art of Living foundation _____
a) Jaggi Vasudev b) Baba Ramdev c) ~~Sri Sri Ravi Shankar~~ d) Yogi Adithyanath
11. Opposite values are _____
a) Opposites b) ~~Complimentary~~ to each other c) Negatives d) Complimentary and Coexist together





12. Live in the _____
a) Black hole b) Past moment c) Future moment d) ~~Present moment~~

13. Responsibility gives _____
a) Increases the comfort zone b) ~~Happiness~~ c) ~~Power~~ d) All the above

14. The wisdom for happiness is delinking it from _____
a) ~~Money~~ b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

→ By this course we can improve our inner energy & can increase our confidence.

→ can increase our emotions in a right way control



Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world _____
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on Ourself
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
3. The meaning of Sagathchadwam is _____
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means _____
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment _____
a) Body b) Water c) Food d) Breath
6. Don't see _____ behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day _____
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means _____
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as _____
a) Ujjai b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation _____
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are _____
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the _____
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives _____
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from _____
a) Money b) Wealth. c) People d) People and situations

15. Explain any knowledge point you remember from the course?

→ we can get everything in package
→ Happiness will not be experienced alone





Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world Mind
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on happiness index.
3. The meaning of Sagathchadwarn is Let's move together
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means (c)
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment - Breath
a) Body b) Water c) Food d) Breath
6. Don't see Intentions behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day 10000 litres
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means Breath of victory.
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as Bhastrika
a) Ujjai b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation Gurudev Sri Sri Ravi Shankar Ji
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are (d)
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the Present Moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives (c)
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from (b)
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

A15) Live in the present moment is the 1st knowledge point of the Art of Living. Often our minds gets stuck in the past or we think about the future. Wondering about past ~~or~~ ~~or~~ ~~or~~ future may sometimes give happiness, depression or regret. Similarly thinking about may make us feel anxious. But our life exists in the present. We live in this minute, in this second. If we think past as a dream and future as something that we can build, life gets much easier & ~~we need to~~ we continue to stay in happy state of mind.



Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world _____
a) Satellite b) Artificial intelligence ~~c) ChatGpt~~ d) Mind
2. The Quality of life depends on happiness
3. The meaning of Sagathchadwam is _____
a) Let's run together b) Let's eat together c) Let's play together ~~d) Let's move together~~
4. Active acceptance means _____
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action ~~d) Accept everything~~
5. How to get mind to the present moment _____
a) Body b) Water c) Food ~~d) Breath~~
6. Don't see _____ behind others mistakes
a) Mistakes b) Outcome c) Values ~~d) Intentions~~
7. Total amount of breath we consume every day _____
~~a) 100 Litres~~ b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means _____
a) Breath of energy b) Breath of Ujjain ~~c) Breath of Victory~~ d) Breath of defeat
9. The Power breath is also called as _____
~~a) Ujjai~~ b) Vijay c) Astrika ~~d) Bhastrika~~
10. Who started The Art of Living foundation _____
a) Jaggi Vasudev b) Baba Ramdev ~~c) Sri Sri Ravi Shankar~~ d) Yogi Adithyanath
11. Opposite values are _____
a) Opposites ~~b) Complimentary~~ to each other c) Negatives d) Complimentary and Coexist together





12. Live in the _____
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives _____
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from _____
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

→ We get everything in package.

Happiness alone will not come.

→ We know that we are happy when we
are not sad

→





Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world Mind
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on thinking skills
3. The meaning of Sagathchadwam is lets move together
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means accept and take an active action
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment Breath
a) Body b) Water c) Food d) Breath
6. Don't see Intentions behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day 10000 lts
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means Breath of victory
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as Bhastrika
a) Ujjai b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation Sri Sri Ravi Shankar
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are complimentary and Coexist together
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together



RV



Yes!

12. Live in the Present moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives All of the above
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from Money
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

Opposite values are complimentary and coexist together.
Everything we do, whether its bad or good will
comeback to us at some point and time.



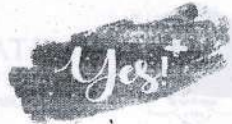


Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world mind
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on state of mind
3. The meaning of Sagathchadwam is let's move together
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means Accept everything
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment Breath
a) Body b) Water c) Food d) Breath
6. Don't see Intentions behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day 5000 litres
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means Breath of victory
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as ghastrika
a) Ujjai b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation Sri Sri Ravi Shankar
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are complimentary and co-exist together
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the Present moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives Power
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from money & wealth
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

The knowledge point from the course is not worrying about the people's opinion.





Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world mind
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on state of mind
3. The meaning of Sagathchadwam is Let's move together
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means accept everything
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment Breath
a) Body b) Water c) Food d) Breath
6. Don't see intentions behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day 5000 litres
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means Breath of victory
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as Ujjai
a) Ujjai b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation Sri Sri Ravi Shankar
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are complimentary to each other
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the Present moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives power
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from people
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

Soul is main part which controls all other things like mind, memory, ego, etc... To keep it in a calm position the kriya will help us to regain it.



Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world mind
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on our state of mind
3. The meaning of Sagathchadwam is let's move together
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means accept & take an active action
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment Breath
a) Body b) Water c) Food d) Breath
6. Don't see defusions behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day 10000
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means Breadth of energies
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as Bhastrika
a) Ujjai b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation Sri Sri Ravi Shankar
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are complimentary Coexist
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the present moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives all of the above
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from people in situations
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

Don't see intentions behind other's mistakes.
If you see the intention you will be in
tension.





Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world mind
a) Satellite b) Artificial intelligence c) ChatGpt d) ~~Mind~~
2. The Quality of life depends on Quality of thoughts
3. The meaning of Sagathchadwam is lets gelay together
a) Let's run together b) Let's eat together c) ~~Let's play together~~ d) Let's move together
4. Active acceptance means Accept and take active action
a) Accept and don't take any action b) Don't accept anything c) ~~Accept and take an active action~~ d) Accept everything
5. How to get mind to the present moment breath
a) Body b) Water c) Food d) ~~Breath~~
6. Don't see intentions behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day 5000
a) 100 Litres b) 1000 Litres c) ~~5000 Litres~~ d) 10000 Litres
8. Ujjai breath means breath of energy
a) ~~Breath of energy~~ b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as Bhastrika
a) Ujjai b) Vijay c) Astrika d) ~~Bhastrika~~
10. Who started The Art of Living foundation Sri Sri ravishankar
a) Jaggi Vasudev b) Baba Ramdev c) ~~Sri Sri Ravi Shankar~~ d) Yogi Adithyanath
11. Opposite values are complimentary and coexist together
a) ~~Opposites~~ b) Complimentary to each other c) ~~Negatives~~ d) Complimentary and Coexist together





12. Live in the present moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives power
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from people & situation
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

The main knowledge points I knew from course is that
the quality of our life depends on quality of our
thoughts





Yes!

160121748303

Saiveni

CSE-A12ML

Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world d
a) Satellite b) Artificial intelligence c) ChatGpt ~~d) Mind~~
2. The Quality of life depends on state of mind
3. The meaning of Sagathchadwam is a
~~a) Let's run together~~ b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means d
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action ~~d) Accept everything~~
5. How to get mind to the present moment d
a) Body b) Water c) Food ~~d) Breath~~
6. Don't see d behind others mistakes
a) Mistakes b) Outcome c) Values ~~d) Intentions~~
7. Total amount of breath we consume every day d
a) 100 Litres b) 1000 Litres c) 5000 Litres ~~d) 10000 Litres~~
8. Ujjai breath means c
a) Breath-of energy b) Breath of Ujjain ~~c) Breath of Victory~~ d) Breath of defeat
9. The Power breath is also called as a
~~a) Ujjai~~ b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation c
a) Jaggi Vasudev b) Baba Ramdev ~~c) Sri Sri Ravi Shankar~~ d) Yogi Adithyanath
11. Opposite values are b
a) Opposites ~~b) Complimentary~~ to each other c) Negatives d) Complimentary and Coexist together





12. Live in the d
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives c
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from b
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

Kriyas - These Kriya's will have some breathing techniques which keeps the mind calm.





Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world mind
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on health
3. The meaning of Sagathchadwam is let's move together
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means Accept everything
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment breath
a) Body b) Water c) Food d) Breath
6. Don't see intentions behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day 5000
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means breath of victory
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as bhastrika
a) Ujjai b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation Sri Sri Ravi Shankar
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are Complimentary and Coexist to each other.
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the Present moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives Power
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from money
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

Breathing techniques and how to concentrate more without feeling stress.



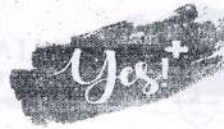


Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world Mind D
a) Satellite b) Artificial intelligence ChatGpt d) Mind
2. The Quality of life depends on Good state of Mind
3. The meaning of Sagathchadwam is Let's run together
 a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means Accept everything
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment Breath
a) Body b) Water c) Food d) Breath
6. Don't see Intentions behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day 5000 Litres
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means Breath of energy
 a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as Bhasbika
a) Ujjai b) Vijay c) Astrika d) Bhasrika
10. Who started The Art of Living foundation Sri Sri Ravi Shankar
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are Complimentary and Coexist together
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the Present moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives Power
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from People
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

- Don't see intentions behind others mistakes.
- Live in the present moment because,
- Future is a mystery, past is a history, present is a gift.

→





Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world Mind
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on ~~quality of thoughts~~ State of mind
3. The meaning of Sagathchadwam is Let's move together
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means accept everything
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment Breath
a) Body b) Water c) Food d) Breath
6. Don't see intentions behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day 5000 l.
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means Breath of energy
 a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as Bhastrika
a) Ujjai b) Viyai c) Astrika d) Bhastrika
10. Who started The Art of Living foundation Sri Sri Ravi Shankar
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are Complimentary to each other
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together






12. Live in the present moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives power
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from people, money
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

→  Live in the present moment
because,
this moment is inevitable.



Yes+

A. Chetan
CSE-1
2nd year

Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world Mind
a) Satellite b) Artificial intelligence c) ChatGpt d) ~~Mind~~
2. The Quality of life depends on mindset
3. The meaning of Sagathchadwam is let's move together
a) Let's run together b) Let's eat together c) Let's play together d) ~~Let's move together~~
4. Active acceptance means Accept and take an active action
a) Accept and don't take any action b) Don't accept anything c) ~~Accept and take an active action~~ d) Accept everything
5. How to get mind to the present moment Breath
a) Body b) Water c) Food d) ~~Breath~~
6. Don't see intentions behind others mistakes
a) Mistakes b) Outcome c) Values d) ~~Intentions~~
7. Total amount of breath we consume every day 5000 Litres
a) 100 Litres b) 1000 Litres c) ~~5000 Litres~~ d) 10000 Litres
8. Ujjai breath means Breath of victory
a) Breath of energy b) Breath of Ujjain c) ~~Breath of Victory~~ d) Breath of defeat
9. The Power breath is also called as Bhastrika
a) Ujjai b) Vijay c) Astrika d) ~~Bhastrika~~
10. Who started The Art of Living foundation Sri Sri Ravi Shanker
a) Jaggi Vasudev b) Baba Ramdev c) ~~Sri Sri Ravi Shankar~~ d) Yogi Adithyanath
11. Opposite values are complimentary to each other
a) Opposites b) ~~Complimentary to each other~~ c) Negatives d) Complimentary and Coexist together





A. Bharathi
1-230
10/10/20

12. Live in the present moment
a) Black hole b) Past moment c) Future moment d) Present moment
13. Responsibility gives All the above
a) Increases the comfort zone b) Happiness c) Power d) All the above
14. The wisdom for happiness is delinking it from people and situations
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

live in the present moment
Don't see intentions behind mistakes





Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world _____
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on the state of mind
3. The meaning of Sagathchadwam is _____
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means _____
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment _____
a) Body b) Water c) Food d) Breath
6. Don't see _____ behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day _____
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means _____
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as _____
a) Ujjai b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation _____
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are _____
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the _____
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives _____
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from _____
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

- Live in the present moment!

Many of us worry about the state of being in future or of the past that we lived.

Many forget that a right state of mind can accomplish a better and optimal thinking in tricky situations.

It's not just it, but the quality of life that one can imagine thereof, after following this sutra is extensively distinguished from the well-known failures of life.

So, we want to follow this formula in order to make the most out of our current time.



Yes!

R. Sarikiran
Mech F2

Youth Empowerment and Skills workshop (Value Added Course) IIIrd year

Assessment test

1. What's the most advanced technology in the world state
a) Satellite b) Artificial intelligence c) ChatGpt d) ~~Mind~~
2. The Quality of life depends on state of mind
3. The meaning of Sagathchadwam is _____
a) ~~Let's run together~~ b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means _____
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) ~~Accept everything~~
5. How to get mind to the present moment _____
a) ~~Body~~ b) ~~Water~~ c) Food d) ~~Breath~~
6. Don't see _____ behind others mistakes
a) Mistakes b) Outcome c) Values d) ~~Intentions~~
7. Total amount of breath we consume every day _____
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means _____
a) ~~Breath of energy~~ b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as _____
a) Ujjai b) Vijay c) Astrika d) ~~Bhastrika~~
10. Who started The Art of Living foundation _____
a) Jaggi Vasudev b) Baba Ramdev c) ~~Sri Sri Ravi Shankar~~ d) Yogi Adithyanath
11. Opposite values are _____
a) Opposites b) Complimentary to each other c) Negatives d) ~~Complimentary and Coexist together~~





12. Live in the _____
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives _____
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from _____
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

⇒ We learned many things in the course, we should be self confidence in doing any thing. I explored myself by deep inside me much. I also increased my concentration towards my things very much by doing this course.





Youth Empowerment and Skills workshop (Value Added Course)

Assessment test

1. What's the most advanced technology in the world mind
a) Satellite b) Artificial intelligence c) ChatGpt d) Mind
2. The Quality of life depends on the state of mind
3. The meaning of Sagathchadwam is _____
a) Let's run together b) Let's eat together c) Let's play together d) Let's move together
4. Active acceptance means _____
a) Accept and don't take any action b) Don't accept anything c) Accept and take an active action d) Accept everything
5. How to get mind to the present moment Breath
a) Body b) Water c) Food d) Breath
6. Don't see _____ behind others mistakes
a) Mistakes b) Outcome c) Values d) Intentions
7. Total amount of breath we consume every day _____
a) 100 Litres b) 1000 Litres c) 5000 Litres d) 10000 Litres
8. Ujjai breath means _____
a) Breath of energy b) Breath of Ujjain c) Breath of Victory d) Breath of defeat
9. The Power breath is also called as _____
a) Ujjai b) Vijay c) Astrika d) Bhastrika
10. Who started The Art of Living foundation _____
a) Jaggi Vasudev b) Baba Ramdev c) Sri Sri Ravi Shankar d) Yogi Adithyanath
11. Opposite values are _____
a) Opposites b) Complimentary to each other c) Negatives d) Complimentary and Coexist together





12. Live in the present moment
a) Black hole b) Past moment c) Future moment d) Present moment

13. Responsibility gives _____
a) Increases the comfort zone b) Happiness c) Power d) All the above

14. The wisdom for happiness is delinking it from money
a) Money b) Wealth c) People d) People and situations

15. Explain any knowledge point you remember from the course?

- Don't see the intention behind other mistakes
- live in present moment.

Post-Assessment Form

Name: R. Sai Kiran
 College/University Name: Chaitanya Bharathi Institute of Technology
 Profession: Student DOB: 20/09/2002
 Address: Malleshally, Valijonda mandal, Yadadri bhongir district
 Pincode: 508112 Mobile: 9121738376 E-mail: sai.kiranregu10@gmail.com

How has the program benefitted you with respect to the following parameters ?
 (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [10]
- Reduced stress levels [10]
- Effective communication [10]
- Improved interpersonal relations [10]
- More clear, calm and a happy state of mind [10]
- Increased Creative and Analytical thinking [10]
- Enhanced Team Building Skills [10]
- Improved quality of sleep [10]
- Confidence level [10]
- Concentration level [10]
- Facilitator related** (On a scale of 1-10, where 1 is poor and 10 is excellent)
- Ability to deliver program content [10]
- Interaction with participants [10]



SK

Your experience :

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

Any other suggestions:

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna Anna
 Program Date: 23/11/23 to 28/11/23 Program Venue: cbit

Place: CBIT CAMPUS

Signature: R. Sai Kiran

Post-Assessment Form

Name: T. Sai Samanvith

College/University Name: CBIT

Profession: student DOB: 17-02-2002

Address: East balaji hills Colony, Boduppal, uppal

Pincode: 500039 Mobile: 6302761841 E-mail: sai.tiru17@gmail.com

How has the program beniffited you with respect to the following parameters ?
(On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [10]
- Reduced stress levels [9]
- Effective communication [8]
- Improved interpersonal relations [7]
- More clear, calm and a happy state of mind [9]
- Increased Creative and Analytical thinking [8]
- Enhanced Team Building Skills [9]
- Improved quality of sleep [8]
- Confidence level [10]
- Concentration level [9]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Ability to deliver program content [9]
- Interaction with participants [8]

Your experience :

Experiense was really amazing

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

It helped in a great way at above mentioned parameters

Any other suggestions:

NO

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Manas Ram Bhayya and Krishna Anna
Program Date: _____ Program Venue: _____

Place: CBIT

Signature: [Signature]

Post-Assessment Form

Name: Kamshetty Vasun
 College/University Name: Chaitanya Bharathi Institute of Technology
 Profession: Student DOB: 29/09/2002
 Address: S.V. Nagar, Malapuri, Hyderabad- 26
 Pincode: 500026 Mobile: 8919435019 E-mail: Varunkamshetty40@gmail.com

How has the program beniffited you with respect to the following parameters ?
 (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [8]
- Reduced stress levels [9]
- Effective communication [9]
- Improved interpersonal relations [8]
- More clear, calm and a happy state of mind [9]
- Increased Creative and Analytical thinking [8]
- Enhanced Team Building Skills [10]
- Improved quality of sleep [10]
- Confidence level [9]
- Concentration level [8]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Ability to deliver program content [10]
- Interaction with participants [10]

Your experience :

It was a great experience.

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

- Intra personal & Inter personal relations have increased.
- Habit of helping others improved.

Any other suggestions:

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Jai Manas Ram
 Program Date: 31/12/2021 Program Venue: College Auditorium

Place: Hyderabad

Signature: K. Vasun

Post-Assessment Form

Name: A. Laxmi Yamini
 College/University Name: Chaitanya Bharathi Institute of Technology
 Profession: Student DOB: 15-1-2004
 Address: 14-296, NSP Camp Miryalaguda.
 Pincode: 508202 Mobile: 9246237495 E-mail: yaminiamrutham@gmail.com

How has the program benefited you with respect to the following parameters ?
 (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [8]
- Reduced stress levels [9]
- Effective communication [9]
- Improved interpersonal relations [9]
- More clear, calm and a happy state of mind [9]
- Increased Creative and Analytical thinking [9]
- Enhanced Team Building Skills [10]
- Improved quality of sleep [10]
- Confidence level [9]
- Concentration level [9]
- Facilitator related** (On a scale of 1-10, where 1 is poor and 10 is excellent)
- Ability to deliver program content [10]
- Interaction with participants [10]



Your experience :

It was really good. And it increased my concentration levels too. I felt really glad for joining in this course

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

It helped me to manage every kind of situations

Any other suggestions:

No, it is really perfect!

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna
 Program Date: 23-01-2014 Program Venue: College
 Place: Assembly Hall Signature: A. L. Yamini

Post-Assessment Form

Name: _____

College/University Name: _____

Profession: _____ DOB: _____

Address: _____

Pincode: _____ Mobile: _____ E-mail: _____

How has the program benefitted you with respect to the following parameters ?

(On a scale of 1-10, where 1 is poor and 10 is excellent)

Increased levels of energy & dynamism []

Reduced stress levels []

Effective communication []

Improved interpersonal relations []

More clear, calm and a happy state of mind []

Increased Creative and Analytical thinking []

Enhanced Team Building Skills []

Improved quality of sleep []

Confidence level []

Concentration level []

Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

Ability to deliver program content []

Interaction with participants []

Your experience :

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

Any other suggestions:

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: _____

Program Date: _____ Program Venue: _____

Place: _____

Signature: _____

Post-Assessment Form

Name: G. ANURAG

College/University Name: CBIT

Profession: STUDENT DOB: 21/12/2003

Address: KPHTS COLONY, Kukatpally, Hyderabad, Telangana

Pincode: 500072 Mobile: 7702639429 E-mail: anuraggunda@gmail.com

How has the program benefitted you with respect to the following parameters ?
(On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [9]
- Reduced stress levels [10]
- Effective communication [9]
- Improved interpersonal relations [9]
- More clear, calm and a happy state of mind [10]
- Increased Creative and Analytical thinking [9]
- Enhanced Team Building Skills [8]
- Improved quality of sleep [9]
- Confidence level [9]
- Concentration level [9]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Ability to deliver program content [9]
- Interaction with participants [9]

Your experience :

It's been a really good course to 'I' have ever experienced.
Just cant express my positivity of this course

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

I can increase my productivity & I can manage my mind well.

Any other suggestions:

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna

Program Date: 23 to 28/1/23 Program Venue: CBIT

Place:

Signature: [Signature]

Post-Assessment Form

Name: S. Sathwik

College/University Name: CBIT

Profession: Student DOB: 21/10/2003

Address: Hno. 19-409/3, Ramnagar, Manchenra

Pincode: 504208 Mobile: 9381361629 E-mail: simharajusathwik17@gmail.com

How has the program benefited you with respect to the following parameters ?
(On a scale of 1-10, where 1 is poor and 10 is excellent)

Increased levels of energy & dynamism	[9]
Reduced stress levels	[10]
Effective communication	[10]
Improved interpersonal relations	[9]
More clear, calm and a happy state of mind	[10]
Increased Creative and Analytical thinking	[10]
Enhanced Team Building Skills	[10]
Improved quality of sleep	[10]
Confidence level	[10]
Concentration level	[10]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

Ability to deliver program content	[10]
Interaction with participants	[10]

Your experience :

It was a great experience with good and quality knowledge given by them. Glad to join this.

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

These would help to remove stress and gain energy

Any other suggestions:

No

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna

Program Date: 28/01/2023 Program Venue: CBIT

Place:

Signature:

Post-Assessment Form

Name: Shishir Kathi
 College/University Name: Chaitanya Bharathi Institute of Technology
 Profession: Student DOB: 12/09/03
 Address: Kalpataam Apts, Erragadda, Hyderabad.
 Pincode: 500018 Mobile: 9701289153 E-mail: shishirint9@gmail.com

How has the program beniffited you with respect to the following parameters ?
 (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [8]
- Reduced stress levels [8]
- Effective communication [9]
- Improved interpersonal relations [8]
- More clear, calm and a happy state of mind [8]
- Increased Creative and Analytical thinking [8]
- Enhanced Team Building Skills [9]
- Improved quality of sleep [8]
- Confidence level [8]
- Concentration level [8]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Ability to deliver program content [8]
- Interaction with participants [7]

Your experience :

I was happy with the program and the things that were taught about the state of mind.

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

Whenever I can practice the Sutras taught, I will possibly be more calm and composed so that I can be more efficient.

Any other suggestions:

I suggest that the interaction be diverse in its demonstration.

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: _____
 Program Date: _____ Program Venue: _____

Place:

Signature:

Post-Assessment Form

Name: Ganganamani Bhavana

College/University Name: Chaitanya Bharathi Institute of Technology

Profession: Student DOB: 22/04/2003

Address: House no. 11-13-502, Road no: 6, Yadav nagar colony, alkapuri, Saranagar,

Pincode: 500035 Mobile: 9440420687 E-mail: bhavanaganganamani224@gmail.com

How has the program beniffited you with respect to the following parameters ?
(On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [8]
- Reduced stress levels [9]
- Effective communication [9]
- Improved interpersonal relations [9]
- More clear, calm and a happy state of mind [7]
- Increased Creative and Analytical thinking [9]
- Enhanced Team Building Skills [8]
- Improved quality of sleep [7]
- Confidence level [8]
- Concentration level [8]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Ability to deliver program content [8]
- Interaction with participants [9]

Your experience :

It was Good, Enjoyed all the sections and the sections were interactive.

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

It helped me to lower the stress levels and, I felt confident and got good sleep.

Any other suggestions:

NO.

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna

Program Date: 28-01-2023 Program Venue: CBIT

Place: CBIT

Signature: Bhavana

Post-Assessment Form

Name: YASHASWINI SONTE
 College/University Name: CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY
 Profession: STUDENT DOB: 14/06/2004
 Address: 3-601, SUBHASH CHANDRA BOSE NAGAR NEWHA FEEZPET - 500049
 Pincode: 500049 Mobile: 7670975770 E-mail: sonteyashaswini@gmail.com

How has the program beniffited you with respect to the following parameters ?
 (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [9]
- Reduced stress levels [7]
- Effective communication [5]
- Improved interpersonal relations [7]
- More clear, calm and a happy state of mind [8]
- Increased Creative and Analytical thinking [8]
- Enhanced Team Building Skills [9]
- Improved quality of sleep [8]
- Confidence level [7]
- Concentration level [9]
- Facilitator related** (On a scale of 1-10, where 1 is poor and 10 is excellent)
- Ability to deliver program content [8]
- Interaction with participants [2]



Your experience :

Good. leaent meditation and found the importance of meditation in day to day life

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

knowledge and techniques taught in the course were helpful in lowering my stress levels and helped me in bringing a smile on my face

Any other suggestions:

NO

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna
 Program Date: 28-01-2023 Program Venue: CBIT

Place: CBIT

Signature: [Handwritten Signature]

Post-Assessment Form

Name: B. Charitha

College/University Name: CBIT

Profession: Student DOB: 07/02/2003

Address: Grachibowli

Pincode: _____ Mobile: 6301666899 E-mail: charitha.60702@gmail.com

How has the program benefited you with respect to the following parameters ?
(On a scale of 1-10, where 1 is poor and 10 is excellent)

Increased levels of energy & dynamism	[9]
Reduced stress levels	[9]
Effective communication	[9]
Improved interpersonal relations	[9]
More clear, calm and a happy state of mind	[10]
Increased Creative and Analytical thinking	[9]
Enhanced Team Building Skills	[10]
Improved quality of sleep	[10]
Confidence level	[10]
Concentration level	[9]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

Ability to deliver program content	[10]
Interaction with participants	[10]

Your experience :

It was an great experience, I have increased my friends circle and my communication skills.

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

Being calm, concentration, reduced stress levels, my quality of sleep, maintaining good relationship with everyone, being patience.

Any other suggestions:

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Koishma

Program Date: 28-01-2023 Program Venue: CBIT

Place: CBIT

Signature: B. Charitha

Post-Assessment Form

Name: B. Neha Reddy

College/University Name: CBIT

Profession: Student DOB: 23rd March, 2003

Address: Alkapuri, L.B. Nagar

Pincode: 500035 Mobile: 9440163372 E-mail: niharreddysingh@gmail.com

How has the program benefited you with respect to the following parameters ?
(On a scale of 1-10, where 1 is poor and 10 is excellent)

Increased levels of energy & dynamism	[10]
Reduced stress levels	[9]
Effective communication	[10]
Improved interpersonal relations	[8]
More clear, calm and a happy state of mind	[9]
Increased Creative and Analytical thinking	[7]
Enhanced Team Building Skills	[10]
Improved quality of sleep	[5]
Confidence level	[7]
Concentration level	[9]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

Ability to deliver program content	[10]
Interaction with participants	[10]

Your experience :

It was great. Very interactive, was able to break out of my shell.

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

It was relaxing, calming was able to control my emotions, anger, increased my concentration and changed my view on life.

Any other suggestions:

NO

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna

Program Date: 20th Jan, 2023 Program Venue: CBIT

Place: CBIT

Signature: [Signature]

Post-Assessment Form

Name: B. Neha Reddy

College/University Name: CBIT

Profession: Student DOB: 23rd March, 2003

Address: Alkapuri, L.B. Nagar

Pincode: 500035 Mobile: 9440163372 E-mail: niharreddysingh@gmail.com

How has the program benefitted you with respect to the following parameters ?
(On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [10]
- Reduced stress levels [9]
- Effective communication [10]
- Improved interpersonal relations [8]
- More clear, calm and a happy state of mind [9]
- Increased Creative and Analytical thinking [7]
- Enhanced Team Building Skills [10]
- Improved quality of sleep [5]
- Confidence level [7]
- Concentration level [9]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Ability to deliver program content [10]
- Interaction with participants [10]

Your experience :

It was great. Very interactive, was able to break out of my shell.

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

It was relaxing, calming was able to control my emotions, anger, increased my concentration and changed my view on life.

Any other suggestions:

NA

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna
Program Date: 20th Jan, 2023 Program Venue: CBIT

Place: CBIT

Signature: [Signature]

Post-Assessment Form

Name: Sriveni Deshetty
 College/University Name: Chaitanya Bharathi Institute of Technology
 Profession: Student DOB: 18-09-2004
 Address: 15-1-134, Gada Varikhan, Peddapalli
 Pincode: 505 209 Mobile: 9989042964 E-mail: sriveni.deshetty3@gmail.com

How has the program benefited you with respect to the following parameters ?
 (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [8]
- Reduced stress levels [9]
- Effective communication [10]
- Improved interpersonal relations [10]
- More clear, calm and a happy state of mind [10]
- Increased Creative and Analytical thinking [9]
- Enhanced Team Building Skills [9]
- Improved quality of sleep [10]
- Confidence level [10]
- Concentration level [10]
- Facilitator related** (On a scale of 1-10, where 1 is poor and 10 is excellent)
- Ability to deliver program content [10]
- Interaction with participants [10]



Your experience :

I felt very calm and caught a peaceful sleep at nights. I got positive vibes while I'm giving my best in this course. No negative thoughts. It is very helpful, helped me a lot

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

Smile in the face. Good sleep, peaceful and no stress relief. I loved the games which I have played in this course

Any other suggestions:

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna
 Program Date: 23-1-23 Program Venue: College

Place: Assembly Hall

Signature: Sriveni

Post-Assessment Form

Name: S. Adithya goud
 College/University Name: Charanya Rhetels Institute of Technology
 Profession: Student DOB: 25-06-2003
 Address: My home avater, Plot no: B-5, 907, Nanarangaud.
 Pincode: 500032 Mobile: 9703006677 E-mail: adithyashuhogan's 96@ gmail.com

How has the program beniffited you with respect to the following parameters ?
 (On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [9]
- Reduced stress levels [8]
- Effective communication [9]
- Improved interpersonal relations [9]
- More clear, calm and a happy state of mind [9]
- Increased Creative and Analytical thinking [9]
- Enhanced Team Building Skills [8]
- Improved quality of sleep [9]
- Confidence level [9]
- Concentration level [9]



- Facilitator related** (On a scale of 1-10, where 1 is poor and 10 is excellent)
- Ability to deliver program content [8]
 - Interaction with participants [9]

Your experience :
I felt very calm and caught a peaceful sleep at nights. I got positive vibes while I'm giving my best in this course do negative thoughts. It helped me a lot.

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?
Smile in the face. Good sleep. Peaceful and stress relief. I loved the games which I have played in this course.

Any other suggestions:
—

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :
 Faculty Name: Krishna
 Program Date: 23-1-23 Program Venue: College

Place: Assembly Hall Signature: S. Adithya

Post-Assessment Form

Name: K. Nithish

College/University Name: CBIT

Profession: Student DOB: 27/10/2003

Address: Q. NO. 2486 TYPE-2 ODF Estate, Yeddumailaram (V), Sangareddy Dist.

Pincode: 502205 Mobile: 8332921800 E-mail: Nithishchinu2486@gmail.com

How has the program benefited you with respect to the following parameters ?

(On a scale of 1-10, where 1 is poor and 10 is excellent)

Increased levels of energy & dynamism	[10]
Reduced stress levels	[10]
Effective communication	[10]
Improved interpersonal relations	[10]
More clear, calm and a happy state of mind	[10]
Increased Creative and Analytical thinking	[10]
Enhanced Team Building Skills	[10]
Improved quality of sleep	[10]
Confidence level	[10]
Concentration level	[10]



Facilitator related (On a scale of 1-10, where 1 is poor and 10 is excellent)

Ability to deliver program content	[10]
Interaction with participants	[10]

Your experience :

Happy to join the course and had more fun with others
or learned new thing in life.

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?

In having peace of mind where ever we are in world.

Any other suggestions:

Keep going!!!

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :

Faculty Name: Krishna

Program Date: 23/01/2023 Program Venue: CBIT

Place:

Signature:

Post-Assessment Form

Name: A. Chetan

College/University Name: Chaitanya Bhagwati Institute of Technology

Profession: B.Tech DOB: _____

Address: Plot 235 MCA/MP Colony Pal No. 10C, Jubilee Hills, Hyderabad

Pincode: 500033 Mobile: 8125442308 E-mail: achetan2004@gmail.com

How has the program benefitted you with respect to the following parameters ? (no spec)
(On a scale of 1-10, where 1 is poor and 10 is excellent)

- Increased levels of energy & dynamism [10]
- Reduced stress levels [10]
- Effective communication [8]
- Improved interpersonal relations [10]
- More clear, calm and a happy state of mind [10]
- Increased Creative and Analytical thinking [9]
- Enhanced Team Building Skills [10]
- Improved quality of sleep [10]
- Confidence level [10]
- Concentration level [11]



- Facilitator related** (On a scale of 1-10, where 1 is poor and 10 is excellent)
- Ability to deliver program content [10]
 - Interaction with participants [10]

Your experience :
Very Nice and Helpful would advise all to join and reap the benefits

How would the techniques and knowledge taught in the "Art of Living YES!+", help in your day to day life?
To handle ppl, situations

Any other suggestions:
Nil

Would you like to receive regular updates about our activities : Via Email Via SMS None

PROGRAM DETAILS :
Faculty Name: Ms. Krishna
Program Date: 23/12-28/12 Program Venue: CBIT

Place: Hyderabad Signature: [Signature]
28/1/23

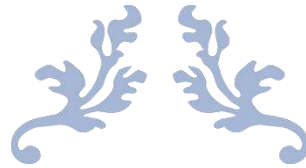


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INSTITUTE OF TECHNOLOGY (A)**
Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. www.cbit.ac.in



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RESEARCH,
INNOVATION AND
EDUCATION

44
years



CHAITANYA SATVA

-a UHV cell of CBIT.



REPORT ON
SHRUTHI-MERAKI
2023
EVENTS BY
CHAITANYA
SATTVA

ACKNOWLEDGEMENT

CHAITANYA SATTVA take great pleasure in organising the events for SHRUTHI 2023

We show our gratitude for the management of CBIT and the constant support of the director of student affairs and Progression professor P.Sreenivasa Sarma Sir for such a great opportunity to expose the club.

We are thankful to our faculty coordinators C.Srisailam sir, and Dr, N, R.Dakshinamurthy sir and Dr G.Suresh Babu sir-HOD of the EEE dept., who are our guides.

Special thanks to Dr, P.V.R.Ravindra Reddy sir-HOD of Mechanical dept., Dr G.Laxmaiah Sir, CHAITANYA SAMSKRUTHI club.

ABSTRACT

CHAITANYA SATTVA promotes the skills of mind management that give an individual the power of handling or perform things in time and as it is.

SHRUTHI 2023-MERAKI has been the platform for the club to bring up the events in form of fun games for the students to participate in and relax the mind. The games made the participants with two in a team know how important it is to listen to sincerely and teamwork.

The games held on February-2 Thursday were a big success for the team and made people know how simple the club theme works.

INTRODUCTION

This report presents detailed info about the games conducted by the CHAITHAYA SATTVA club during Shruthi-MERAKI for the year 2023. The club organized several games and events to promote teamwork and enabled spontaneity in the players(students).

Most of the executive board and volunteers took part in making the events successful.

The games are conducted on February 2, 2023 (the first day of Shruthi).



Game Types:

1. Know about your friend
2. Dynamic duo

1. Know about your Friend

The game is, about how certain you are about your friend.

About the game:

In a team of two, where one will be answering the questions asked by the volunteer about another player.

That Player will be given a slate on whom the questions are asked. When the question is out the one with the slate writes the answer on the slate whereas the other player has to tell the answer out to the volunteer and both the answers, that on the slate have to tally with the answer that was told. this gives points to the team.

The team's performance or points resembles how far they are good at answering one another's answers and knowing them.

A few questions are:

- What is your friend's nickname at home?
- Who is his/her favourite lecturer?
- What does he prefer party/movie?

The questions also include their habits, style, talents, pets etc...

2. Dynamic Duo

The game is about the combined ability to complete a task when people work together.

About the game:

A square boundary is drawn on the ground. Few pens are dispersed in the square boundary with different coloured pairs. In the team of two one player is blindfolded and set to move in the square boundary, and another player has to guide the blindfolded player to the prescribed coloured pen even with the disturbances created by the volunteer to the blindfolded player while reaching the goal. They are out of the game if the blindfolded player is out of the boundary if in case.



Participation:

A total of 35 members participated in the club games this year, with a good mix of both male and female players. The club encourages equal participation and opportunities for all members regardless of gender, year of study, age or skill level.

Students from CSE, IT, EEE, CIVIL, and ECE branches had taken part in the games and had fun.

The games made them excited in exploring similar games as well and moved further.

Perks:

The club awarded friendship bands to the participants.

Those bands made the participants feel like a child in doing activities and whatever they did, they just did them wholeheartedly.

CONCLUSION

The club games of SHRUTHI-MERAKI were a great success, and the club continues to promote teamwork, and time management skills among the individuals. The club is looking forward to conducting more games and events in the upcoming opportunities.

CHAITANYA SATTVA keeps its word in promising the team for being there in their sorrow and success all the time and help in being strong and not losing the path.

Name	Department	phone no.
Sneha	cse	9014999291
Sarvotham	EEE	9849671096
Pravena	CSE	7893965547
Supriya	AIML	8125633698
Bharadwaj	Civil	8247204523
Ajitha	ECE	9866417851
vybhavi	CSE	6303020636
Yashraj	Chemical	7416611201
Renu prasad	AIDS	9701294951
Snigdha	Civil	7993340541
Guduru Geetika	AI DS	8297813789
ChiduralaSaketh	IT	8519918868
ARADHYULA S	Cse	7416611201
Buggala Jahnvi	Aids	8977647148
sohail shariff	AIDS	9100221905



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EDUCATION

44
years

Chaitanya Sattva

----An UHV Club

Dated: 06.04.2023

Chaitanya Sattva Club Executive met all the faculty handling UHV Course – UHV Core Team.

MoM of the core team of UHV-II faculty who met at D-102 on 06-04-2023 at 11:15 am.

Chaitanya Sattva Executive -Faculty

1. Dr G. Suresh Babu, Professor – EEE
2. Dr NR Dakshina Murthy – Associate Professor – CED
3. Sri . C. Srisaialm – Assistant Professor - EEE

Agenda:

1. Restructuring of UHV-II as per the instructions of common BoS

Minutes Of Meeting:

1. It is recommended that an internal assessment of each student can be done to evaluate the students (open book type system/CAMU)
2. It is recommended to opt for Activity-based teaching.
3. Conducting guest lectures and normal class work (may be arranged on Saturdays) is recommended.
4. It is proposed to conduct value-added courses on UHV-II in collaboration with Chaitanya SATTVA-An UHV Cell of CBIT.
5. It is proposed to convert into 1(one) credit course- with 1 hour /week instruction (both theory and practice).
6. It is recommended to prepare rubrics for the assessment of students.

7. Rubrics may consist of quizzes/Group Discussion/Roleplay/Presentations by the individual (Seminar)/Classroom interaction, and Attendance (10 M).
8. It decided to convert the UHV-II course syllabus into 4(Four) Modules instead of units, and the Professional ethics topic can be embedded into each module.
9. It is proposed not to have a SEE assessment. And only CIE assessment.
10. It is proposed to opt for the below assessment CIE (50 M):

S. No	Module	Weightage (Marks)
1	Module 1	10
2	Module 2	10
3	Module 3	10
4	Module 4	10
5	Attendance& Attitude	10







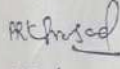

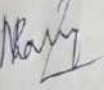

Members present

1. Dr. K Krishna Veni, Director Academics, EEE Dept.
2. Dr. G Suresh Babu, Professor, EEE Dept.
3. Dr. NRD Murthy, Associate Professor, CE Dept.
4. Dr. S. Sumithra, Associate Professor Bio-tech Dept.
5. Dr. B. Mishra, Assistant Professor, Bio-tech Dept.
6. P. Radha Krishna Prasad, Assistant Professor, ME Dept.
7. A Sathyavati, Assistant Professor, EC Dept.
8. Dr. CH. Navitha, Assistant Professor, EC Dept.
9. J. Mounika, Assistant Professor, EC Dept.
10. P. Vasanth Sen, Assistant Professor, IT Dept.
11. C. Srisailam, Assistant Professor, EEE Dept.
12. G. Hari Krishna, Assistant Professor, EEE Dept.

Meeting pics



Signatures of Members present

1. Dr. S. SUMITRA	BIO TECHNOLOGY	
2. Dr. CH. Navitha	ECE	
3. J. Mounika	ECE	
4. A. Satyavathi	ECE	
5. Dr. B. Mishra	Biotechnology	
6. P. Vasanth Sek	IT	
7. P. Radha Krishna Prasad	Mechanical	
8. G. Tarikrishna	EEE	
9. NRD Murthy	CEI	
10. C. Srisailem	EEE	

Report on guest Lecture for IV Semester ECE department held on 20/04/2023,
at N-Block seminar hall

**Title: Guest Lecture held at CBIT for ECE students in collaboration with
Chaitanya Sattva: A UHV club of CBIT and YOGANTA TECHNOLOGIES PVT.LTD.**

The department of ECE of CBIT college successfully organized an informative session with theme “**The Nature Vs Nurture: Human Growth and Development**”.

- **Dr. Srirama Mandava**, Certified International Yoga Teacher, Yoga Therapist delivered a talk to the students. In her speech she also Enlightened the student about the theme of the session as Nature refers to the genetic or hereditary factors that influence a person's traits and behaviour. These include things like physical appearance, intelligence, and personality traits. On the other hand, nurture refers to the environmental factors that shape a person's behaviour and characteristics, such as family upbringing, social interactions, and cultural influences. She also explained that It is important to recognize the interplay between nature and nurture in shaping a person's development and behaviour. By understanding the role of both factors, we can gain a better understanding of human behaviour and improve our ability to promote positive outcomes. Her session is very interactive, she made to participate every student by giving small exercises and meditative techniques.
- **Mr. Raushan Kumar**, Founder and CEO of Yoganta and **Mr. Chakradhar Reddy**, Co-Founder & COO explained about the Services provided by their company Yoganta Technologies Pvt.Ltd. for the student community.
- Dr. D. Krishna Reddy, HOD, Dept. of ECE, Dr. G.Suresh Bebu, Professor, Dept.of EEE, Faculty coordinator Chaitanya Sattva: A UHV Club, Smt.A. Satyavati, Assistant Professor, Dept. of ECE, event Coordinator Present in this event.
Around **193 students** and **6 staff** are attended this session.

Account details of the Resource Person:

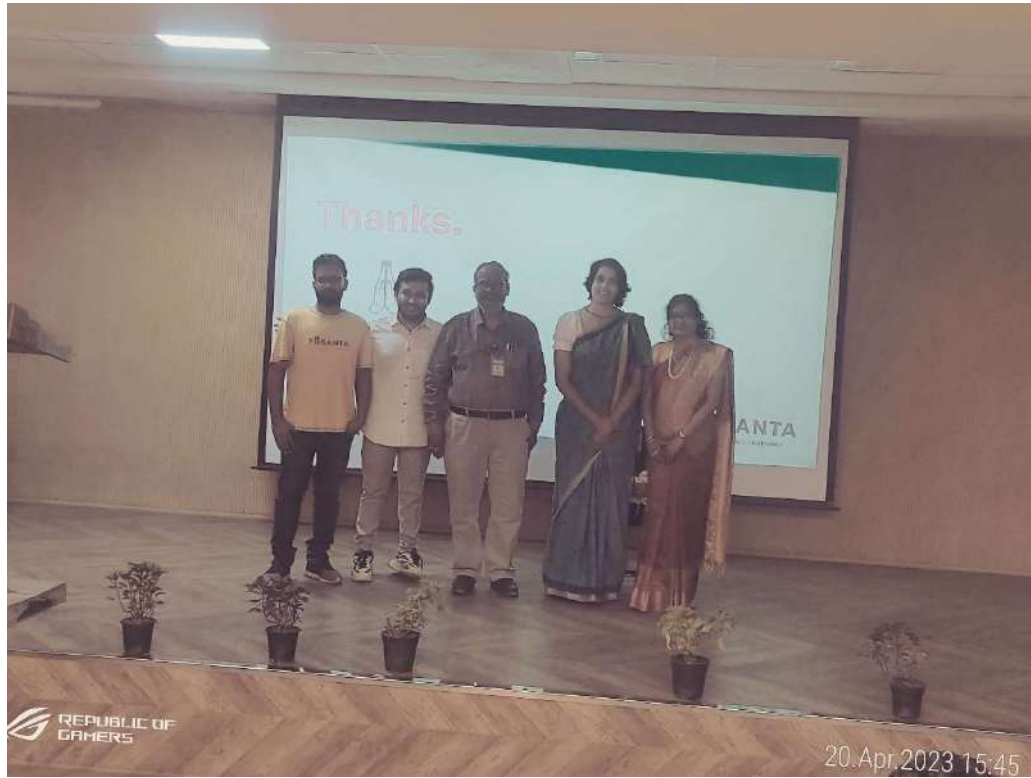
Name: Chakradhar Reddy. O., Co -Founder & COO- Yoganta

Account No.- 0446104000225809

IFSC: - IBKL0000446

IDBI bank







CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY (A)

Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. www.cbti.ac.in



COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

44
years





**CHAITANYA BHARATHI
INSTITUTE OF TECHNOLOGY (A)**

Kokapet (Village), Gandipet, Hyderabad, Telangana-500075, www.cbit.ac.in



COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

44
years

No. 18/CBIT/AEC/IC/2023

Dt.21-04-2023

CIRCULAR

On the occasion of **Azadi Ka Amrit Mahotsav (AKAM)**, Chaitanya Sattva, A UHV Cell of CBIT is organizing its Flagship Event to celebrate Human Values Day on 24-04-2023 at Assembly Hall, Placement Block (above canteen) from 10:00 am onwards.

Sri Adhiraju Raghuram Garu, Founder and Managing Director, Mind Beans India, is going to be Chief Guest for the **Celebration of Human Values Day**.

Schedule of Human Values Day

S. No.	Time	Event
1	10:00 am to 12:00 pm	Celebration of Human Values Day
2	12:15 pm to 01:00 pm	Walk for Values
3	02:00 pm to 03:00 pm	Screening a Documentary on Human Values
4	03:00 pm to 04:00 pm	Group Discussion on Human Values

All the Heads of Departments are requested to make arrangements to circulate the notice among all the students of CBIT and staff.

For any further information in this regard, kindly contact faculty coordinators of the Club, Mr. C. Srisailam (9032838993), Assistant Professor, Electrical and Electronics Engineering Department and Dr. N. R. Dakshinamurthy (9652814862), Associate Professor, Civil Engineering Department.


PRINCIPAL

To

All Heads of the Departments for information and with a request to arrange for circulation among all the students of CBIT, faculty and staff under their control.

Directors, Joint Directors, COE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on our website.



INVITATION



CHAITANYA SATTVA CLUB
INVITES YOU TO

HUMAN VALUES DAY CELEBRATION

24th April, 2023 | at 10:00am

Assembly Hall,
Placement Block.

CHIEF GUEST

Adiraju Raghuram
(Founder and Managing director ,Mind Beans India)

Prof.P.Ravinder Reddy
(Principal,CBIT)

Sri.P.Sreenivas Sarma
(Director student affairs & progression,CBIT)

C.Srisailam
(Faculty co-ordinator)
EEE,CBIT

Dr.N.R.Dakshinamurty
(Faculty co-ordinator)
Civil,CBIT

Dr.G.Suresh Babu
(Faculty co-ordinator)
EEE,CBIT



CHAITANYA SATTVA



YOU'RE INVITED TO A

HUMAN VALUES DAY CELEBRATIONS

"LET US PAINT THE WORLD WITH THE COLOURS OF HUMAN VALUES, SPREADING THE MESSAGE OF LOVE EMPATHY, AND COMPASSION ON THIS HUMAN VALUES DAY"



24 APRIL

ASSEMBLY HALL

ACKNOWLEDGEMENT

It is our pleasure in thanking our honourable chief guest, 'Shri. Adiraju Raghuram' from the bottom for our hearts. We, as a committee are delighted to express our gratitude and respect to our principal 'Dr. P. Ravinder Reddy Garu' and Director of Student affairs and Progression, professor 'Dr. P. Sreenivasa Sarma Garu' for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr. G. Suresh Babu Garu'- Professor, EEE department, 'Sri. C. Srisailam'- Assistant professor, EEE department, 'Dr. N.R. Dakshinamurthy'- Associate professor, Civil department, who guided us.

ABSTRACT

On the occasion of Azadi Ka Amrit Mahotsav(AKAM), Human Values Day have been celebrated by Chaitanya Sattva -the UHV cell of CBIT. This was held on 24th April 2023, at Assembly Hall, placement block (above canteen) from 10:00 a.m. onwards. More than 300 students attended and made the event a grand success. All the guests and dignitaries addressed the gathering and enlightened the students with their valuable words.

INTRODUCTION

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements.

This Mahotsav is dedicated to the people of India who have not only been instrumental in bringing India thus far in its evolutionary journey but also hold within them the power and potential to enable Prime Minister Narendra Modi's vision of activating India 2.0, fuelled by the spirit of Aatmanirbhar Bharat.

The official journey of Azadi Ka Amrit Mahotsav commenced on 12th March 2021 which started a 75-week countdown to our 75th anniversary of independence and will end post a year on 15th August 2023.

As part of AKAM this year Human Values Day is celebrated and will continue to be celebrated every year 24th of April. Peace in society can be attained only by embracing the eternal and universal human values of truth, right conduct, peace, love and nonviolence. Therefore, for sustainable global peace and happiness, the practice of human values in our daily lives is most important.

The Sathya Sai International Organisation has declared the **24th of April** as '**Human Values Day**' in grateful memory of its founder, Sathya Sai Baba's life, legacy and teachings. The aim is to celebrate this occasion by intensifying our practice of universal Human Values of Truth, Right Conduct, Peace, Love and Non-violence for our own spiritual awareness and the upliftment of our families, communities and the entire world. Chaitanya Sattva celebrated this auspicious day by conducting a few activities and promoting the practice of human values.

The first activity was the “Celebration of Human Values Day” which was anchored by Sreenija and Mohan. We started our event by a warm welcome to our guests by presenting a sapling and had a brief introduction of them to students. As light is a symbol of brightness and prosperity, as sunlight expels the darkness of night. Similarly, blessings bring to our life prosperity and happiness, lighting the lamp was done. Then Aishwarya from BIOTECH (3/4) sang “Ekadantaya”. Our anchors invited Dr. Jagannadham sir, Head of Department of Civil, to spread awareness about the auspicious day. Firstly, he spoke about the importance of human values and its impact on our lives. He then congratulated Chaitanya Sattva for organizing such a meaningful event. Thereafter, Dr. Suresh Babu sir, Faculty Coordinator, expressed his valuable views on Sattva guna (nature). Then sir emphasised that rather than preaching, one must practice the human values in every phase of life. He enlightened the audience by some interesting stories like the story of Gautam Buddha and Angulimaludu, which describes the importance of practicing human values and maintaining inner peace at all time. Then we moved on to the main event of the day which was the felicitation of few representatives from the frontline workers of CBIT. This made them feel overwhelmed and heartwarming. Every day they give their best to keep our college and surroundings clean and tidy. Srinivas sir gave vote of thanks speech on behalf of frontline workers of CBIT. Our Chief Guest, Shri.Adiraju Raghuram, addressed the students and made the session interactive by narrating a few stories and he urged students to do the work that interests them and bring value to their career. The next event was distribution of certificates for the participants and organisers of YES+ course done. In the last, we honoured the Chief guest Shri.Adiraju Raghuram for embracing the event. The first session of the event was closed by Mansi with a vote of thanks.

The second session of the event - *Walk for Values* took place where we walked around the campus spreading the awareness of Human Values. In the walk, we went to Generator room and felicitated the remaining workers .

Prof. P. Srinivasa Sarma sir joined the walk and felicitated the workers. In the next segment of *Screening a Documentary on Human Values – The Elephant Whisperers* show was played. Last but not the least, a group discussion on Human Values was conducted to take a view of opinions from students on the topics – *Is the concept of non-violence still applicable today?*

Influence of Chat GPT on media and journalism

Students expressed their views, a few opinioned that sometimes choosing violence depends upon the level of conflict. Ex- Conflict between India and Pakistan. One cannot go with Non-Violence norms until and unless they follow the same. Non-Violence is the highest moral duty of mankind but the violence sometimes is done to protect dharma.

CONCLUSION

The event conducted by the Sattva Club of CBIT on behalf of world's human values day was a huge success and achieved its objective of promoting ethical values and helped a lot of participants to lead a better life. The event featured renowned speaker Shri. Adiraju Raghuram and his interactive session that engaged participants and helped them with practical knowledge and strategies to apply in their lives. The organizers deserve praise for their efforts in organizing such an great event, and the club look forward to attend similar events in the future.











సిబిఐలో ప్రపంచ మానవత విలువల దినోత్సవం.

గండిపేట్ క్రైమ్ మిర్రర్: గండిపేట్ లోని సిబిఐ కళాశాలలో చైతన్య సత్వ, యుహెచ్ యూసెల్ అధ్యక్షుల ప్రపంచ మానవ విలువల దినోత్సవాన్ని ఘనంగా నిర్వహించారు. ఈ కార్యక్రమానికి ముఖ్య అతిథిగా మైండ్ టీన్స్ ఇండియా వ్యవస్థాపకులు, మేనేజింగ్ డైరెక్టర్ ఆదిరాజు రఘురాం హాజరయ్యారు. ఈ సందర్భంగా ఆయన మాట్లాడుతూ మానవ విలువలతో ప్రతి ఒక్కరు జీవించాలన్నారు. విలువలు అనుసరించడం ద్వారా ప్రతి అవసరం నెరవేరుతుందన్నారు. మనం మహావిప్లువు నుంచి విలువలను నేర్చుకోవడాలన్నారు. విప్లువు జీవన విధానంతో వ్యవహరిస్తాడు, జీవితో విలువలను పెంపొందించుకుంటారన్నారు. జీవితంలో ఒత్తిడికి గురికాకుండా, అనుకున్న దానికి సాధించడానికి శ్రద్ధ చూపాలన్నారు. ఈ కార్యక్రమంలో ప్రొఫెసర్ జగన్నాథరావు, ప్రొఫెసర్ జి.సురేష్ బాబు తదితరులు పాల్గొన్నారు.



25 Apr 2023 / Page 6
<https://epaper.crimemirror.com/clip/45595>

ప్రపంచ మానవత విలువల దినోత్సవం..



ప్రజావినికిడి, (మెహదీపట్నం): సోమవారం రోజు సిబిఐ కళాశాల లో చైతన్య సత్వ మరియు యుహెచ్ యూ సెల్ అధ్యక్షుల ప్రపంచ మానవ విలువల దినోత్సవం ఘనంగా జరిగింది. ఈ కార్యక్రమంలోకి ముఖ్య అతిథిగా మైండ్ టీన్స్ ఇండియా వ్యవస్థాపకుడు మరియు మేనేజింగ్ డైరెక్టర్ శ్రీ ఆదిరాజు రఘురాం విచ్చేసి ఉపన్యాసం చేశారు. శ్రీ రఘురాం మాట్లాడుతూ సృష్టికర్త బ్రహ్మ అని చెప్పాడు. మనము విలువలు అనుసరించటం ద్వారా మన ప్రతి అవసరం నెరవేరుతుంది. మనం శ్రీ మహా విప్లువు నుండి విలువలను నేర్చుకోవాలి. విప్లువు జీవన విధానంతో వ్యవహరిస్తాడు, జీవితో విలువలను పెంపొందించుకుంటాడు. దాతలు ఇతరుల అభిప్రాయాలు మరియు ఎంపికల ద్వారా ప్రణాళికాబద్ధమవుతారని కూడా ఆతను పేర్కొన్నారు. జీవితం లో మనము ఒత్తిడికి గురికాకూడదు. మనము అనుకున్న దానికి సాధించడానికి నాయకులు మీద శ్రద్ధ వహించమని చెప్పారు అప్పుడు లక్ష్మి దేవి ఎల్లప్పుడూ అనుసరిస్తుంది. కళాశాల సిబ్బంది ప్రొఫెసర్ జగన్నాథరావు, ప్రొఫెసర్ జి. సురేష్ బాబులు మానవతా విలువల గురించి వివరించారు. ఈ సందర్భంగా ప్రెంటరైన్ కార్మికుల సిబ్బందిని సన్మానించారు.

APPENDIX

AIML

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	P. PRANAVADITYA	AIML - J	(P. Pr.) 24/4/23
2	P. VEERESHITH	AIML - J	veereshith 24/4
3	K. SIDHARTH	AIML - J	sidh 24/4
4	DIRUVA MADHAN	AIML - J	DM 24/4/23
2 nd year.			
1.	M. Sharath	-AIML - J - 160121729043	sharath 24/4/23.
2.	Md Saif	-AIML - J - 160121729045	saif 24/4.
3.	M. A. Pafay	AIML - J (160121729046)	PA 24/4.
4.	Sankalp	160121729051	sankalp 24/4.
5.	M. Viswas	160121729064	viswas 24/4
6.	Pavan J	160121729063	pavan 24/4
7.	Kaushik	160121729062	kaushik 24/4
8.	Sai Rohit	160121729057	rohit 24/4
9.	Yashwanth	160121729054	yashwanth 24/4
10.	Rahul Retty	160121729052	retty 24/4
11.	Aravind	160121729049	aravind 24/4
12.	Sanjay	160121729048	sanjay 24/4
13.	Nareg	160121729047	nareg 24/4
14.	Iaxman	160121729044	iaxman 24/4

3rd year ECE

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Nivas	ECE 2 (160120725122)	Nivas
2	Vaishan Sai	ECE - 1 (1601207255046)	vaishan

3rd CIVIL
A-1

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
160120732027	1. A. Tharani Reddy	Civil A1	[Signature]
160120732014	2. Sudehantika	Civil A1	[Signature]
045	3. Rajith	Civil A1	[Signature]
040 034	4. Vazeer Murali	Civil A1	[Signature]
314	5. Shasthanka	Civil A1	[Signature]
315	6. V. Sajinada	Civil A1	[Signature]
002	7. G. Anjali	Civil A1	[Signature]
021	8. D. Swapnika	Civil A1	[Signature]
20-732-056	9. Sandeep	Civil A1	[Signature]
054	10. Shasthank Reddy	Civil A1	[Signature]
304	11. Shasthank .i	Civil A1	[Signature]
036	12. Jagan shank	Civil A1	[Signature]
035	13. Harshitha	Civil A1	[Signature]
058	14. V. Ananth	Civil A1	[Signature]
040	15. Rakshita	Civil A1	[Signature]
040	16. Phani Sai	Civil A1	[Signature]
	17. Chetanya	032 Civil-A1	[Signature]
	18. Akash	160120732027 Civil A1	[Signature]
	19. Anurag	160120732041 Civil-A1	[Signature]
	20. Pranav	160120732304 Civil-A1	[Signature]
	21. Samyuktha	160120732305	[Signature]
	22. Anjali	313	[Signature]
	23. Anshu	016	[Signature]
	24. Renuka	013	[Signature]
	25. Renuka	012	[Signature]
	26. Adharsh	160120732026	[Signature]
	27. Vignay	160120732037	[Signature]
	28. Patrakrishna	160120732047	[Signature]

2nd year.

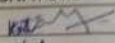


CSE
C-1

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Vinay Reddy	1601-21-733-042	[Signature]
2			

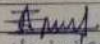
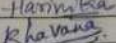

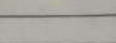
CSE
C-2

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	SAMVITH	CSE-2 1 st Year	[Signature] 24/4/23

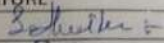

CSE-
C-3

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Koti Reddy	CSE-3(160120737177)	
2	Saichitha	CSE-3(160120735137)	
3	Shweta	CSE-3(160120733136)	

EEE-D1

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	M. Jayapal Anand	EEE-D1-160121734041	
2	B. Harinika	(EEE-D1)-160121734002	
3	G. Bhavana	(EEE-D1)-160121734007	
4	S. Yashaswini	(EEE-D1)-160121734016	

IT
I-1

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Sathwik	IT-1 → 160121737036	
2	Kaishash	IT-1 → 160120737305	

Chemical. IIIrd year

Chemical

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1.	Vaasprasad	Chem - 160120202023	Vaasprasad
2.	Anvith	Chem - 160120202023	Anvith
3.	Vishnu	Chem - 160120202049	Vishnu
4.	Sandeep	Chem - 160120202019	Sandeep
5.	Sai Jay Matha	Chem - ~ 39	Sai Jay Matha
6.	Nitin Varma	Chem - 160120202036	Nitin Varma
7.	Renu Prakash	Chem (160121802038)	Renu Prakash
8.	Aravind Mahnot	Chem (160121802028)	Aravind Mahnot

IT
I-3
IT-2

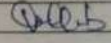
S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1.	Vaishnavi R	IT-3	Vaishnavi R
2.	MUHAMMAD ADHAMS SADIQ	(2 nd) IT-2 (160121787116)	Muhammad Adhams Sadiq

CSE-4 (AI&ML) 3rd Year

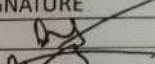
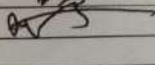
CSE
C-4

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Pchandrashekar	1601207480275	Chandra
2.	B.Saketh	748052	Saketh
3.	B.Nagaraju	748040	Bhagavath
4.	S.Sai Varishith	748050	S.Sai Varishith
5	Nagesh Reddy	748041	Nagesh
6.	Vivek	748057	Vivek
7	ShashiVardhan	748305	ShashiVardhan
8	Chetan	748026	Chetan
9	Shiva Reddy	748306	Shiva Reddy
10	Pratana	748008	Pratana
11	Yeshwanth Kondabalu	748060	Yeshwanth
12	Rudhwik	748046	Rudhwik
13	Sai Amith	748047	Sai Amith
14	Soujay	748056	Soujay
15	Ikith	748033	Ikith
16	Yashwanth Reddy	748059	Yashwanth
17	Nikhil	748043	Nikhil
18	Parashrithi	748006	Parashrithi




AJML (S) 1st year

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Vallabh	AJML (S)	

1st year chemical B

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
	G. Dhruvraj	160122802029	
	G. Eashwan	160122802028	

2nd year EEE
D-2

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Avinay	EEE D2 (160121734311)	Avinay
2	Praveen Saini	EEE D2 (160121734122)	Praveen Saini
3	Nithin	EEE D2 (160121734110)	Nithin
4	Praveen Raj J	EEE D2 (160121754121)	 - 12L
5	Malay Kasha	EEE D2 (160120734094)	
6	Prashav	EEE D2 (160121734120)	

3rd → EEE
D-1
D-2

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Shantanu Reddy	EEE (D1) 160120734049	<i>[Signature]</i>
2	Charan Reddy	EEE (D1) 160120774058	<i>[Signature]</i>
2	Kalitha	EEE (D1) 160120934016	<i>[Signature]</i>
<u>EEE-D2</u>			
1.	Aaysha	EEE (D2) 160120924062	<i>[Signature]</i>
2.	Niharika	D2 - 160120924068	<i>[Signature]</i>
3.	Bhavani	D2 - 160120924069	<i>[Signature]</i>
4.	Sar Kisan	D2 - 160120924109	<i>[Signature]</i>

MECH
F-2

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	K. Aishwarya	M 160122736075	<i>[Signature]</i>
2.	A. Madhuri	160122736071	<i>[Signature]</i>

MECH
F-1

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1.	Vaishnavi	Mechanical F1	<i>[Signature]</i>
2.	Charvi	Mechanical F1	<i>[Signature]</i>
3.	CVN Praneeth	Mechanical F1	<i>[Signature]</i>

CSE
C-5

S.NO	NAME	BRANCH AND SECTION	SIGNATURE	
1	Sreshtha Reddy	CSE-IOT; 8 th sem	<i>[Signature]</i>	160120749016
2	Khayati	CSE-IOT; 8 th sem	<i>[Signature]</i>	160120749018
3	Madhu Purwina	CSE-IOT; 8 th sem	<i>[Signature]</i>	160120749007
4		CSE-IOT; 8 th sem		16012-
1	P. Danush	CSE-IOT 8 th sem	<i>[Signature]</i>	160121053
2	Praneeth	CSE-IOT 8 th sem	<i>[Signature]</i>	160121041
3	Santosh	CSE-IOT 8 th sem	<i>[Signature]</i>	160121057
4	Chandana Kiran	CSE-IOT 8 th sem	<i>[Signature]</i>	160121049
5	Venkat	CSE-IOT 8 th sem	<i>[Signature]</i>	160121061

2nd
years

CIVIL
A-1

S.NO	NAME	BRANCH AND SECTION	SIGNATURE	
1	Muktesh Kondaju	civil - A1 (35)	<i>[Signature]</i>	(35)
2	Vivek Gupta	civil - A1 (36)	<i>[Signature]</i>	
3	Sanya Chohan	civil - A1 (37)	<i>[Signature]</i>	
4	Erace	civil - A1 (34)	<i>[Signature]</i>	
5	R. Dackshitha Yadav	civil - A1 17	<i>[Signature]</i>	
6	Karthik Kasthuri	civil - A1 33	<i>[Signature]</i>	
7	Kishresh Reddy	civil - A1 46	<i>[Signature]</i>	
8	Pravalika A	civil - A1 02	<i>[Signature]</i>	
9	J. Esha	civil - A1 07	<i>[Signature]</i>	
10	B. Akshitha	civil - A1 304	<i>[Signature]</i>	
11	G. Anurag	civil - A1 31	<i>[Signature]</i>	
12	S.P. Shwari Reddy	CIVIL - A1 60	<i>[Signature]</i>	
13	Harshith	CIVIL - A1 36	<i>[Signature]</i>	
14	Vivek Reddy	CIVIL - A1 50	<i>[Signature]</i>	
15	Subhavan Varma	CIVIL - A1 47	<i>[Signature]</i>	
16	Abhiram	CIVIL - A1 63	<i>[Signature]</i>	
17	Ram Chohan	CIVIL - A1 27	<i>[Signature]</i>	
18	Vishwath	CIVIL - A1 26	<i>[Signature]</i>	
19	Srinivas	CIVIL - A1 33	<i>[Signature]</i>	
20	Prasanna	CIVIL - A1 51	<i>[Signature]</i>	
21	K. Vishwath	CIVIL - A1 24	<i>[Signature]</i>	
22	Shanti Kumar	CIVIL - A1 28	<i>[Signature]</i>	
23	Maresh	CIVIL - A1 62	<i>[Signature]</i>	
24	Sanya Chohan	civil - A1	[Signature]	
24	K. Nitish	civil - A1 32	<i>[Signature]</i>	
25	Sanya Reddy	civil - A1 10	<i>[Signature]</i>	
26	J. Saketh			
26	O. Sai	civil - A1 (50)	<i>[Signature]</i>	
27	Sunil	civil - A1 (29)	<i>[Signature]</i>	

1601-20-

CIVIL
A-2

732-

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
090	1 Prathice	Civil A2	<i>[Signature]</i>
105	2 Shrujan	A2	<i>[Signature]</i>
115	3 Muskan	A2	<i>[Signature]</i>
95	4 Shiva	A2	<i>[Signature]</i>
108	5 Jatin	A1	<i>[Signature]</i>
081	6 Dharm	A2	<i>[Signature]</i>
21-109	7 S. Saketh	160121 109 A2	<i>[Signature]</i> (2/0)

AIDS

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1.	Anish Anne	AIDS-1 160121735099	<i>[Signature]</i>
2.	Sanyama	AIDS-1 160121735104	<i>[Signature]</i>

ECE-2
2nd year

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1.	Ch. Shiva Shankar	ECE-2 160121735097	<i>[Signature]</i>
2.	Ch. Praveen	160121735096	<i>[Signature]</i>
3.	Al. Sai Goutham	160121735118	<i>[Signature]</i>
4.	Md. Yaseen	160121735113	<i>[Signature]</i>
5.	Sai Nika	160121735127	<i>[Signature]</i>
6.	P. Navi Lakshya	160121735121	<i>[Signature]</i>
7.			

ECE-1
1st year

Roll-no

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Bhavana Sambu	ECE E-1	Bhavana
2	Varun Arjary	1601-22-735-055	Varun
3	Rishika Kasturi	1601-22-735-014	Rishika
4	Ragyan	1601-22-735-057	Ragyan
5	Rohan	1601-22-735-031	Rohan
6	Jasmeen	1601-22-735-005	Jasmeen
7	Vinay Reddy	1601-22-735-053	Vinay
8	Ashwin	1601-22-735-058	Ashwin
9	Ashwin Reddy	1601-22-735-042	Ashwin Reddy
10	Sukas	1601-22-735-048	Sukas
11	Shanthan	1601-22-735-060	Shanthan
12	Kirit Reddy	1601-22-735-028	Kirit
13	Manohar Reddy	1601-22-735-027	Manohar
14	Sai Kiran	1601-22-735-061	Sai Kiran
15	A. Sai Teja	1601-22-735-025	A. Sai Teja (club member)

2nd year Biotech

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1.	J-tari priya	Biotech & K (160121805017)	J-tari priya

1st year
CSB - Branch.

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	Chakrashay Reddy	160122733109-C2	Chakrashay
2	Rishik (Delicheti)	160122733062-C1	Rishik
3	Saketh Reddy	160122733060-C1	Saketh
4	Y S Supreeth	160122748063-C4	Supreeth
5	Ganeshwarthor	1601-22-748-024-C4	Ganeshwarthor
6	K. Ujjwal Sai	1601-22-748-029-C9	K. Ujjwal Sai
7	Bhaudeep	1601-22-748-047-C9	Bhaudeep
8	Shekhar	1601-22-748-033-C4	Shekhar
9	P. Vaibhavi	1601-22-733-086	P. Vaibhavi
10	Taruna M	1601-22-733-083	Taruna M

24/04/23

C4 - CSE(AI ML)

2nd Year

S.NO	NAME	BRANCH AND SECTION	SIGNATURE	
1.	Abhinav Reddy	C4 - CSE(AI ML)		160121748025
2.	Mohith Arjun	C4 - CSE(AI ML)		160121748043
3.	Divyanshu Kaul	C4 - CSE(AI ML)		160121748071
4.	Ahmed	C4 - CSE(AI & ML)		160121748026
		3rd year		
1.	Sai Sripadu	C4 - CSE(AI ML)		160120748099
2.	Shigda	C4 - CSE(AI ML)		160120748015
3.	Chaitanyam Reddy	C4 - CSE(AI ML)		160120748059
4.	Vikish	C4 - CSE(AI ML)		160120748033
5.	Sannikitta	C4 - CSE(AI - ML)		160120748010
6.	Shiva chetan	C4 - CSE(AI - ML)		160120748026
7.	Abdur Rahman	C4 - CSE(AI - ML)		160120748036
8.	Hanika	C4 - CSE(AI - ML)		160120748003
9.	Aditya	C4 - CSE(AI - ML)		160120748023
10.	Chroela	C4 - CSE(AI - ML)		160120748017

Attendance sheet

Branch: **EEE**

Section: **DL 1st yr**

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	K. Lakshmi	2206120	R. Lakshmi
2	K. Ravi Teja	2206107	K. Ravi
3	B. Prem Kumar	2206143	B. Prem Kumar
4	Satyam Sharma	2206114	Satyam
5	Veerithan M	2206155	Veerithan
6	S. Harsh vardhan	2206162	S. Harsh
7	P. Jacinth	2206128	P. Jacinth
8	K.V. Bharadwaj Karthik	2206101	K.V.B.K.
9	V. Abhilash Naik	2206137	V. Abhilash
10	Nithin chawan	2206117	Nithin
11	Saisum	2206126	Saisum
12	Yashika	2206152	Yashika
13	Ganesh .P	2206153	Ganesh
14	Anesh	2206119	Anesh
15	Rithika	2206110	Rithika
16	Saritha	2206147	Saritha
17	Aravind	2206180	Aravind
18	Rohit Karthik	2206149	Rohit
19	Haindavi	22061	Haindavi
20	Nitha	2206134	Nitha
21	Kavya	2206134	Kavya
22	Haritha	2206156	Haritha
23	Navya	2206140	Navya
24	Sravani	2206164	Sravani
25	Ch. Mani Sidhasth	2206153	Mani
26	B. Sai Rithvik	2206104	B. Sai Rithvik
27	H. Rishi	2206148	H. Rishi
28	Fatma	2206102	Fatma
29)	Poojitha	2206139	Poojitha
30)	Prasanna	2206116	Prasanna
31)	Rishika Sathish	2206136	Rishika
32)	Parameshwari	2206150	Parameshwari
33)	V. S. Surya	2206112	V. S. Surya
34)	Basa Varun	2206125	Basa Varun

1st Attendance sheet

Branch: EEE(DT) ~~3rd~~ of ~~ed~~

Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	Nandavardhan	160122734027	<i>N</i>
2	T. Sai Ganesh	160122734050	<i>Gane</i>
3	SReesh Sai K	160122734081	<i>S. Sai K</i>
4	John Jaya Surya	160122734030	<i>John</i>
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Attendance sheet

Branch: CIVIL (1st year)

Section: -A1

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	Sai deepak		
2	K. Riturik	2201123	Debat
3	Sukeshna thanaya	2201124	Ph
4	Pranathi	2201129	KVSJ
5	Saijana	2201142	Prans
6	Siddharth	2201110	Saijana
7	Hari Prasad	2201120	KVSJ
8	Biphan ush	2201105	Acif
9	Rajat	2201114	B. Dhawan
10		2201103	Rajat
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Attendance sheet

Branch: ~~Electrical~~ Civil (A) ^{1st year} Section:

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	T. SREE VARUN	2201153	Vasuv . Abhishek
2	K. Abhishek	2201137	Saathish
3	J. Saathish	2201148	T. R. Sathish
4	T. Rakshit	2201126	Rakshit
5	A. Rohith	2201127	Rohith
6	Yati Komala Reddy	2201156	Yati
7	P. Sharanya Sai	2201101	Sh...
8	T. Niveditha Reddy	220115	Niveditha Reddy
9	P. Harshitha	2201164	P Harshita
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Attendance sheet

Branch: civil (1st)

Section: .

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	M. Phinehaas (Civil 1 st yr)	2201141	M. Phinehaas
2	M. Pavan Kumar (Civil 1 st yr)	2201102	M. Pavan Kumar
3	Mohammad Rayyan (Civil 1 st yr)	2201109	Mohammad Rayyan
4	Mohammad Tauseef Uddin (1 st yr)	2201104	Mohammad Tauseef Uddin
5			
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Attendance sheet

Branch: ECE

Section: 3

I semester

S.NO	NAME	ROLL NUMBER	SIGNATURE
1	G. Jashwanth Reddy	2204307	
2	P. Mohan Sai	2204315	
3	M. S. Surya Babu	2204350	
4	R. Surya Teja Reddy	2204314	
5	S. Praveen	2204346	
6	D.S.V. Shiva Kumar	2204345	
7	Sourabh Saini	2204308	
8	M. Dheeraj	2204357	
9	Ch. Abhinav	2204314	
10	Udith Pulijala	2204326	
11	Abhinandan	2204321	
12	Skrushith	2204330	
13	P. Veerender nath	2204313	
14	K. Saidevya	2204305	
15	Y. Varsha	2204340	
16	G. Harshika Reddy	2204352	
17	N. Anvitha sri	2204328	
18	D.S. Akshitha	2204362	
19	K. Shreya	2204342	
20	A. Varsha	2204329	
21	G. Tanvi	2204343	
22	D. Deepya	2204335	
23	G. Aniranth Sai	2204364	
24	A. Chandrashekhara	2204355	
25	Abhinav	2204324	
26	Sri Ram	2204304	
27	Srideep	2204347	
28	Chandraditya	2204309	



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Kokapet Village, Gandipet Mandal, Hyderabad, Telangana-500075, www.cbti.ac.in



COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

45

years

Event Date: 29th and 30th August

Event number: 2

Event name: Ganeshotsav

Place: CBIT campus

Summary: We, Chaitanya Spandana, organized Ganeshotsav, a fundraiser, on the occasion of Ganesh Chaturthi. The main objective behind this event is to promote environmentally friendly Ganesh idols and to collect funds for the upcoming events which will be helping in impacting a wide number of people. A Ganesh idol stall was arranged on the campus and a huge number of faculty and students came forward to join us and made this event a huge success.

Budget Split:

6" idols : 40x60 – Rs. 2400

8" idols : 85x2 - Rs. 170

9" idols : 120x5 - Rs. 600

10" idols : 35x110- Rs. 3850

12" idols : 12x240- Rs. 2810

Amount Spent: Rs 9900/-

Amount Generated: Rs 21500/-

TOTAL PROFIT: Rs. 11600/-

Total idols bought: 94

Idols damaged: 12

Total Idols sold: 82

Number of people impacted: 90

Event bills: https://drive.google.com/drive/u/2/folders/1ApOT2JPfqG4Ehq_Idp1-CuGprYZaqTS

Event photos:

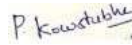
<https://photos.app.goo.gl/gjHzvdPxrynRJnPCa>

Faculty Coordinators

Dr A. Vani



Dr P. Kowstubha





CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

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Kokapet Village, Gandipet Mandal, Hyderabad, Telangana-500075, www.cbit.ac.in



COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

45

years

Collection Period : 19/09/22 to 15/10/22

Donation Dates : 06/11/22 , 26/11/22

Event Name : Vastradaan 2.0

Collection Venue : CBIT Campus

Donation Venue : 1. Aadarana trust- Children orphanage, Kismatpur
2. Goonj Organisation, Suncity

Event Number : 5

Department organizing the Event : Social Responsibilities

Type of Event : Advocacy

Amount Spent : Rs 1201/-

Impact : 100+ people

Event Summary for Insta caption:

Vastradaan 2.0, clothes collection and donation drive has taken place in CBIT Campus which turned out to be a huge success. In this drive, we Chaitanya Spandana have placed 4 vastradaan stalls around the campus. The students and lecturers of CBIT college have actively participated in this drive by donating clothes, books, toys and many more. From the collection, we have donated a part of clothes to Aadarana trust- Children orphanage, located in Kismatpur, Ranga Reddy district. And other section of the clothes we have given in Goonj Organisation which is in Suncity. We have got a positive response from the students and faculty through this drive.

Testimonials:

Volunteer_1:

After joining this club I was very excited to take part in events and I was very enthusiastic to work for the club, As part of club we have planned an event called Vastradaan, in which I did some chart work showing the aim of the event and in the process of work I have learnt many things, I have met many new friends. Vastradaan was a great idea from our club which helped many poor people in this winter... I am glad to be part of this club.

- Tejas Volunteer (Vastradaan Collection time)

Volunteer_2:

I'm Ranga Vardhan from CSE-4. I'm Happy to be part of chaitanya spandana. Recently I joined Vastradaan 2.0. It was first event for me and when I was in that event I'm so excited about how this event is going make big success. That short span of time which we spent together is really awesome 😊. Coming to the Goonj foundation, their vision and mission impressed me a lot and I learnt lot of things and the process of work as well.. I hope we have to do lot of things together make successful events.

-Ranga Vardhan Volunteer (Vastradaan Distribution time)

List of Volunteers who have attended the event:

1. Reshma, Sruthi, Kathyayini, Geetika, Triveni, Mamatha, Keerthi, Vinod, Rajesh, Manipal, Phani Teja, Sarath, Manish, Parshuram, Sri Laxmi, Praghnay, Shruthika, Bhavishya, Vishnu, Chandra Kiran, Shivaji, Angel, Dashmeet Kour (During Collection)

2. Ashok, Ranga Vardan, Asrith, Dasari Akhil, Chandra Shekar (During Donation).

Insta Id's of the Volunteers:

Reshma - Dasarireshma._

Shruthi - Shruthi_reddy_6219

Kathyayini - Kathayayinistic

Geetika - geetika_bodagala

Triveni- triveni_0508

Mamatha - mamatha.venukanti

Keerthi - Keerthi_reddy_2003

Vinod- stalin_vinod_

Rajesh- rajesh.__27

Manipal- manipallllll.7

Phani Teja - Phaniteja09

Sarath - sarat_reddy_45

Namish - namish117

Parshuram - p_a_r_s_h_u_756

Sri Laxmi - no

Shruthika - _shruthi_ka_

Bhavishya- bhavishyaparshi

Angel - angel_kaparathi

Vishnu - vishnuteja._

Shivaji - shivaji_jadhav053

Chandra Kiran - no

Dashmeet- dashmeet_kour_30

Photos Link:

<https://photos.app.goo.gl/c5vvY96roaW2o4yLA>

Faculty Coordinators

Dr A. Vani



Dr P. Kowstubha

P. Kowstubha



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45

years

Event Date:22.10.22

Event Name:Academic Workshop

Event Location:Saroornagar Govt School

Event Number:01

Department organising the Event: Education

Type of Event: Advocacy

Amount Spent:0

Impact:100+ students

Task Report: we have conducted some fun activities, told them live stories through which we conveyed “Long lasting learning involves understanding, connections, and logics.”

Event Summary for Insta caption: Education is a basic right for every individual which gives them a chance to acquire knowledge and results in skill development. We, the Education department of *Chaitanya Spandana*, have conducted an academic workshop for the government school students to interact and give them an insight towards smart learning through some fun activities such as memory game, guess the word and pictionary. These games helped them understand the concepts in a quick and efficient way. On the other hand the workshop has also enhanced the life skills such as sociability and confidence in students. We shared our real time experiences at the end to motivate them to follow the concept based understanding rather than rote learning. The students had actively participated and we're extremely happy for the workshop.

Testimonials:

Volunteer:

Sai Akshitha- “As it was my first time of participating in an event, I was very enthusiastic about it. All the club members were very welcoming and approachable and I was able to interact with them without any fear.

I had a good time making students play games and making them realise that understanding and observing can make them learn and remember concepts for a lifetime. Students enjoyed the event and were able to understand our aim which made our event successful and hence this event gave me a memory to cherish.

Participant:

Bhavya- “ It was a great session. We had lot of fun and enjoyed playing games. From all the games we got to learn that combined studies help to learn all the topics, pictures form of a lesson helps to understand the concept easily and how to understand and learn the concepts.

List of Volunteers who have attended the event: Manoj, Sathwik, Priyanka, Nanditha, Shirisha, Bhavishya, Nithin, Akshitha, Mamatha, Tejashwini, Chandra Kiran, Pradeep

Insta Id's of the Volunteers:

nanditha_805
m_a_n_o_j__rider
tejashwini.03
mamatha.venukanti
shirisha9826
gandhamsaiakshitha
priyaankaa__
pothalapradeep
bhavishyaparshi
pashya_sathwik

Volunteer contact:

Shruthika-9666370136

Photos Link: <https://photos.app.goo.gl/K7oLw49oPPRsHNt36>

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years

Event Date: 03/11/2022

Event Name: Workshop of Waste Management

Event location: 1/3- ZPHS Mansoorabad School, LB Nagar

2/3- UPS Saroornagar School, LB Nagar

3/3- ZPHS Gandipet School

Department organizing the event: Environment

Event Summary: "The Earth is what we all have in common" Waste management is the method and convention to make sure that garbage and junk are discharged in the safest and most beneficial way possible. It also helps in differentiating useful and discardable waste. With rising concerns over the level of waste management in the environment endlessly, it has become necessary to behave steadily and attentively and understand the need to protect and save the environment for the coming generation. To convey these points to the children, the environment department of Chaitanya Spandana took the initiative. Students were familiarized with various waste management techniques and ways to reduce or replace plastic. The process of kitchen composting was also demonstrated. Students were also asked to perform innovative origami waste papers.

Pictures: <https://drive.google.com/drive/folders/1KDkEQTWgpaBip0ogYqcZ9zv9bKUqePiT>

<https://drive.google.com/drive/folders/1xaLzwzdd8e1YHqwliNDpHijy4zVABCpi>

<https://drive.google.com/drive/folders/1nmeBOKvciStvbZDIVvUdTvIWg2Crxkqj>

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Event Date: 06.11.2022

Event Name: Awareness on Child Rights and Child Labour

Event Location: Aadarana Trust, Kismatpur

Event Number: 02

Department organising the Event: Social Responsibilities

Type of Event: Advocacy

Amount Spent: 0

Impact: 60 students

Task Report:

"Enlightenment in students can happen through books and not through bricks."

With an aim to spread awareness on child labour among children, we, The Social Responsibilities department of "*Chaitanya Spandana*", has organised an event at Aadarana trust-Children Orphanage, Kismatpur where we have presented a skit depicting the consequences of child labour in order to educate the children on the ill-effects of this social evil. The skit has gained a huge response and children have got a clear understanding on the harmful effects of Child labour on children. Later, we have also donated the clothes that were collected as part of Vastradaan 2.0.

Testimonials:

Volunteer:

Triveni: "It was my first event. I really enjoyed the day experiencing the pure mindset of children and within less time they became a part of our family. Happy to see such a positive response from children. It was a splendid interaction with children. They are multi talented and very active. Eager to do more such events in future."

Participant:

"The thing I learnt from the skit is that students should be sent to schools to study, and they are not allowed to do any work during their childhood. If we find children working, we need to call 1098 helpline number to save them from child labour."

List of Volunteers who have attended the event: Reshma, Sruthi, Kathyayini, Geetika, Triveni, Mamatha, Keerthi, Vinod, Rajesh, Manipal, Phani Teja, Sarat, Namish, Parshuram,

Sri Laxmi, Pragnay, Shruthika, Bhavishya, Vishnu, Chandra Kiran, Shivaji, Angel, Dashmeet

Insta Id's of the Volunteers:

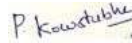
Photos Link: <https://photos.app.goo.gl/xq9ZjuWPN89jYaiE9>

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Event Date: 19.11.2022

Event Name: Insights on Gender Equality

Event Location: Govt School, Gopalapuram

Event Number: 03

Department organising the Event: Gender Equality

Type of Event: Advocacy

Amount Spent: 0

Impact: 80+ students

Task Report: We, as a team of Chaitanya Spandana visited a school in Gopulapuram village to spread awareness on Gender Equality. To our surprise, students already had a basic idea about it and participated actively in learning and playing without any inequalities. However, they need assistance in developing their careers and identifying possibilities to advance in their life. The students were very interactive and fun to converse with. It was overall a very great and productive day.

Event Summary for Insta caption:

"Equality means equal opportunity, equal regard and equal respect and not uniformity in action"

To inculcate the thought of equality amongst the youth, we, the Gender Equality department of Chaitanya Spandana, the social service club of CBIT have organised our event in a school near Gopulapuram. As part of this event we have explained the children regarding various aspects of gender equality, rights for women and have also shed a light on the issues of mental health. The students were extremely interactive and conversed about various topics and have actively participated in the games conducted by us.

Testimonials:

Volunteer:

Namish: As part of Chaitanya Spandana, I recently visited Gopulapuram village to spread awareness on Gender Equality. We asked them a few questions on Gender equality and the students responded to the questions with accurate answers. According to me, we should focus more on the aspects students are lacking such as career guidance and proper study environment. As a volunteer, by participating in these events I am building self-confidence on

what I speak and becoming more interactive. I am even learning new skills such as surveying, finding problems, and interacting with new people.

List of Volunteers who have attended the event: Namish, Chandra Kiran, Geethika, Dinesh, Sarat, Eega Sriya, Deekshagna, Tejas, Akshitha, Triveni, Akhil, Ruthwik, Raj Kumar, Shruthika, Adarsh, Rajesh, Jaswanth

Insta Id's of the Volunteers:

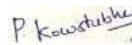
Photos Link: <https://photos.app.goo.gl/Hn23pB32bvRASqs6A>

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Event Date: 26.11.2022

Event Name: Awareness of Cyber Crimes and Essay Competition

Event Location: 1/3 .TMRS Golconda girls school
2/3.Radiant high school,Yellareddy guda
3/3.TMRS B1(boys),Bhagylatha,Hayathnagar

Event Number: 04

Department organising the Event: Social Responsibilities and Education

Type of Event: Advocacy

Amount Spent: 0

Impact: 1/3 - 90+
2/3 - 77
3/3 - 140+

Task Report: During the yester years, phones and laptops were a medium of entertainment,social media inteactions etc.Now, after the covid, the number of users have increased.And The medium of education has shifted online so many childern started using these devices. Due to lack of awareness and smart tactics used by the scammers and hackers, there has been a raise in cyber crime rates. So, the Social Responsibility Department of Chaitanya Spandana have taken up the oppportunity to educate the students about the cyber related crimes and the preventive measures to be taken.few students shared scams happened with them . We guided them how to avoid such scams .Addition to this the Education Department of Chaitanya Spandana then conducted an essay as a part of career guidance program on the topic of what the students want to pursue after their schooling. We guided 11th and 12th standard students about competitive examination. We gave them some tips to overcome stage fear. We got a positive response from the students as we were able to effecively convey our message to them through the interaction we have had.

Event Summary for Insta caption: Cyber crimes- One of the most dangerous and fastest spreading issue at present. It is very important to understand the consequences of cyber crimes and at the same time, how not to fall prey to such activities. The Social Initiatives department of Chaitanya Spandana conducted a cyber crime awareness program for the

students of TMRS, Golconda. To make this session more interactive and elicit the critical thinking of students, we have also conducted an essay competition.

Cyber crimes- One of the most dangerous and fastest spreading issue at present. It is very important to understand the consequences of cyber crimes and at the same time, how not to fall prey for such activities. The Social responsibilities department of Chaitanya Spandana conducted a cyber crime awareness program for the students of Radiant high school, Yellareddyguda. To make this session more interactive and elicit the critical thinking of students, we have also conducted an essay competition.

Cyber crimes- One of the most dangerous and fastest spreading issue at present. It is very important to understand the consequences of cyber crimes and at the same time, how not to fall prey for such activities. The Education department of Chaitanya Spandana conducted a cyber crime awareness program for the students of TMRS B1(boys), Bhagyalatha, Hayathnagar.

To make this session more interactive and elicit the critical thinking of students, we have also conducted an essay competition.

Testimonials:

Volunteer:

1/3. Keerthi: This is my second event of the club. We have presented a ppt on cybersecurity. And there was a huge response from the girls. We made them aware of cyber crimes. These made a great impact on their minds. Even the essays they have written on career were wonderful. We guided them about career. We have responded to their doubts. It was really amazing interaction with students of TMRS school".

2/3. Phaniteja: I as a student of CBIT learnt so much from this event like, how to talk in front of large number of people, presentation skills, etc. Gained confidence about public speaking. I hope that these skills will help me in the future.

Managing multiple tasks is a difficult task, but I learnt that I enjoyed doing that work.

3/3. Shivaji: It was first time me presenting in an event, I was very excited about it and a bit nervous too. But with the help of other club members i was able to interact with students comfortably. We had discussed the real time cybercrimes and precautions to take while browsing on internet. The response from student was buzz. Students were also interactive and had discussed their point of view. Students enjoyed the event and understood the importance of cybercrime and its security which made the event so successful. We all had great experience with them and able to learn from them too and hence created good memories

Participant:

1/3. Tabassum Begum: I came to know that we should be careful with cyber-attacks. We shouldn't share OTPs with anyone. We should be careful while uploading photos in instagram and we shouldn't chat with strangers. We also understood that we must be very careful while uploading pictures on social media platforms and never accept requests from strangers or have any interactions."

2/3. Adeeba Eram: I really enjoyed the session today. I came to know about the cyber helpline number "1930". I didn't know about that number till now...

I also learnt how to handle the situation if I become a victim".

3/3. Mohammad Khaja: I was unaware of the cyber crime frauds, I usually click the links forwarded on WhatsApp n Instagram for the freebies (like free laptop) . Now I'm aware of cyber threats and know how to file a complaint against cybercrime. I was great learning experience and I take this information forward to make my family and friends aware about cybercrime and it's security.

List of Volunteers who have attended the event:

(i) TMRS Golconda girls skl

1. Chira Sriya
2. Shruthika
3. Bhargavi
4. Sri laxmi
5. Mamatha Venukanti
6. Triveni
7. Keerthi
8. Angel
9. Krishna Prasanna
10. Pradeep kiran

(ii) Radiant High school, yellareddy guda

1. Dashmeet
2. Vishnu Teja
3. Phani Teja
4. Ajith Rao
5. Nikhil kumar

(iii) TMRS B1(boys), Bhagyalatha ,Hayathnagar

1. Priyanka
2. Nithin Narayan
3. Sathwik
4. Shivaji
5. V. Shirisha
6. Nanditha
7. Sri Harshitha
8. Sneha

Insta Id's of the Volunteers:

TMRS Girls, Golconda:-

triveni_0508

keerthi_reddy_2003

bhargavimraj

mamatha.venukanti

pothalapradeep

harshith_muthyala

shiva_deekshith_

sriy_a35

anamanu07
angel_kaparthi
shruthi_ka

_pavithra_051
abhinaylingam

Radiant High school, yellareddy guda:-

dashmeet_kour_30
phaniteja09
vishnuteja_
ajithrao242
Nikhil_kumar_nalla

TMRS B1, Hayathnagar:-

nanditha_805
shirisha9826
shivaji_jadhav053
sri_harshitha_26
pashya_sathwik
nithin_reddy_narayan
Rahul_cockroach

Volunteer contact:

Shruthika-9666370136, Priyanka-9573375002

Photos Link:

Radiant: <https://photos.app.goo.gl/WwYJwGkt9nm1aBdz7>

Golconda: <https://photos.app.goo.gl/oSGTAKXf3Nw5P1nJ9>

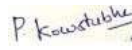
Hayathnagar: <https://photos.app.goo.gl/3MbV7u71p3GBkjS49>

Faculty Coordinators

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Dr P. Kowstubha





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years

Event Date: 04/12/2022

Event Name: Positivity All Around

Department: Health, Hygiene and Well- Being

Event location: Venkateshwara Nagar, Anjaiah Nagar

Number of people impacted: 14

Event summary: A positive attitude is known to be linked with the feeling of happiness, but real happiness is a state of mind that comes from our thoughts and actions. As a growing child, each and every student requires motivation and support in their life. Health, Hygiene, and Well-Being department has also enlightened the students about the importance of properly utilizing an opportunity. Also, we have delivered the importance of teamwork and friendship in life. We conducted games which helped the students to express themselves, develop speaking skills as well as to overcome stage fear.

Pictures:

https://drive.google.com/drive/folders/1usnBiukC6YifPYBrIHpPPOvVy_zPdIZI

Event Attendees:

Bhavishya, Namish, Dinesh, Esha

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Event Date : 17/12/2022

Event Name : Fitting “Ro purifier” Machine

Event Location : vill: Bidrelly, dist:Nirmal,Telangana

Event Number : 01

Department organizing the Event : Sustainable Rural Development

Type of Event : Advocacy/Operational : Operational

Amount Spent : 11800

Impact : Provided mineral water Purifier for 120 students as well as staffs.

Task Report : During a survey in a school located in Bidrelly village the major problem identified was “Pure Drinking Water” .Water available at school was salty and was inconvenient to drink , we Chaitanya spandana took an initiative to supply pure drinking to students and we made it successful through the installation of RO purifier in the school which would provide fresh and clean drinking water to students and staff.

Event Summary for Insta caption :

Testimonials :

Volunteer: k. Manisha

Insta Id's of the Volunteers:

Photos Link: <https://photos.app.goo.gl/KG4ueXNgYMDpR7S29>

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Event Date:26.01.23

Event Name:Career guidance

Event Location: 1/2-TMRS Girls, Golconda
2/2-TMRS B1, Amberpet

Event Number:08

Department organising the Event: Education

Type of Event: Advocacy

Amount Spent:

Flowchart prints-170/-

Certificates-48/-

Total-218/-

Impact: 1/2-80+

2/2-50+

Task Report: Most of the students are unaware of all the career paths and sometimes they choose diverse paths. We planned and organised Career guidance session for 9th & 10th students of TMRS Girls, Golconda and TMRS B1, Amberpet to help them get an awareness on the courses available.

Event Summary for Insta caption:

As students they were confused on what to pursue next after 10th ? most of them didn't have a clear picture about all the courses available and chose the one which is very common.we had workshop on career guidance at TMRS amberpet Boys B1 and TMRS Golconda girl's school.they had goal but path were not defined clearly.To guide them about the courses that are available after 10th . In this workshop we have briefed them about various streams and career options available to them after 10th class .we had doubt session to clear all the doubt regarding their goals.

Testimonials:

Volunteer:

(1/2).Harshith-As part of Chaitanya Spandana, I visited TMRS school to guide the ninth and tenth class students about their career paths.

So, to make session more interactive I was frequently asking questions and the students are sharp enough to give right answers within no time!!

Participating in such events gave me contentment by helping them and also I personally improved my presentation skills in public. It was a great learning and overall an excellent experience!!

(2/2).Vishnu Teja-There were many events I participated after joining the club but the best interaction with the students happened in career guidance. Me along with my team members presented about every stream after 10th and gave them a good insight about what to do and how to choose career path. I was very amazed to see their overwhelming response and enthusiasm throughout the session. It was a learning and a good experience for me to have a chance to interact with some of them and try to help them out with their queries and confusions. Overall I enjoyed working alongside my club members who made this event a success. I am looking forward to be a part of these events even more.

Participant:

(1/2).Muskaan begum-(video)

(2/2).Md Anas-I'm grateful to the brother and sister of chaitanya spandana from CBIT.. for conducting career guidance.firstly i was confused in choosing the path for my goal (IAS) but after having discussion with Vishnu bro and shivaji bro all my self doubt got cleared.they guide me the path to reach my goals and even my friends got ideas about their career goals..

List of Volunteers who have attended the event:

(1/2)-Shruthika,Bhargavi,Akshitha,Rohith,Harshith,Chandrakanth,Parashuram,Pavan,Sriya,Ran ghavardhan,Shiva Deekshith,Ajith,Nikhil,Pavithra,Yashwanth

(2/2)-Nanditha,Vishnu,Shirisha,Shivaji,Veekshah,Rohith,Pradeep kiran,Esha,Sathwik

Insta Id's of the Volunteers:

(1/2)-

_shruthi_ka_

bhargavimraj

gandhamsaiakshitha

_rohith_0710

harshith_muthyala

p_a_r_s_h_u_726

pavan_dattu_reddy

sriy_a35

r_a_n_g_a1908

shiva_deekshith_

ajithrao242

nikhil_kumar_nalla

_pavithra_051

(2/2)-

nanditha_805
vishnuteja._
shirisha9826
shivaji_jadhav053
veekshah_rao
_____mr__rohith_09
pothalapradeep
dasariesha
pashya_sathwik

Photos Link:

Amberpet: https://drive.google.com/drive/folders/14ymjmSoQCXvC4rj_9DEawoy4OftjKx_I

Golconda: https://drive.google.com/drive/folders/14rhO0ldYvyWA_mC01Lx6VZ1yZLcCooHp

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Event Date: 12/02/2023

Event Name: Women of Resilience: Stories of Triumph and Lessons Learned

Event Location: Telangana Minorities Residential Girls School, 9-8-440/1/B, Fort Rd, Kirti Nagar, Chota Bazar, Golconda Fort, Hyderabad, Telangana 500008

Event Number: 8

Department organizing the Event: Gender Equality

Type of Event: Advocacy

Amount Spent: 0

Number of people Impacted: 90+

Task Report: We, as a team of Chaitanya Spandana visited TMRS Golconda School on the occasion of International Day of Women and Girls in Science to discuss a few inspiring women from every field, the lessons learned from their life, and how they overcame the difficulties faced by them.

Event Summary for Insta caption: : The "Women of Resilience: Stories of Triumph and Lessons Learned" event was a powerful reminder of the strength, resilience, and perseverance of women in the face of adversity. The lessons learned from these women's lives serve as an inspiration for all who face challenges in their own lives.

The Gender Equality Department has also educated students on the significance of taking advantage of opportunities. We also stressed the value of collaboration and camaraderie in life. We conducted a survey on menstrual cycle and students reacted well to the questions posed.

Testimonials:

Volunteer: (Bhanu Prasad) My experience representing the Gender Equality department was truly phenomenal, explaining the importance of women's menstrual hygiene to such a large group of girls was a great step in generalizing such social taboos. It is my hope that we together will make a significant difference in society. As a result of our presentation on successful women personalities to motivate the girl children, I can assure that our presentation will have a lasting impact on them.

Participant: I like most of the inspirational moments of Kiran Bedi because my goal is to become IPS Officer. From the beginning I got so much of knowledge and all the brothers and sisters explained the content very nicely. I understood what to be, how to be, what to tell to parents and how can I find

solutions to the problems were all taught and I answered the questions which was asked them very nicely

List of Volunteers who have attended the event: Shruthika ,Bhanu Prasad,

Anam,Bhargavi **Insta ID's of the Volunteers:** @_shruthi_ka_, @bhanu4real,

@bhargavimraj,

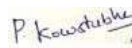
Photos Link: <https://photos.app.goo.gl/UNByk5pR8g5iRYNF8>

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Kokapet Village, Gandipet Mandal, Hyderabad, Telangana-500075, www.cbti.ac.in



COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

45

years

Summary: As our annual fundraiser, we came up with Voice of Hyderabad'23. Chaitanya Spandana and Chaitanya Geethi collaboratively worked on this contest. This was a combination of both online and offline schedules. Participants from all over the city took part in this competition to showcase their skills and emerge as potential singers in future. This contest was conducted in 3 rounds.

Date:

Round-1: 8th – 25th Feb 2023

Round-2: 4th and 5th March 2023

Round-3: 18th March

Amount Generated: 161708

Expenditure: 20977

Judges: Karthik Kodakandla(Music director), Ritesh G Rao(Playback Singer), Sowmya Varanasi(Singer), Deepthi Charan(Carnatic Vocals and voice culture trainer), Kalyan Vasanth(Playback Singer), Venu Srirangam(Playback Singer), Ganesh Krovvidi(Vocalist in Merakee band)

Chief guests: Atluri Rakshit(Actor), Arjun Vijay(Playback Singer), Arun Kaundinya(Playback Singer)

Pictures: <https://drive.google.com/drive/folders/1JngjTB-rcA4REr6cB0NhD-mqmidLymq3>

Bills: <https://drive.google.com/drive/u/2/folders/1wGEXXUI5Xn0CFM89zqJjgsCqFtcKCO6O>

Faculty Coordinators

Dr A. Vani

Dr P. Kowstubha



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Event Date: 26th February 2023

Event Name: Mana Oori Oggu Katha
The Tales of Telangana

Event Location: Aadarsh Homes for Children
R.K Puram, Kothapet.

Event Number: 11

Department organising the Event: Education

Type of Event: Advocacy

Amount Spent: 282/-

Impact: 25+ children

Task Report:

We started it with the importance of knowing the history of our land, then into the topic from Warangal fort to Nizam's rule(Operation Polo) with all the pictures to be a bit more interesting. Finally, added a festive vibe by sharing the story behind the samakka sarakka jathara. After the explanation we asked them a few random questions about the topics discussed to know the impact of the event. The children were very active and talented. Thereafter we encouraged the kids to showcase their talents such as dancing, singing, and dialogue delivery etc.. and had fun. We also had conversation with the kids about their wellbeing and their family. Not only then but we also learnt a lot during the process of the event. At last to add on beautiful smiles and left with great satisfaction.

Event Summary for Insta caption:

India being rich in heritage and culture have also a past which is a mystery. We being the future of the country have a responsibility to save the roots of our country to the next generation. There are many tales which are not a part of the textbooks yet have a great contribution towards the pride of India. The Education department of Chaitanya Spandana decided to carry out our duty in the form of Mana Oori Oggu Katha, tales of Telangana. We visited the orphanage and explained the significance in knowing the history of the legends who ruled our place, the monuments which are even now the strongest to stand out. The history is shared in the form of tales with all the pictures of the places and kings to make it interesting to the children. At the

end the children shared their experience about the event and ambitions for the future. They showcased their talents such as singing, dancing, and dialogue delivery. The duty is passed to them to spread these tales among their friends and we left with smiles at the end.

Testimonials:

Volunteer-(Tejashwini): I've visited the orphanage for the first time which was the one from my list. In the background , many topics were discussed and the best were chosen which can be relatable for the kids. Making the ppt on our own helped me to dig much about the topic and the seniors gave their feedback to make it more fun. On the event day when we met the kids for the first time, they were so polite and active which gave us a positive vibe. We explained to them about the forts, temples, ancient tales, cultural festivals and their significance. Spending time with them even for a little time was one of the best days to cherish. Talking to them and knowing about their problems made me realise the need of the helping hands in society. Their confidence to reach heights can give a boost to anyone. I want to thank Chaitanya Spandana for giving an opportunity to learn, share and serve in our own way.

List of Volunteers who have attended the event:

Shruthika
Harshith
Navyakrishna
Priyanka
Nanditha
Farhaan
Saiteja
Esha
Shivaji
Vishnu
Krishna prasanna
Tejashwini
Shirisha
Sathwik
Nithin
Karthik

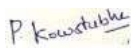
Pictures: <https://drive.google.com/drive/folders/1gn1SfObG75ArHbsrNLXhg2F0Fp5IHfFi>

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Event Date: 08.04.23

Event Name: Aikyam.

Event Location: The Good Shepherd Family, Abdullahpurmet.

Event Number:12

Department: Education.

Type of Event: Advocacy

Amount Spent: 560/- (Xerox, chocolates)

Impact: 50+ children

Task Report:

India is a democratic and a non-partial country where every religion is given importance and welcomes everyone. So, to show the unity of our nation and the importance we give to of religions, we, the Education Department has come up with the theme of **Aikyam** in which we dived into the history of our very famous festivals that are celebrated in various religions, and the message that it gives us and how it connects us to nature indirectly. A simple comparison is that a garden looks adorable when it has different kinds of flowers in it and just like that India looks beautiful because of the diverse religions in our country.

Event Summary for Insta caption:

India, being a diverse country, celebrates different festivals like Dussehra, Ramadan, Good Friday etc and there is a need to understand the importance of these festivals that we celebrate. Chaitanya Spandana's Education department has organised an event that aimed at increasing awareness among children in an orphanage about festivals celebrated by various religions throughout India which promotes cultural understanding and tolerance. The event consisted of interactive activities and presentations.

Testimonials:

Participant:

We are overwhelmed with the presence of volunteers from Chaitanya Spandana for presenting Aikyam. Initially we didn't know about the actual story behind every festival but now we got to know the stories behind famous festivals like Christmas explained by Farhaan anna, Ramzan explained by Vishnu Anna and Diwali explained by Navya akka. They were very engaging and told us the beauty that religions adds to our country.

~sathwik

Volunteer:

This was the second event I was attending and the first one I was participating in.

So, as they always say, I was a bit nervous for the first big one(for me).

Was very well supported by the seniors who gave me enough courage and showed trust in my abilities.

Coming to the event, the interaction with the children was a very pleasing one. They were responding pretty nicely to the speeches on the festivals celebrated by different religions all over India.

It was really heartening to see all those children enjoy their time along with us.

I'm really looking forward to participating in the upcoming event and making it a good one if given the chance.

M S Farhaan

List of Volunteers who have attended the event:

Farhaan,Vishnuteja,Navya

Krishna,Avanthi,Dedeepya,Kalanjali,Hareyaank,Mardhav,Nikhil,Ajith Roa,Veekshith,Pashya Sathwik Reddy,Manikanth , Nithin Narayan, Shivaji

Insta Id's of the Volunteers:

ajithrao242

nikhil_kumar_nalla

vishnuteja._

shivaji_jadhav053

Pashya_sathwik

Kalanjali_illuri

dedeepya_nethi_

hareyaank_karthikeya

Miss_innocent_036

nithin_reddy_narayana

mardhav_reddie04

manikanth_reddy

veekshith_11

msfarhaan10

Photos Link:

https://drive.google.com/drive/folders/1XTVXlnEAcn29mtTXzolc_OlmIXTz34Bq

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