

Academic Year: 2021-22

- **Annual Sports Meet – Shruthi'22 – 25th March 2022** – In this connection department along with Chaitanya Kreedha club organising the following sports and games for students and staff.

Students:

Men : Cricket, Basketball, Football, Volleyball, Kabaddi, Badminton, Carroms, Chess, Table tennis and Yoga

Women : Cricket, Basketball, Throwball, Volleyball, Badminton, Carroms, Chess, Table tennis, Tennikoit and Yoga

Athletics : Men & Women

Staff:

Men : Cricket, Volleyball, Badminton, Carroms, Chess and Table tennis

Women : Throwball, Badminton, Carroms, Chess, Table tennis and Tennikoit



Games started with cricket for men on 22-02-2022



All the prize winners and runners in games and I, II, and III place in Athletics, Best athletic men and women champion, Best outgoing men and women, Best performers and Overall men and women championship will be given in Annual Sports Day, 25th March 2022.

- **Osmania university Badminton team selections for South Zone Inter University Badminton tournament for men.**

In the regard of south Zone Inter University badminton Tournament, Osmania university men badminton team selections were conducted at CBIT Badminton indoor hall on 27th November, 2021. A total of 36 players from different colleges reported for the selections. Maneesh Kumar – 3/4 Civil from CBIT is the topper in the selections.

- **AICTE Fit India Challenge** – Challenge – I & II is for staff and students to shoot the video performing asanas and fitness for 4.5 min and 7 min respectively for individual award.

Challenge – III is institutional award performing pranayama. Organised on 23rd November 2021 at Assembly hall for staff and students by inviting the founder and yoga therapist, Pranava Atha Yoga, Ch.Veeranna.





- **Fit India Freedom Run 2.0** – In view of 75th Independence Day celebrations “Azadi ka Amrit Mahotsav”, organized 2K run on 13th August at CBIT campus. A total of 149 students and 43 staff of CBIT participated offline for this even. Principal and the Directors along with the participants taken an oath “**Fitness Ki Dose Aadha Ghanta Roz**” – Involving in the physical activity for 30 minutes daily. Certificates for the prize winners and participants are distributed.



ఫిట్ ఇండియా 2కే రన్



రాజేంద్రనగర్ ఆగస్టు 13(పీపుల్స్ న్యూస్): ఫిట్ ఇండియా కార్యక్రమంలో భాగంగా ప్రతి ఒక్కరూ స్వచ్ఛందంగా ఆరుగంటలపైపు వ్యాయామం నిర్వహించాలని నీటిబడి కళాశాల ప్రిన్సిపాల్ రమేందర్ రెడ్డి తెలిపారు. ఏవరాల్లోకి వెళితే 75 వ స్వాతంత్ర్య



దివోత్సవం పురస్కరించుకొని ఆజాదీగా ఛా అమ్మన్ మహోత్సవ కార్యక్రమంలో భాగంగా రాజేంద్రనగర్ నియోజకవర్గ పరిధిలోని గండిపేట మండలం సీటీబిడి కళాశాల 2కే రన్ నిర్వహించారు. ఈ కార్యక్రమాన్ని కళాశాల ప్రిన్సిపాల్ రమేందర్ రెడ్డి అండా ఉపి ప్రారంభించారు. అదా గంట దోస్తే అదా గంట రోజే అనే నినాదంతో చైతన్య భారతి ఇన్స్టిట్యూట్ ఆఫ్ టెక్నాలజీ కళాశాలలో పని చేస్తున్న ప్రొఫెసర్లు, విద్యార్థులు ఉత్సాహంగా పాల్గొన్నారు. రెండు కిలోమీటర్ల రన్ లో పాల్గొని విజయం సాధించిన వారికి ప్రిన్సిపాల్ సర్టిఫికేట్లు పంపిణీ చేశారు. అనంతరం ప్రిన్సిపాల్ రమేందర్ రెడ్డి మాట్లాడుతూ ప్రస్తుతం పున్న పరిస్థితులలో ప్రతి ఒక్కరూ వ్యాయామం తప్పనిసరిగా చేయాలని, ఒత్తిడి నుండి ఉపశమనం పొందడానికి రోజూ ఉదయమే ఓ గంట పాటు తరీదాన్ని కష్ట పెట్టాలని తెలిపారు. అనంతరం గురువారం రోజు రోడ్డు ప్రమాదం లో ప్కతి వెందిన విద్యార్థుల ఆత్మకు శాంతి కలగాలని రెండు నిమిషాలు మౌనం పాటించారు. ఎంతో ఉజ్వల భవిష్యత్తు పున్న విద్యార్థులను కోల్పోవడం భారగా వుందని ప్రిన్సిపాల్ ఆవేదన వ్యక్తం చేశారు.





FIT INDIA FREEDOM RUN 2.0

75
Azadi Ka Amrit Mahotsav

Government of India
Ministry of Youth Affairs and Sports

FIT INDIA Freedom Run 2.0

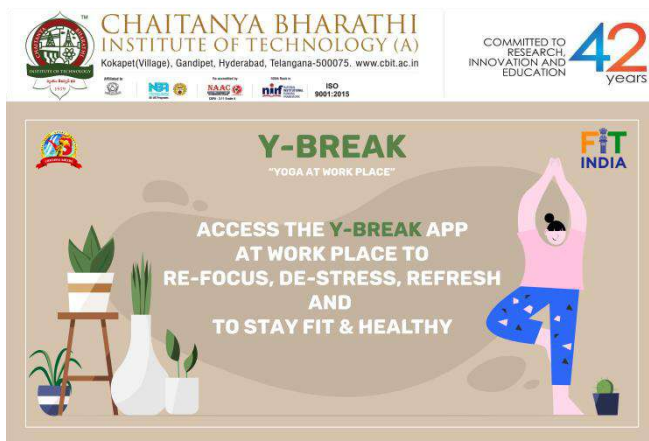
Congratulations
CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY
FOR SUCCESSFULLY ORGANIZING THE **FIT INDIA FREEDOM RUN 2.0**

13th Aug - 2nd Oct 2021

#Run4India <https://fitindia.gov.in> **#AzadikaAmritMahotsav**

This is a digitally generated certificate issued on the information provided by the organizer of the event.

- **Y Break app** – To refresh, destress and refocus at work place, Ministry of Ayush launched Yoga Protocol (Y-Break). Hence circulated to all for accessing the Y-Break app in which 5 minutes yoga protocol with asanas and pranayama.



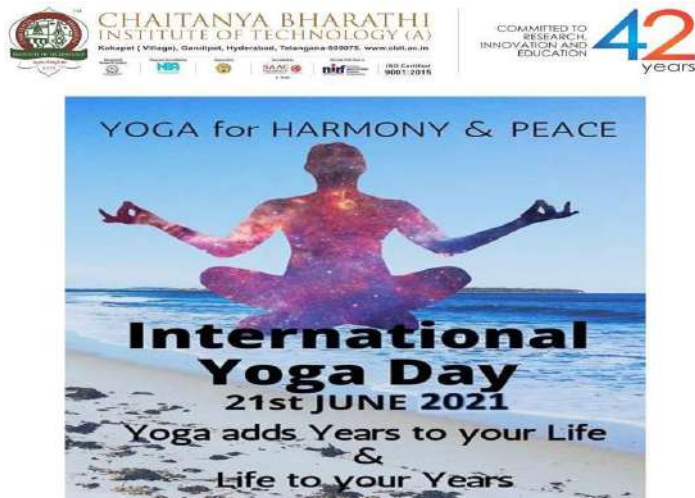
- In view of “Azadi ka Amrit Mahotsav” and “National Sports Day “ on 29th August, students and staff of CBIT participated online in rendering the National Anthem of India at <https://rashtragaan.in>



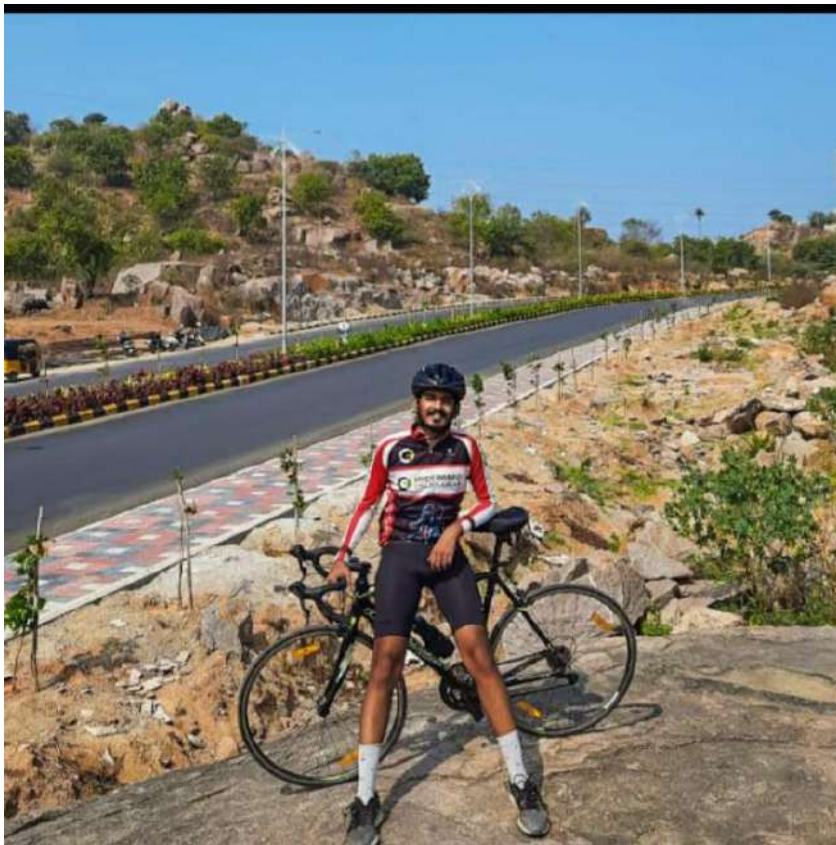
- **To cheer up** the Indian Athletes for the Tokyo Olympics 2020, commenced from 23rd July 2021, arranged Selfie points and postures.



- **International day of Yoga** - Yoga expert talk from 14-06-2021 to 19-06-2021 virtually from Datta Kriya Yoga International Centre, Hyderabad under the auspices of Sri Ganapathi Sachidhanandha Ashramam. Around 210 students and 121 faculty of CBIT participated with UGC theme “Be with yoga, Be at home”



- **Fit India Cyclothon 2020** – on 29th & 30th January 2021 – 15 Participants, 1018.27 cumulative KM participants covered at their own place.



- ➔ On the occasion of 75th anniversary of Independence of India, Azadi Ka Amrit Mahotsav, organized 75 Crore Suryanamaskar Challenge for 21 days during January and February month 2022 at CBIT campus.
- ➔ Organised National Webinar on Holistic Wellness through the Artistic Science of Yoga on the occasion of 8th International Yoga Day during 11th May 2022 online.
- ➔ Organised Yoga Training Program on the occasion of 8th International Yoga Day from 1st – 15th June 2022.

- ➔ Organized International Day of Yoga 21st June 2022
- ➔ 3 days National Webinar on “LATEST COMPETITIONS AND TECHNICAL RULES IN ATHLETICS” Organized by Department of Physical Education on the occasion of National Sports Day 1st-3rd August 2022
- ➔ National Level Online Workshop on “Tournament Fixtures” Organized by Department of Physical Education on the occasion of National Sports Day On 17th August 2022
- ➔ National Level E-Quiz on Sports Organized by Department of Physical Education on the occasion of National Sports Day On 25th August 2022
- ➔ Department of Physical Education organized “Table Tennis (Men & Women) Inter Branch Tournament” on the occasion of Swathantra Bharatha Vajrotsava Dvisaptaham Celebration-2022 on 12th August 2022 .
- ➔ Department of Physical Education organized “Chaitanya Freedom Cup – District Level Inter Engineering Badminton (Men & Women) Tournament” on the occasion of Swathantra Bharatha Vajrotsavalu on 19th August 2022 .