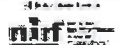




**CHAITANYA BHARATHI
INSTITUTE OF TECHNOLOGY (A)**

Kokapet (Village), Gandipet, Hyderabad, Telangana-500075. www.cbti.ac.in



COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

44
years

No. 890/CBIT/AEC/IC/2023

Dt.26.06.2023

CIRCULAR

Self-defense is a countermeasure that involves defending the health and well-being of oneself from harm. It is taught so that one can be prepared to protect themselves or their family if they are ever in immediate danger. It improves confidence in adults and helps them to level the playing field against an attacker who may be much larger than they are. Self-defence gives tools and skills one needs to confidently assess a dangerous situation and navigate effectively.

Chaitanya Suraksha is organising a self-defence session for **1st and 2nd-year female students**. The details of the session are as follows:

Instructor - Kirthika Sunder, 2nd year Biotechnology Student, National Level Taekwondo player.

Date - 28th June 2023

Time - 10:00 AM to 12:00 Noon

Venue - Assembly Hall (Above Canteen)

All the interested female students and faculty are requested to participate according to the said timings.

For any further details in this regard contact Dr. G. Vijaya Laxmi, Associate Prof., Dept. Biotechnology, Faculty Coordinator, Chaitanya Suraksha- Mobile: 9849664939 or Ms. Shreya, Student President-Mobile: 9640052570.

PRINCIPAL

To,

All the Advisors, Directors, Joint Associate & Asst.Directors, Heads of the Departments, In-charges of Sections, CoE Librarian, Head-HR, and PRO, for information and advice to arrange for the circulation of the information among all the staff and students under their control for necessary action at their end.