



CHAITANYA BHARATHI
INSTITUTE OF TECHNOLOGY (A)
Kokapet (Village), Gandipet, Hyderabad, Telangana-500075. www.cbti.ac.in

COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

44
years

No. 954/CBIT/AEC/IC/2023

Dt.02-08-2023

CIRCULAR

Chaitanya Sattva: A UHV Cell of CBIT is collaborating with **The ART OF LIVING Organization** to conduct a Session for faculty on **“Finding Your Balance: Navigating Diets and Lifestyles”**. For addressing faculty, we are welcoming **Sri Manas Ram Garu**, a renowned Mindfulness & Yoga Guru. The session will take place from 4:00p.m. to 5:00p.m. on 03/08/2023 in N-block Seminar Hall.

Manas Ram is an Art of Living facilitator. He has been volunteering and facilitating Personality Development and Youth Programs using the techniques of Mind Management, Yoga & Meditation for over 10 years. He also worked as a Head of Outreach with The Harvard Model United Nations and as a consultant with Worldview Education. He has conducted Mind Management sessions in premium institutions across the world like UC Berkeley, UN, University of Sydney, ISB, IIT, etc. He has taught courses to a wide range of audience that include Indian Army & Navy officials, IAS officers, Professors, celebrities & students from across the country. All the faculty members are requested to attend the Session without fail.

For Any Further Information, contact the program Co-ordinator of the Club, C. Srisailam, Assistant Professor, EEE, Mobile: 9039714123, Dr. G. Suresh Babu, Professor, EEE, Mobile: 9493411401 & Student Co-ordinator of the club A. Akshay, Mobile:7287078216.

*Navy
co-ordinator
Sattva Club*
To

All Heads of the Departments for information and with a request to arrange for circulation among all the faculty members under their control.

All the Advisors, Directors, Associate / Assistant Directors / Joint Directors, COE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on our website.

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PRINCIPAL
Up
2/8/23