

Name of Faculty Dr. R. RAJESWARI  
 Designation Assistant Physical Director  
 Nature of Job/Appointment Regular  
 Date of Joining 21 – 08 – 2006  
 E-mail rajeswari\_ped@cbit.ac.in



Education Qualifications	Name of the Degree	Class
Ph. D	Physical Education	Awarded
M. Phil	Physical Education	Awarded
PG	M. P. Ed (Physical Education)	First (Gold Medal)
UG	B.S.C (M. S. Cs)	Distinction

#### Work Experience

Teaching	16 Years
Research	5 years
Industry	--
Others	--
Area of Specialization	Athletics, Basketball and Exercise Physiology
Professional Memberships	NAPESSIFCESS
Responsibilities held at Institution Level	1. Convener, Games and Sports Committee. 2. Member, New Letter 3. Member, Anti Ragging Member, Disciplinary Committee.
Responsibilities held at Department Level	Coordinator, International Workshop Organizing Secretary, Osmania University Inter College Women Tournament Coordinator, National Inter Engineering Tournaments
Research Guidance	--
Awards Received	Best Scientific paper award – International Congress on Renaissance in Sports – Strategies, Challenges and Choices, organized by National College, Research Department of Physical Education and Sports Sciences, Tiruchirapalli, Tamilnadu, 10 <sup>th</sup> – 11 <sup>th</sup> February 2017
Courses Handled at Undergraduate / Post Graduate Level.	Physical fitness, Training and Coaching, Fit India
No. of Papers Published	National Journals – 07 National Conference – 08 International Journals – 11 International Conference – 15
Projects Carried out	--
Patents	--
Technology Transfer	--
Invited Speaker	--
Details of Short-Term Training Programs / Faculty Development Programs / Seminars / Workshops/ Other Trainings ( <b>Attended and/or Organized</b> ).	1. Workshop – Co-ordinator, Organised International Workshop on Leveraging Higher order Sports Achievements – Physical Education, 23 <sup>rd</sup> & 24 <sup>th</sup> January 2017, CBIT, Gandipet, Hyderabad 2. Organized Osmania University Inter College tournaments for men and women – Every year – Since 2006 3. Organized National / State Inter Engineering Tournaments for men and women – Since 2006 4. Organized South Zone inter University Cricket Tournament 5. One-week faculty development programme on “Futuristic approach and professional preparation in Physical Education” – YMCA, Chennai, 27 <sup>th</sup> June – 3 <sup>rd</sup> July 2020. 6. FDP on “The Art of scientific writing and project designing” – Little Flower Degree College, Hyderabad. 7. One-week faculty development programme on “Outcome based

- education and NBA accreditation process” CBIT, 28th May to 02nd June 2020.
8. One-week faculty development programme on “Intellectual Property Rights” CBIT, 19th to 24th December 2016
  9. Successfully completed course work on Research Methodology, JNTU Hyderabad, 16th to 21st December 2013.
  10. Successfully Completed “Managing your health – The role of Physical Therapy and exercise” an online non-credit course authorized by University of Colorado System and offered through Coursera on 14- 06-2020
  11. Successfully Completed “Science of Exercise” an online non-credit course authorized by University of Colorado System and offered through Coursera on 03-06-2020
  12. International workshop on yoga physical education & sports science – 2019, 29th & 30th June 2019, Nizam College, Hyderabad
  13. International Workshop on Physical education and Sports Science, 10th October 2018, Nizam College, Osmania University, Hyderabad
  14. One day Workshop on Anti-Doping awareness, 7th June 2018, Prof.G. Ram Reddy Centre for Distance Education, Osmania University, Hyderabad
  15. Attended Three-Week Refresher course – 2
  16. Attended Four-week Orientation course – 1

#### **International / National Journals from the year 2017**

1. Dr. G. Shyam Mohan Reddy & Dr. R. Rajeswari, “Cardiovascular fitness and strength power – obesity and its management”, published in “International Journal of Health, Physical Education & Computer Science in Sports”, published by “Indian federation of Computer Science in Sports”, ISSN 2229-7049, ISRA Journal impact factor 5.115, Pg no: 99-101, 2018, Peer reviewed.
2. Dr.R.Rajeswari & Dr. G. Shyam Mohan Reddy, “A study on the effect of Pilates exercise training on body composition”, published in “International Journal of Health, Physical Education & Computer Science in Sports”, published by “Indian federation of Computer Science in Sports”, ISSN 2229-7049, ISRA Journal impact factor 5.115, pg no: 190-193, 2018, Peer reviewed.
3. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, “Effect of feedback methods – learning of badminton”, published in “International Journal of Health, Physical Education & Computer Science in Sports”, ISSN 2231-3265, Vol 27, No.2, July to September 2017.
4. Ms. B.Uma Maheswari & Dr.R.Rajeswari “A comparative study on motives for competition among the women sports participants of Sri Krishnadevaraya University at inter collegiate level”, published in “International Journal of Health, Physical Education & Computer Science in Sports”, ISSN 2231-3265, Vol 27, No.2, July to September 2017.
5. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, “Nutrition facts panel for cognitive and weight management athletic success”, published in “Journal of Physical Education and Sports Science”, ISSN 2229-7049, Vol II, 2017
6. Dr.R.Rajeswari & Dr.G.Shyam Mohan Reddy, “Analysis of the lipid profile and anthropometric measurements by the selected variables for the women basketball players after 10 weeks of training”, published in “Journal of Physical Education and Sports Science”, ISSN 2229-7049, Vol II, 2017.

#### **International / National Conferences from the year 2017**

1. Dr.R.Rajeswari & Dr.G.Shyam Mohan Reddy, National conference – 2019, organized by Narayan Zantye College of Commerce, Bicholim, Goa, 08th & 09th March 2019, “Leveraging the education system with physical education for talent identification in sports”.
2. Dr.R.Rajeswari, International congress on renaissance in sports, organized by Research Department of Physical Education and Sports Sciences, National College, Tiruchirapalli, Tamilnadu, 06th – 10th January 2019, “ Core strength and yoga training on playing ability of the women basketball players ”.
3. Dr.R.Rajeswari & Dr.G.Shyam Mohan Reddy, Global conference on Physical Education and Sports Sciences , organized by Acharya Nagarjuna University, Guntur, 11th – 13th October 2018, “Study on the effect of pilates exercises training on body composition”.
4. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, Global conference on Physical Education and Sports Sciences , organized by Acharya Nagarjuna University, Guntur, 11th – 13th October 2018, “Cardiovascular fitness and strength power – obesity and its management”.
5. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, 8th Institute of Physical Education International Conference, organized by Institute of Physical Education Ministry of Tourism and Sport, Thailand, 19th – 21st August 2018, “ Effect of six week fitness yoga on lipid profile anthropometric measurements of basketball players”.
6. Dr.R.Rajeswari & Dr.G.Shyam Mohan Reddy, National Conference on Physical Education and Sports Science, organized by Alvas college of Physical Education, Moodbidri, Mangalore, 13th – 15th October 2017, “ Analysis of the lipid profile and anthropometric measurements by the selected variables for the women

- basketball players after 10 weeks of training ”
7. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, National Conference on Physical Education and Sports Science, organized by Alvas college of Physical Education, Moodbidri, Mangalore, 13th – 15th October 2017, “ Nutrition facts panel for cognitive and weight management – athletic success”
  8. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, International Conference on Physical Education, Fitness and Sports Science, organized by Department of Physical Education, Osmania University, Hyderabad, 19th – 20th August 2017, “Effect of Feedback methods – learning of Badminton”
  9. Ms. B.Uma Maheswari & Dr.R.Rajeswari, International Conference on Physical Education, Fitness and Sports Science, organized by Department of Physical Education, Osmania University, Hyderabad, 19th – 20th August 2017, “A Comparative Study on Motives for Competition among the women sports participants of Sri Krishnadevaraya University at Inter Collegiate level”
  10. Dr.R.Rajeswari, International Congress on Renaissance in Sports – Strategies, Challenges and Choices, organized by National College, Research Department of Physical Education and Sports Sciences, Tiruchirapalli, Tamilnadu, 10th – 11th February 2017, “Analysis of the maximal voluntary ventilation and hemoglobin oxygen saturation ratio between playing and non-playing women students”.

