

Name of Faculty Dr. G SHYAM MOHAN REDDY  
 Designation Associate Professor  
 Nature of Job/Appointment Regular  
 Date of Joining 15 – 12 – 1988  
 E-mail shyammohanreddy\_ped@cbit.ac.in



Education Qualifications	Name of the Degree	Class
Ph. D	Doctor of Philosophy (Physical Education)	Awarded
M. Phil	Physical Education	Awarded
PG	M. P. Ed (Physical Education)	First
UG	B. P. Ed. & B.A (HEP)	First

Work Experience

Teaching	32 Years
Research	10 years
Industry	--
Others	---

Area of Specialization Basketball, Badminton and Fitness training

Professional Memberships  
 World Leisure Games  
 NAPESS  
 IFCESS

Responsibilities held at Institution Level

1. Head, Physical Education
2. Nodal Officer, Fit India, from 24-09-2019 to till date.
3. Chairman, Games and Sports Committee.
4. Incharge, Maintenance, from August 2017 to August 2019.
5. Incharge, Maintenance, from 1990 to 2005
6. Co-convener / Member, Anti Ragging Committee.
7. NSS officer
8. Co-convener / Member, Disciplinary Committee
9. Member, Canteen Committee

Responsibilities held at Department Level

1. Member BOS, M G University, Nalgonda
2. Director, International Workshop
3. Organising Secretary for Osmania University Inter College Tournaments
4. Organising Secretary for National Inter Engineering Tournaments
5. Official for TSPECET

Research Guidance --

Awards Received Best paper award – National conference on Women in sports Socio Economic and Cultural challenges, organized by , Andhra Mahila Sabha Arts & Science College for Women, Hyderabad, 29<sup>th</sup> – 30<sup>th</sup> June 2012

Courses Handled at Under Graduate / Post Graduate Level. Physical fitness, Training and Coaching, Fit India

No. of Papers Published  
 National Journals – 07 International Journals – 13  
 National Conference – 11 International Conference – 16

Projects Carried out --

Patents --

Technology Transfer --

Invited Speaker --

Details of Short-Term Training Programs/Faculty Development Programs /Seminars/Workshops/ Other Trainings (Attended and/or Organized).

1. Editorial board member, Asian journal Physical education and computer science in sports.
2. Editorial board member, International journal of Health, Physical Education and computer science in sports.
3. Workshop – Director, Organised International Workshop on Leveraging Higher order Sports Achievements – Physical Education, 23<sup>rd</sup> & 24<sup>th</sup> January 2017, CBIT, Gandipet, Hyderabad
4. Organized Osmania University Inter College tournaments for men and women – Every year – Since 2000
5. Organized National / State Inter Engineering Tournaments for men and women – Since 1998
6. Organized South Zone inter University Cricket Tournament
7. WS/Seminars/Conferences/STTPS/FDPs Attended
8. One week faculty development programme on “Futuristic approach and professional preparation in Physical Education” – YMCA, Chennai, 27<sup>th</sup> June – 3<sup>rd</sup> July 2020.
9. FDP on “The Art of scientific writing and project designing” – Little Flower Degree College, Hyderabad.
10. One week faculty development programme on “Outcome based education and NBA accreditation process” CBIT, 28<sup>th</sup> May to 02<sup>nd</sup> June 2020.
11. Successfully Completed “Managing your health – The role of Physical Therapy and exercise” an online non-credit course authorized by University of Colorado System and offered through Coursera on 14-06-2020
12. International workshop on yoga physical education & sports science – 2019, 29<sup>th</sup> & 30<sup>th</sup> June 2019, Nizam College, Hyderabad
13. International Workshop on Physical education and Sports Science, 10<sup>th</sup> October 2018, Nizam College, Osmania University, Hyderabad
14. One day Workshop on Anti-Doping awareness , 7<sup>th</sup> June 2018, Prof.G.Ram Reddy Centre for Distance Education, Osmania University, Hyderabad
15. Attended Three-Week Refresher course – 3
16. Attended Four week Orientation course – 1

#### **International / National Journals from the year 2017**

1. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari “Cardiovascular fitness and strength power – obesity and its management”, published in “International Journal of Health, Physical Education & Computer Science in Sports”, published by “Indian federation of Computer Science in Sports”, ISSN 2229-7049, ISRA Journal impact factor 5.115, Pg no: 99-101, 2018, Peer reviewed.
2. Dr.R.Rajeswari & Dr.G.Shyam Mohan Reddy, “A study on the effect of Pilates exercise training on body composition”, published in “International Journal of Health, Physical Education & Computer Science in Sports”, published by “Indian federation of Computer Science in Sports”, ISSN 2229-7049, ISRA Journal impact factor 5.115, pg no: 190-193, 2018 , Peer reviewed.
3. Dr.G.Shyam Mohan Reddy, “Holistic approach to fitness and wellness – A way of life”, published in “International Journal of fitness, health, physical education and iron games”, ISSN 2349-722X, Vol 4, No:2, July – Dec 2017, UGC approved.
4. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, “Effect of feedback methods – learning of badminton”, published in “International Journal of Health, Physical Education & Computer Science in Sports”, ISSN 2231-3265, Vol 27, No.2, July to September 2017.
5. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari “Nutrition facts panel for cognitive and weight management – athletic success”, published in “Journal of Physical Education and Sports Science”, ISSN 2229-7049, Vol II, 2017.
6. Dr.R.Rajeswari & Dr.G.Shyam Mohan Reddy “Analysis of the lipid profile and anthropometric measurements by the selected variables for the women basketball players after 10 weeks of training”, published in “Journal of Physical Education and Sports Science”, ISSN 2229-7049, Vol II, 2017

#### **International / National Conferences from the year 2017**

1. Dr.G.Shyam Mohan Reddy, 6<sup>th</sup> International conference on movement, health and exercise (MoHE) & 12<sup>th</sup> International sports science conference (ISSC), held at Kuching, Sarawak, Malaysia, 30<sup>th</sup> September to 2<sup>nd</sup> October 2019. “Review of core muscle exercises on subcutaneous fat percentage of badminton players”.
2. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, National conference – 2019, organized by Narayan Zantye College of Commerce, Bicholim, Goa, 08<sup>th</sup> & 09<sup>th</sup> March 2019, “Leveraging the education system with physical education for talent identification in sports”.
3. Dr.G.Shyam Mohan Reddy, International congress on renaissance in sports, organized by Research Department of Physical Education and Sports Sciences, National College, Tiruchirapalli, Tamilnadu, 06<sup>th</sup> – 10<sup>th</sup> January 2019, “ Higher order performance – the role of nutrition and phospholipids”.
4. Dr.R.Rajeswari & Dr.G.Shyam Mohan Reddy, Global conference on Physical Education and Sports Sciences , organized by Acharya Nagarjuna University, Guntur, 11<sup>th</sup> – 13<sup>th</sup> October 2018, “Study on the effect of pilates exercises training on body composition”

5. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, Global conference on Physical Education and Sports Sciences , organized by Acharya Nagarjuna University, Guntur, 11<sup>th</sup> – 13<sup>th</sup> October 2018, “Cardiovascular fitness and strength power – obesity and its management”
6. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, 8<sup>th</sup> Institute of Physical Education International Conference, organized by Institute of Physical Education Ministry of Tourism and Sport, Thailand, 19<sup>th</sup> – 21<sup>st</sup> August 2018, “ Effect of six week fitness yoga on lipid profile anthropometric measurements of basketball players ”
7. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, National Conference on Physical Education and Sports Science, organized by Alvas college of Physical Education, Moodbidri, Mangalore, 13<sup>th</sup> – 15<sup>th</sup> October 2017, “Nutrition facts panel for cognitive and weight management – Athletic Success”
8. Dr.R.Rajeswari & Dr.G.Shyam Mohan Reddy, National Conference on Physical Education and Sports Science, organized by Alvas college of Physical Education, Moodbidri, Mangalore, 13<sup>th</sup> – 15<sup>th</sup> October 2017, “ Analysis of the lipid profile and anthropometric measurements by the selected variables for the women basketball players after 10 weeks of training ”
9. Dr.G.Shyam Mohan Reddy & Dr.R.Rajeswari, International Conference on Physical Education, Fitness and Sports Science, organized by Department of Physical Education, Osmania University, Hyderabad, 19<sup>th</sup> – 20<sup>th</sup> August 2017, “Effect of Feedback methods – learning of Badminton”
10. Dr.G.Shyam Mohan Reddy, International Congress on Renaissance in Sports – Strategies, Challenges and Choices, organized by National College, Research Department of Physical Education and Sports Sciences, Tiruchirapalli, Tamilnadu, 10<sup>th</sup> – 11<sup>th</sup> February 2017, “Holistic Approach to fitness and wellness – the way of life”.