

Name of Faculty Dr. Sathuluri Raju  
 Designation Assistant Physical Director  
 Nature of Job/Appointment Contract  
 Date of Joining 13-12-2021  
 E-mail sraju\_ped@cbit.ac.in



Education Qualifications	Name of the Degree	Class
Ph. D (Regular)	Doctor of Philosophy	Awarded
PG	M.P.Ed	Distinction
UG	B.P.Ed	Distinction
NIS (CC)	Athletis	First Class
APSET	APSET (Physical Education)	Qualified

#### Work Experience

Teaching	9 Years
Research	7 years
Industry	--
Others	--
Area of Specialization	Test and Measurements, Training Methods & Athletics
Professional Memberships	NAPESS Life time Member
Responsibilities held at Institution Level	1. Co-Convener SHRUTHI-2023 2. Co- Faculty Coordinator E-Sports Club
Responsibilities held at Department Level	1. In charge I,III & V Semester Fit India Classes 2. Organized National Sports Day-2023 3. Organized SIP(Student Induction Programme) -2023 Sports Activities
Research Guidance	--
Awards Received	--
Courses Handled at Under Graduate /Post Graduate Level.	Physical Fitness, Training and Coaching & FIT India.
No. of Papers Published	National Journals- 00 International Journals-03 National Conference-00 International Conference-01
Projects Carried out	--
Patents	--
Technology Transfer	--

No. of Books/Chapter Published with details

Details of Short-Term Training Programs / Faculty Development Programs / Seminars / Workshops. Other Trainings (**Attended and/or Organized**).

1. Athletics Marking Manual(Telugu)  
ISBN: 978-93-90956-01-2, 2022  
Name of the Publishers: DK International Research Foundation  
Name of the Authors: Dr.S.Raju, Dr.B.Innaiah
2. Effect Of Structured Resistance Training And Multi Varied Gym Exercises On High And Low Density Lipoprotein Among Weightlifters  
ISBN:978-93-5857-060-1  
Name of the Authors: Dr.S.Raju, Dr.K.Usharani  
Name of the Publishers: Nitya Publication, Bhopal
1. Participated in International online Webinar on " VethathiriMaharshi Perspective on Yoga" organized by Meenakshi Academy of Higher Education and Research, Chennai on 17-06-2023.
2. Participated in two day International Webinar on Impact of Literature and cultural and social development organized by Department of Languages and IQAC, SS&N College, Narasarao Pet on 19<sup>th</sup> & 20<sup>th</sup> July 2023.
3. Participated in National Level One Week Faculty Development

Programme on “Recent Trends in Data Science for Engineering” organized by Department of Information Technology, Chaitanya Bharathi Institute of Technology, Hyderabad, Telangana in association with CBIT IEEE-RAS student branch chapter from 26th June 2023 to 30th June 2023.

Details of Journal Publications/  
Conferences (National and  
International)

1. Effect Of Structured Resistance Training And Multi Varied Gym Exercises On Triglycerides And High Density Lipoprotein Among Weightlifters  
Journal Name: Journal of Clinical Otorhinolaryngology, ‘  
Head, and Neck Surgery, ISSN : 1001-1781, Vol.: 27 Issue: 1, 2023 ( Scopus Index Journal)
2. Effect Of Structured Resistance Training And Weight Training On Agility And Breath Hold Time Among Basketball Players  
Journal Name: Journal of Data Acquisition and Processing Vol. 38 (1) 2023, ISSN: 1004-9037 .<https://sjcjycl.cn/>  
DOI: 10.5281/zenodo.7765719 ( Scopus Index Journal)
3. Effect Of Varied Intensities Of Plyometric Training On Resting Heart Rate And Spiking Among Volleyball Players  
Journal Name: Journal of Namibian Studies, 35 S1(2023): 976-988 ISSN: 2197-5523 (online)  
<https://namibian-studies.com/index.php/JNS/article/view/3628>
4. Presented Paper “**World Conference on Exercise and Medicine** “organized by IFCSS on 2-4<sup>th</sup> September 2023 at Hyderabad.  
**Topic:** Effect Of Own Body Exercises And Plyometric Training On Cardiovascular Endurance And Vital Capacity Among Badminton Players.

Officiating

1. AP Tribal Welfare Education Institutional Society appointed as a Member Protest and Technical Committee for 3<sup>rd</sup> EMRS National Sports meet 2022 , organized by AP Government on 17-22 December 2022 at ANU Campus.
2. Convener APPECET -2023 Appointed as a Examiner for PECET-2023 held at Acharya Nagarjuna University , Guntur, AP from 31<sup>st</sup> May to 2<sup>nd</sup> June 2023
1. prepared Question and Answers for PET aspirants for Gurukulas it published Namaste Telangna, Nipunaeducation Page on 13<sup>th</sup> May, 25<sup>th</sup> May , 2<sup>nd</sup> June, 21 June, 30<sup>th</sup> June, 11<sup>th</sup> July, 26<sup>th</sup> July and 8<sup>th</sup> August 2023

News Paper Articles

2. Article on “Mobile Sports and Recreation” its Published English Paper “The Pioneer” on 5<sup>th</sup> May 2023.

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